

Reflections

FROM A BOARD ROOM MIRROR.



His Royal Highness the Prince of Wales has appointed Mr. Reginald Lund (who for the last six years has acted as secretary to the Special Appeal Committee of Charing Cross Hospital) organising secretary to the League of Mercy. Mr. Lund, who is as courteous as he is energetic, will doubtless do much to make the League popular and financially successful.

Among those who were presented with prizes by the Lord Mayor at Guy's Hospital Medical School was Mr. Carrick Hey Robertson, a great-great-grandnephew of Thomas Guy, the founder of the hospital.

According to the annual report of the inspectors, which was issued recently, there was a total increase of 461 lunatics in Ireland during the year, the corresponding increase for the previous year having been 306.

A large attendance is expected at the international conference for the prevention of consumption, to be held in Berlin from October 22nd to October 26th. The question of the identity of bovine and human tuberculosis will be one of the chief topics of debate.

Major Ross, F.R.S., of the Liverpool School of Tropical Medicine, who recently arrived at Ismailia to report on the cause of malaria there, states that it is due to the anopheles mosquitoes, which are found in many of the houses, and which breed in two small marshes close to the town. Measures to free the place from this and other kinds of mosquitoes have been promptly commenced by the officials of the Suez Canal Company. Sir William MacGregor, K.C.M.G., Governor of Lagos, who is much interested in the subject on account of his own territory, has accompanied Major Ross in order to watch the operations.

Among the passengers who left last week by the African steamer *Burutu* was Dr. Logan Taylor, who goes out to the Gold Coast, on the tenth expedition formed by the Liverpool School of Tropical Medicine. Recent reports show the present condition of the Gold Coast is very unhealthy, malaria and other tropical diseases being prevalent, and Dr. Logan Taylor will direct practical operations against the insanitary condition of the principal towns.

Dr. Loir, who organised the Tunis branch of the Pasteur Institute, is starting for Bulawayo on a like errand. He says that early in this month a telegram was received from Dr. Jameson asking that someone might be sent from the institute as soon as possible, as cases of rabies were numerous. Dr. Loir was accordingly invited to proceed to Bulawayo for the purpose of founding an establishment for the treatment of rabies, and he at once accepted the offer.

The Committee of Management of the Melbourne Hospital have decided to call for plans throughout the world for a new hospital, to cost £150,000. The present building is regarded as out of date, and too small.

Pleasant Preparations.

"VISANUS."

Visanus is the name given to a new and valuable antiseptic preparation for cleansing purposes. It is procurable both as a liquid and as a soap. It is a powerful deodorant and disinfectant, and has excellent cleansing properties. It should therefore be valuable for use not only in hospitals but in all institutions where the sick are treated, or where the healthy are congregated together in large numbers, especially schools, public halls, factories and warehouses. It is by no means unpleasant in odour, and should therefore become popular, whilst the wide usefulness of such a preparation needs no explanation. Visanus can be obtained from any chemist, or direct from the manufacturers, the Visanus Company, 2, Carrick Street, Glasgow.

CADBURY'S MILK CHOCOLATE.

To praise Cadbury's chocolate would seem to be entirely superfluous. The well-known firm have brought out a new preparation which will doubtless soon obtain the popular recognition its excellence demands. We would commend it to the notice of our readers because it is not merely a confection of delightful flavour, but a most valuable food production. Its absolute purity goes without saying. It is made from the best cocoa, finest loaf sugar, and fresh milk. Its analysis is as follows:—

Fat	30.3 per cent.
Cocoa butter	22.6	per cent.		
Milk-fat	...	7.7	"	
Cane sugar	42.0	"
Milk sugar	10.9	"
Proteids or albuminoids	10.3	"
Ash	2.1	"
Moisture	1.6	"
Indigestible fibre	0.75	"
Undetermined bodies	2.05	"

100.00 per cent.

Alkalinity of the soluble ash (calculated as K_2O) = 0.16 per cent.

Whereas in ordinary plain chocolate the sugar amounts from 50—60 per cent., in Cadbury's milk chocolate only 42 per cent. is present, so that the exceedingly sweet taste is avoided, and also the thirst-producing tendency which is noticed in chocolates having a high percentage of cane sugar.

The albuminoids of the milk and cocoa, both readily digestible, are present to the extent of 10.3 per cent., giving the chocolate high place as a nerve and muscle food, a factor of particular value to those who have to undergo severe exercise.

The very small quantity of indigestible fibre points to a remarkable freedom from shell or husk, and therefore to the unusual digestibility of this preparation.

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