

soap and water is a disinfectant second to none. With it we shall not go far wrong. Without it disinfectants do not count for much.

Faithfully yours,
COMMON-SENSE.

THE GRANARD NURSING DIFFICULTY.

To the Editor of the "British Journal of Nursing."

DEAR MADAM,—Your remarks on the position of affairs at the Granard Workhouse show how well you appreciate its difficulties. All nurses must regret the position adopted by the bishops in this case, for in Ireland it is known that the Granard Guardians telegraphed to Dr. Hoare, the Roman Catholic Bishop of the district, asking for permission for one of the nuns to remain, as there were sixty-seven patients in the infirmary, and that their request was refused and the nuns have now left the building. From the point of view of a lay nurse, it is not easy to see why the Church should interfere in this matter at all, and, if it does, it is very greatly to be regretted that it should have so little concern for these sixty-seven poor patients as to summarily remove those responsible for their care before substitutes have been found to take their place. Surely their action is contrary to the spirit inculcated by the Great Head of the Church, whose life on earth was characterised by tenderness and care for the sick.

Yours faithfully,
IRISHWOMAN.

Comments and Replies.

Certificated Nurse.—The Secretary of the Sanitary Institute, Mr. E. White Wallis, F.S.S., Parkes Museum, Margaret Street, W., would doubtless be able to give you the information you desire. The Twenty-First Congress, organised by the Institute, will be held at Bradford from July 7th to 11th.

Miss Evans.—The foundation principle of the International Council of Nurses is the representation of the nurses of all nations in its deliberations, by means of the graduate vote, beginning with the graduates of each training-school, who appoint a delegate to represent their League in the Associated or National League, which in its turn appoints four delegates to represent it, with voting power, in the International Council of Nurses.

Hospital Committee-man.—The question of training an efficient number of maternity nurses for the needs of the country is one which demands much consideration. While we do not think that at present it can be required of every nurse to have this training, we do think every maternity nurse should be required to have a basis of general training. The time has surely come when the Committees of Maternity Hospitals should realise that their duty from an educational standpoint is to admit only *bond-fide* nursing pupils for training. It is possible that they might be the losers financially, though we do not think so. But committees can take one of two lines: they can consider their responsibilities as educational authorities and take their stand as such, or they can run their "training" schools on commercial lines, when they cannot expect to be regarded as authorities on professional matters.

Notices.

CONTRIBUTIONS.

The Editor will at all times be pleased to consider articles of a suitable nature for insertion in this journal—those on practical nursing are specially invited. The Editor will also be pleased to receive paragraphs, such as items of nursing news, results of nurses' examinations, new appointments, reports of hospital functions, also letters on questions of interest to nurses, and newspapers marked with reports of matters of professional interest.

Such communications must be duly authenticated with name and address, not necessarily for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, London, W.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

Never Forgets It.

HUSBAND HAS CAUSE TO REMEMBER GRAPE-NUTS.

So careless in health are some people that they sometimes actually forget the benefactor of their days of sickness.

The man whose wife, or the woman whose husband, has been brought back to health and strength by a pure food is not apt to forget. "It sometimes amuses me," writes a lady, "that no matter what I send to the store for or what may be forgotten my husband never forgets to supply us with Grape-Nuts promptly. Indeed, I may say it is the one thing he never forgets.

"About a year ago, when I began using the food, I was so run down and miserable that it was all I could possibly do to struggle through my day's household duties. Through catarrhal trouble I had almost lost the sense of taste, and loss of appetite followed.

"I could scarcely force myself to eat food sufficient to furnish me with strength to keep me up. I just managed to scrape through my household duties. In a very short time after I commenced the use of Grape-Nuts I began to get stronger, and the improvement has been so steady and marked that my health is now better than for twenty years past. I do all of my own housework, and for two months during last summer I had five roomers, which, of course, increased my work to a great extent. I am never without Grape-Nuts now, and can never say enough in their praise. But as much as I think of the food my husband thinks more." Name furnished by Grape-Nuts Co., Temple Chambers, E.C.

Practically all cases of stomach trouble come from the use of improper food. Where this improper food is left off and Grape-Nuts is used the results are so beneficial and the change so rapid that many people look upon it as wonderful. Nothing wonderful about it. Just following Nature.

Grape-Nuts served with cream or milk makes a delightful dish for breakfast during the warm weather.