

Maples for one of her journeys, and returned with the record of having vaccinated 200 persons. No wonder that at times the supply of vaccine gives out!

Miss Armstrong shows with justifiable pride letters she has received from these boys since her arrival at home. They report themselves up to date, and the writing, composition, and matter of the letters would be creditable to many an English lad.

The work of a doctor, as well as of a nurse, in this region seems multifarious. Dr. Howard writes of twenty-three patients in the hospital. Six of these he took to Kota-Kota, on the western shores of the Lake, and had eight waiting to be taken to Malindi.

"During the Conference," he writes also, "a message came from Pachia to say that a leopard had wounded four men. I went down on the steamer, and meant to bring them back in the *Patience*. We started towing the latter, but off Tumbwe we met a strong *mwere*, and the *Patience* split her bottom and had to make her way back to Likoma for repairs. Then we could not land at Pachia because of the waves, and I had to go on to Msumba and come up overland. I found that two patients had died; one of the others I brought up to Likoma, and the other funk'd the journey. The patient I brought up had a very bad arm and a suppurating elbow-joint, but now he is getting better."

It would seem as if doctors and nurses who wish to cultivate all-round qualifications cannot do better than obtain some experience in Central Africa.

M. B.

### News from Canada.

The resignation by Miss Charlotte Macleod of the position of Lady Superintendent of the Victorian Order of Nurses in Canada, which she has held with so much distinction since she helped to organise it five years ago, will be recognised as an immense loss to the Order. Miss Macleod is a native of New Brunswick, and was trained at the Waltham Hospital, Mass., a school founded on somewhat original lines by Dr. Worcester of that city.

Following the excellent example of so many Nurses' Leagues, the Alumnæ Association of the Toronto General Hospital Training-School for Nurses have adopted a badge, in the form of a brooch-pin, the distinctive emblem being the pomegranate—emblematical of good works—with the motto "Ut prosim" ("That I may be of service"); expressing the highest ideals of the nursing profession. The brooch is made of gold and red enamel, representing the half-section of the pomegranate, the seeds of the fruit showing in pearls. The motto is engraved on two crossed leaves at the base—a very dainty little jewel.

### Nursing Echoes.

\* \* \* *All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, W.*



We learn from Miss Swift, the Matron of Guy's Hospital, that the course of post-graduate lectures in connection with the Guy's Nurses' League is being arranged primarily for the benefit of the private nursing staff, who number about 100, and who are anticipating the course with great pleasure. As they work principally for the Guy's Visiting Staff, demonstrations of new methods employed by this staff, by their house surgeons and physicians, will be of great value to the private nurses, for never a month passes but some new treatment or method is introduced.

The problem of the best method of keeping private nurses up to date is one to which Miss Swift has devoted much consideration. "I am not," she says, "one of those who think that private nurses should go back into the wards between their cases. Their duties, as a rule, are very heavy and engrossing while they are at work, and they need all the rest and recreation they can get between whiles. Our private nursing staff, when in the Home, do not breakfast till 9 o'clock, while the hospital nurses have breakfast at 7.15, and have got through a good deal of work by 9 o'clock. Then another difficulty in connection with their returning to work in the wards is that, as a rule, the private nurses are senior to the ward nurses, and the position of 'extra,' which as temporary workers they must take, is not altogether a suitable one. At the same time, it is most important and essential for them to be able to keep abreast with the times, so we have organised this course of post-graduate lectures, at which, of course, we shall show new dressings and appliances. I do not feel able this year to do more than organise the course announced, but I do not know how this new departure may develop in future. It is, I believe, the first course of the kind in this country, though in America such lectures are already inaugurated."

In addition to opportunities for professional study, Miss Swift holds that it is good for private nurses to have rest and enjoyment, and she believes that an occasional visit to a theatre is an excellent form of recreation.

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