

as published before in the directory issued by the above Association be inserted in the forthcoming directory. I ask for a reply to my request. You have stamps in office to pay postage of my letters.

I am,  
Yours truly,  
A. J. BEATTY.

[REPLY.]

Royal British Nurses' Association  
(Incorporated by Royal Charter),  
10, Orchard Street, Oxford Street,  
London, W.,

November 24th, 1903.

DEAR MISS BEATTY,—Your letter of the 19th inst. has been submitted to the Executive Committee of the Royal British Nurses' Association, and I am instructed to inform you that your qualifications are published in the Roll of Members in the usual way.

Changes in the addresses of nurses are inevitably so frequent that it has been found practically impossible to keep an accurate register, printed up to date, except at a cost which is too great a tax on the resources of the Association.

The matter came under consideration at the last meeting of the General Council, and with a view to avoiding the inconvenience which is frequently occasioned if a wrong address is given in the published Roll, and of saving the expense which has hitherto been incurred in making the numerous alterations in addresses each time the Roll is reprinted, it has been decided that in future the addresses of the nurses shall be omitted.

I am,  
Yours faithfully,  
ANNIE J. HOBBS,  
Secretary.

To the Executive Committee of the Royal British Nurses' Association.

November 25th.

SIR,—There are many ways of meeting the difficulty of the frequent changes of address by the members of the R.B.N. Association, and more than one of curtailing the expense to their Association of this unavoidable professional necessity, beside the drastic method proposed by you.

The Association was brought into existence for the professional benefit of nurses, and as a nurse and a member I must request you to give my address, with my name and qualifications, in the forthcoming directory.

I am,  
Yours truly,  
A. J. BEATTY.

[We are entirely in sympathy with Miss Beatty's point of view, and are of opinion that she has taken the right line in recording her protest against the high-handed action of the Hon. Officers and Executive Committee of the R.B.N.A. in depriving the members of a professional privilege which it was the intention of the Charter to confer upon them, and this without so much as consulting them. The Medical Hon. Officers are apparently taking advantage of the fact that their line of action in the past has caused the resignation of most of the self-respecting members, and those who at present compose the Association may be relied on to accept any indignity placed upon them.—ED.]

## Comments and Replies.

*Miss E. P. Plot.*—Probably the reason the barley water is discoloured is because you do not rinse it after it has been brought to the boil, and so do not blanch it. A reliable way of preparing it is to wash 2 oz. of pearl barley well, and put it in a saucepan with cold water to cover it. Bring this water to the boil, and then pour it away. Rinse the barley with cold water, and rinse out the saucepan. This blanches it, and if it is not done the barley water has a dark-coloured, unpleasant appearance. Return the barley to the saucepan with two pints of cold water. Simmer slowly for two hours, then strain. Half the quantity can, of course, be made if desired. We believe directions for preparing Robinson's Patent Barley are issued with each packet.

*Mrs. Hughes, Kersal.*—The address you ask for is Germanton, New South Wales, Australia.

*Hospital Matron.*—Try the following recipe for removing the iron-mould from your linen:—"Take a small basin of boiling water, dip the stained part into it, and then stretch tightly over the basin. Sprinkle with salts of sorrel, and rub it well into the stain; use a piece of rag or smooth stick to do this, as salts of sorrel is most poisonous, and might be injurious to the fingers. Allow it to steam for a short time with the salts on it, when the stain should entirely disappear."

*Miss Edmonds.*—We appreciate your desire not to "get into ruts." Contentment with present attainments is the greatest barrier in the way of future progress. While appreciating all that has been done for nursing education by those who have gone before, we must do our share towards placing it on a still higher plane. The duty of the hour seems to be to systematise the various methods of training now in force by bringing them into touch with a Central Nursing Council, and, through the same method, to encourage nurses to get experience in one or more special branches, and to afford them facilities for doing so.

## Notices.

### STATE REGISTRATION OF NURSES.

The annual report of the Society for the State Registration of Trained Nurses has been published, and can be obtained on application to the Hon. Secretary, 20, Upper Wimpole Street, price 1½d., post free, or 7d. for six copies. All nurses should obtain a copy of this report, and acquaint themselves with the history and progress of the Registration movement. Application forms for membership of the Society can be obtained from the same address.

### CONTRIBUTIONS.

The Editor will at all times be pleased to consider articles of a suitable nature for insertion in this journal—those on practical nursing are specially invited. The Editor will also be pleased to receive paragraphs, such as items of nursing news, results of nurses' examinations, new appointments, reports of hospital functions, also letters on questions of interest to nurses, and newspapers marked with reports of matters of professional interest. Such communications must be duly authenticated with name and address, not necessarily for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, London, W.

### OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

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