by the medical men, who, according to your oft-repeated statement, "manage the Nurses' Association," is done voluntarily, and it is not easy to look "a gift horse in the mouth." For my part, I consider it very kind of these gentlemen to "manage" our affairs for us—as the large majority of nurses are quite incapable of managing their own. Moreover, nurses depend upon doctors for cases, and cannot, therefore, be independent. Yours,

A LOYAL MEMBER OF THE R.B.N.A.

[Upon receiving the above letter we went carefully over the names of nurses registered on June 14th, 1901, and find that our correspondent is quite correct in her statement, that the names of the two nurses she mentions do appear in the Roll for 1901. But we also found that we were quite correct in stating that the names of nurses registered on June 14th, 1901, were printed for the first time in the issue of November, 1902—for instance, Helena Byron; page 14, and Alice Hill, page 40, come under this category—which proves a more casual method of keeping the Roll than if the whole June batch had been omitted. We confess the whole tone of this letter makes us squirm.—ED.]

Comments and Replies.

An Old-Fashioned Nurse.—We are sure that nurses who have been at work for years, and who were trained at a time when the three years' system was not in force, need not have the least fear as to their recognition by the State when we get Registration. Any other course would be most unjust, and would never be sanctioned by Parliament. No legislation is retrospective in its effects, and the interests of all nurses who can prove that they had been working for a certain length of time, will assuredly be guarded when a Nurses' Registration, Bill is passed.

Country Matron.—We quite appreciate your difficulties. It is becoming more and more difficult to arrange a good "all-round" training for nurses in a general hospital. For instance, some hospital committees pledge themselves to take in no infectious cases, and there is much to be said for this decision. But cases of enteric fever, diphtheria, and all infectious fovers are thus eliminated at once. Can a nurse who has had no experience in the care of any of these diseases be described as trained? If you read the editorial in our last issue you will see indicated a plan which we believe would make for the better education of nurses.

Private Nurse.—You would probly find what you require at Messrs. W. H. Bailey and Son, 38, Oxford Street, W. The prices of this firm are very moderate, and they make a point of considering the requirements of nurses.

Miss Leigh.—We are always pleased to consider articles submitted to us with a view to publication, especially those dealing with practical nursing subjects.

Miss Evans, Stockport.—Cases for binding the halfyearly volumes of the NURSING RECORD can be had from the Manager, BRITISH JOURNAL OF NURSING, 11, Adam Street, Strand, price 2s. each. Complete bound volumes are 7s. each.

Mrs. Bowen.—The practical side of a nurse's work should, in our view, be tested by examination by an expert, that is, by a member of her own profession who has passed through the curriculum herself, as well as her theoretical knowledge. Of the two, though both are important, the former is more so.

Hotices.

CONTRIBUTIONS.

The Editor will at all times be pleased to consider articles of a suitable nature for insertion in this journal —those on practical nursing are specially invited. The Editor will also be pleased to receive paragraphs, such as items of nursing news, results of nurses' examinations, new appointments, reports of hospital functions, also letters on questions of interest to nurses, and newspapers marked with reports of matters of professional interest.

marked with reports of matters of professional interest. Such communications must be duly authenticated with name and address, not necessarily for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, London, W.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

Scientific Feeding

AND EXERCISE SOLVE THE PROBLEM

Dr. H. L. Warner, in a recent issue of a well-known paper, says :---

"Only a small percentage of people have perfect digestion and assimilation of food and the elimination of the waste matters of the body. In the matter of food and exercise the whole problem of health is contained. By making these right we can create perfect health.

"Digestive disturbances are due either to improper, food or too much or too little proper food. With proper food taken in reasonable amounts, the imperfect actions of the various processes are corrected.

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