

of hot cloths to the face, and protection from the air either by oils or salves, is also to be recommended. The constitutional treatment is purely symptomatic; the diet should be liquid, and water should be administered *ad libitum*. To combat the hydremic state of the blood, direct intravenous infusion of normal saline solutions is advised, for it not only dilutes the blood of known poisons, but stimulates the heart and promotes excretion. Complications should receive appropriate remedies. The red-light treatment of small-pox, in the hands of the author, has not proved successful.

THE SLEEPING SICKNESS.

Mention has been made of the expedition which, under the auspices of the Liverpool School of Tropical Medicine, has set out for the Congo to study there the causes and incidence of the sleeping sickness. The publication of the Royal Society report on the investigation which its commission has been, and is still, carrying out in Uganda enables us to see, writes a well-informed contributor to the *Morning Post*, how far our knowledge in this subject has proceeded. Dr. Castellani found in the cerebro-spinal fluid of patients suffering from the disease a trypanasoma parasite, and cautiously assigned the disease to this origin. Colonel Bruce and Dr. Nabarro, who have continued Dr. Castellani's work, confirm his belief. They have always found his trypanasoma in the cerebro-spinal fluid of sleeping sickness victims; they have nearly always found it in the blood as well. Some other trypanasoma has been found in the blood of patients suffering from other diseases, but not in the cerebro-spinal fluid. The first problem remaining to be solved is whether the latter trypanasoma is identical with that of Castellani, or whether we are to regard the attack of the cerebro-spinal fluid by the parasite as the proximate cause of sleeping sickness. The second problem is the discovery of the means of infection. The distribution of the disease is most strikingly marked, and occurs in a band of country fifteen miles wide. In this district a tsetse fly (*Glossina palpalis*) is observed to be very abundant. Does this fly convey the infection in sleeping sickness, as the mosquito conveys the parasite of malaria, and as the better-known tsetse fly conveys the parasite, also a kind of trypanasoma, which causes the "tsetse fly disease" of horses?

The scientific observation of facts in connection with tropical diseases seems likely to reward the patient observer

Appointments.

MATRONS.

Miss Annie Dowbiggin has been appointed Matron of the Infirmary, Shirley Warren, Southampton. She was trained at the General Infirmary, Leeds, and has held the positions of Charge Nurse at the Park Hospital, Hither Green, Sister at the Royal Hospital, Portsmouth, Head Sister at Moseley Hall Convalescent Hospital, near Birmingham, and of Assistant Matron at the Infirmary, Shoreditch. She holds the certificate of the London Obstetrical Society.

Miss Annie Newbold has been appointed Matron of the Oakwell Infectious Hospital, Yorkshire. She was trained at the City Infectious Hospital, Nottingham, and at the District Hospital, Batley, and has held the positions of Charge Nurse at the Milton Infectious Hospital, Portsmouth, and at the Borough Hospital, Croydon, and of Matron at the Infectious Hospital, Foleshill, near Coventry.

Miss Annie Hepburn has been appointed Nurse-Matron of the Thomas Walker Hospital, Fraserburgh, Aberdeenshire. She was trained at the Royal Infirmary, Glasgow, and subsequently joined the staff of the Royal Scottish Nursing Institution, Edinburgh.

Miss Annie Smith has been appointed Nurse-Matron at the Cottage Hospital, Ashbourne. She was trained at the Royal Southern Hospital, Liverpool, and has held the position of Assistant Charge Nurse at Loughborough Hospital, and of Staff Nurse at the Boston Hospital, Liverpool.

ASSISTANT MATRON.

Miss Sara Burnside Boyd has been appointed Assistant Matron at the Lewes Home for Inebriates. She was trained at the Infirmary, Birmingham, and has held the position of Charge Nurse at the Workhouse Infirmary, Brighton. She holds the certificate of the London Obstetrical Society.

SISTERS.

Miss Florence Smith has been appointed Sister of the women's ward at the West Ham and East London Hospital, where she has held the position of Staff Nurse and Receiving Room Nurse. She was trained at the Gravesend Hospital.

Miss Jessie Greening has been appointed Sister at the Jaffray Branch Hospital, Erdington, near Birmingham. She was trained at the Children's Hospital, Birmingham, and at the General Hospital, Northampton.

Miss Elizabeth Emily Jackson has been appointed Home Sister at the Union Infirmary, Sheffield. She was trained at the Royal Infirmary, Bradford, where she has also held the position of Sister in male medical wards, and of Housekeeper.

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