

(6) *Pleurodynia* is a neuralgia of the nerves supplying the pleura alone, and not involving the nerves supplying the chest wall.

(7) *Mastodynia* is a painful affection of the breast in women, producing some tender lumps simulating the beginning of malignant disease, and for this reason we should be careful to diagnose it.

(8) *Sciatic neuralgia*, or sciatica, involving the great sciatic nerve.

(9) *Visceral neuralgia* is a term used to designate a variety of neuralgia affecting the viscera, being called gastralgia where the nerves supplying the stomach are involved; nephralgia, where the nerves supplying the kidney are involved, &c.

Of course there are many forms which, for want of space, I have not mentioned, only alluding to the more important types.

Treatment.—The treatment is divided into (1) that of the paroxysm, (2) that of the cause.

First of all we have to relieve the pain. How shall we do this? Let us all beware of using morphia, except as a last resort, for fear of forming morphia habitués. Acetanilid, or any of the coal-tar preparations, combined with two or three grains of quinine every three hours, generally relieves the paroxysm. If necessary, we may give codein in one-fourth to one-half grain doses every three or four hours. Caffein has been used successfully by some. Atropin has been highly recommended, but I have found very little good from it. Local applications, as menthol and various liniments, are sometimes useful, as is also pressure over the nerve. The treatment of the cause is either medical or surgical, or both combined. The medical treatment consists of building up the anæmic patient with tonics, good food, and plenty of outdoor exercise. If malaria be present, the use of quinine and arsenic are beneficial. If the neuralgia be syphilitic, it will usually yield to potassium iodide. If eye strain be present, glasses should be fitted. If kidney or gastric trouble be present, they should be treated.

The *surgical treatment* consists of neurectasy or stretching of the nerves, especially used in the nerves of the extremities; neurotomy, or dividing the nerve; neurectomy, or excising a part of the nerve, and avulsion of ganglia, where no other treatment avails.

Royal Red Cross.

The King has been pleased to confer the decoration of the Royal Red Cross on Mrs. Osborn Howe in recognition of services rendered by her in attending to sick and wounded soldiers during the late war in South Africa.

The following Nursing Sister is now on her way home from South Africa:—

In the *Aurania*:—Nursing Sister F. S. Strickland. Due at Southampton on February 8th.

Appointments.

MATRONS.

Miss Beatrice Jones has been appointed Matron of the Herbert Hospital, Woolwich. She was trained and certificated at St. Bartholomew's Hospital, and subsequently held the position of Assistant Matron at the New Infirmary, Birmingham. Since 1897 she has held the position of Matron at the City of London Hospital for Diseases of the Chest, Victoria Park. During the South African War she served for a time as Sister in the Military Hospitals, her post being kept vacant for her till her return. She is a member of the Matrons' Council and of the League of St. Bartholomew's Nurses.

Miss Irene Webb has been appointed Matron of the Borough Isolation Hospital, Leicester. She was trained at the Western Fever Hospital, London, and at the London Hospital, Whitechapel. She has held the positions of Head Nurse at the Royal Hospital, Putney, Charge Nurse at the Western Hospital, Fulham, Night Superintendent at the Grove Hospital, Lower Tooting, and Assistant Matron at the Fountain Hospital, Tooting.

Miss Eliza Weir has been appointed Nurse-Matron of the Hospital under the Joint Hospital-Board, Kettering. She was trained at the Belvidere City Hospital, Glasgow, and at present holds the position of Sister at the Borough Fever Hospital, Bolton.

Miss Kate Spencer has been appointed Superintendent of the Nurses' Home in connection with Queen Charlotte's Hospital, Marylebone Road, N.W. She was trained at the London Hospital, Whitechapel, and has been Matron of the Suffolk Convalescent Home, Felixstowe, and Home Sister at the Poplar Hospital.

ASSISTANT MATRON.

Miss A. Laycock has been appointed Assistant Matron at the Asylum, Tooting Bec. She was trained and certificated at the Royal Albert Edward Infirmary, Wigan, and has held the positions of Charge Nurse at the Brook Hospital, Shooter's Hill, and Sister at the National Orthopædic Hospital, Great Portland Street.

SISTER.

Miss Juliet Collier has been appointed Sister at the National Hospital for Consumption, Newcastle, co. Wicklow. She was trained at the Norfolk and Norwich Hospital, and has been a member of the Birmingham District Nursing Society.

MIDWIFE.

Miss Geraldine Bradford has been appointed Midwife to the District Nursing Association, Kingswood, Bristol. Miss Bradford holds a two years' certificate from the Hospital of St. Cross, Rugby, and a three years' certificate from the Royal Infirmary, Bristol, and has the diploma of the London Obstetrical Society.

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