

which, commencing in the foot, by degrees involves the whole limb, and the other which, commencing in the thigh along the inner, posterior and outer aspects, may remain almost entirely above the knee. The former arrangement, by far the most common, is associated with increasing general saphenous varix; the latter is connected with varix arising from pelvic causes, in which the tributaries of the internal iliac vein are concerned.

Congenital and acquired varices usually manifest themselves between twenty and twenty-five years.

In congenital cases the appearance of the varix is invariably prior to the occurrence of symptoms arising from it; in the acquired kind, feelings of discomfort, such as pain; weight, and leg-weariness, generally precede the manifestation of the altered veins.

As regards treatment, in a minority of the cases only can varix be cured. Acquired varix in the very early stage in young, growing subjects is susceptible of cure; so also is circumscribed congenital varix, which is in reality a very coarse form of nævus, if its arrangement is such that it can be completely removed. All other varieties of varicosity are incurable in the true sense, although in the majority the symptoms arising from them can be alleviated or entirely removed by rational treatment.

The methods of treatment are (1) non-operative—(a) hygienic, (b) manual (which practically means massage), and (c) mechanical supports—and (2) operative or radical.

#### SULPHUR AS A PREVENTIVE OF MOSQUITO BITES.

One of the readers of the *New York Medical Journal* informs us that, having seen a statement in some English medical journal to the effect that sulphur, taken internally, would protect a person against flea-bites, it occurred to him to try it as a preventive of mosquito bites. Accordingly, he began taking effervescent tablets of tartaric acid and sulphur, four daily. He provided himself with several lively mosquitoes, and, having put them into a wide-mouthed bottle, inverted the bottle and pressed its mouth upon his bare arm. The mosquitoes settled on his skin, but showed no inclination to bite him. It might be well to take a course of sulphur during the mosquito season, especially in view of the growing opinion that the mosquito is the common vehicle of the *Plasmodium malariae*.

## Appointments.

### MATRONS.

Miss Christina Aldis has been appointed Matron of the Sunderland Nursing Institute. She was trained at the General Hospital, West-on-Super-Mare, and subsequently held the position of Staff Nurse at the City of London Hospital for Diseases of the Chest. She then did private nursing at Bishop's Stortford; after which she was appointed successively Charge Nurse at the Essex and Colchester General Hospital, Matron at the Stratford-on-Avon Fever Hospital, Lady Superintendent and Lecturer at the County Home for Nurses, Blandford (in connection with the Dorset Health Association), Lady Superintendent at the District Nurses' Home, Ashton-under-Lyne, Lady Superintendent at the District Nurses' Home, Barry, South Wales, and she has also worked temporarily in connection with the Shipley District Nursing Association.

Miss Lewis has been appointed Matron of the Cottage Hospital, Budleigh Salterton. She was trained at the General Hospital, Bristol, where she subsequently was appointed Ward Sister. She has recently held the position of Superintendent of the Clifton District Nursing Association.

In connection with the appointment of Miss Burtenshaw to the Matronship of the Burton-on-Trent Borough Fever Hospital which we recently chronicled, we are informed that the position which she lately held at Colchester was that of Sister-in-Charge of the Isolation Home in connection with the Infectious Diseases Hospital, Mile End. The hospital proper takes all the acute diphtheria cases, the Isolation Home being used for contacts and some of the convalescents.

### SISTER.

Miss E. Singer has been appointed Sister in the Male Ward and Theatre at the Hospital and Dispensary, Rotherham. She was trained at the Western Infirmary, Glasgow, and, after acting for a few months as Charge Nurse at the Convalescent Home in connection with that Institution, she returned to the Western Infirmary as Ward Sister.

### LADY SUPERINTENDENT.

Miss Leila Parry has been appointed Lady Superintendent at the Isolation Hospital, Easington. She was trained at St. George's Hospital, London.

### SUPERINTENDENT OF NURSES.

Miss Helena McMillan has been appointed Superintendent of Nurses of the new training-school which is being established in the Presbyterian Hospital, Chicago. Miss McMillan is a graduate of the Illinois Training-School, which has heretofore contracted to do the nursing in the Presbyterian Hospital. The new school will have a preparatory course and a three years' course of training. She is one of the representatives of the United States in the International Council of Nurses.

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