

under the wing and the legs drawn together. Dip it in flour, and roast it in front of a clear fire for twenty minutes, basting it well all the time. Serve it on a piece of crisp toast, with gravy round it, and bread sauce in a tureen. A pheasant should be treated in the same way, but requires from thirty to forty minutes for roasting, and should be served with gravy round it, and brown bread-crumbs in a tureen.

Quails may be roasted in the same way as partridges, or they may be gently stewed for half an hour in good stock with a slice of veal, a rasher of bacon, a glass of white wine, and pepper and salt. They should be served with a little of the gravy, and garnished with sippets of toasted bread.

The flesh of the ortolan is the most delicate of all, but the price is rather prohibitive. For cooking it should not be drawn, but when it is plucked and singed it should be wrapped in paper soaked in olive oil, and grilled over a clear but slow fire made of cinders; or baked, wrapped in paper, in a moderate oven.

A common mistake is to imagine that the flesh of rabbits is suitable for invalids. When boiled the flesh is white, but it is very indigestible, chiefly on account of gross feeding. Hares are more easily digested. They contain a very small percentage of fat, and the nutritive value is not high, owing to the large amount of water which they contain. They make an excellent panada, or the flesh can be removed from the bones, minced, and stewed in a good stock.

### Visiting Nurses for Manchester.

The Manchester and Salford Sick Poor and Private Nursing Institution have made arrangements for the provision of a staff of trained nurses who will make daily visits to patients. The scale of fees to be charged will permit people of small means to obtain the services of the nurses.

### Marriage Bells.

Miss Meyer, who for a period of eleven years has held the important position of Matron of Noble's Hospital, Isle of Man, is shortly to be married to Dr. R. M. Matheson, who was for some time house surgeon at the hospital. Dr. Matheson was well known and highly respected in Douglas. The marriage will take place in Edinburgh on October 5th, from the house of Dr. Matheson's brother, also a medical man, with whom he is in partnership. Miss Meyer was appointed to the position of Matron in succession to Miss Broadhead, having prior to that time been Head Nurse. The bride and bridegroom elect have the heartiest wishes of a very large circle of friends for their future welfare.

## Educational Matters.

### THE DREXEL INSTITUTE, PHILADELPHIA.

#### A PREPARATORY COURSE FOR NURSES.

As it is increasingly recognised that it is essential the training of nurses should be founded upon a scientific basis if the best results are to be attained, the question of the organization of preparatory instruction has been occupying the minds of superintendents of training-schools in the United States. The consensus of opinion in the American Society of Superintendents is in favour of increasing the amount, and of raising the standard of studies which are auxiliary to the strictly professional training given in the hospitals. It is also believed that this scientific knowledge can be most advantageously acquired if given independently of professional work in a preparatory course. By this means the women in the first year in the training-schools would have relief from the present pressure, and the whole standard of nursing education would be raised.

As we recently announced—at the request of Dr. S. Weir Mitchell and the Superintendents of the leading training-schools in Philadelphia—the Drexel Institute in that city has undertaken to organise a preparatory course of instruction for nurses. The institute has already the necessary facilities in the way of laboratories, lecture rooms, class rooms, school-kitchens, apparatus and appliances, and all the additions necessary for the special course will be provided on liberal lines.

We provide below the entire scheme, which will show the comprehensive lines upon which this new course has been conceived.

#### INSTRUCTORS.

JAMES MACALISTER, LL.D., president of the institute.

ALBERT P. BRUBAKER, M.D., professor of anatomy and physiology.

ERNEST A. CONGDON, Ph.D., professor of chemistry.

ABRAHAM HENWOOD, assistant professor of chemistry.

EDWARD Q. THORNTON, M.D., lecturer on materia medica.

HELEN M. SPRING, director of the courses in domestic science and economics.

HARRIET P. MITCHELL, instructor in bacteriology.

HARRIET L. MASON, professor of English language and literature.

ALICE M. BRENNAN, instructor in vocal expression.

MAUDE G. HOPKINS, director of the gymnasium.

#### COURSE OF INSTRUCTION.

##### First Term.

ANATOMY AND PHYSIOLOGY.—Lectures and demonstrations.

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