

Church Stretton; the work there interested her greatly, and she decided to devote herself to this branch of nursing work. She then went to the Barming Heath Asylum, where she obtained experience in the routine management of the institution. She left there to become Matron of Bethlem Royal Hospital, which post she has now held for two years.

Syllabus for Instruction of Orderlies of Nursing Section, Royal Army Medical Corps.

FOR TWO MONTHS' PRELIMINARY TRAINING AT ALDERSHOT.

All classes and demonstrations will be held by the Medical Officers and Sisters in rooms set apart for the purpose, not in the wards of the hospitals.

SUBJECTS TO BE TAUGHT IN PRELIMINARY COURSE.

(Classes and demonstration to be held by the Sister Instructor.)

1. Personal cleanliness.
2. Cleanliness of ward—dusting, sweeping, cleaning baths, tins, brasses, taps, &c.; mackintoshes.
3. Cleanliness and disinfection of all utensils, beds, and lockers.
4. Bed-making—draw-sheets, changing of sheets for helpless patients.
5. The correct reading of measure glasses, and other measures used; with constant practice to see that the quantities indicated are really known.
6. The accurate use of the clinical thermometer; the pulse and respiration; registering the same on charts.
7. Names of instruments in constant use in the wards, and how to use them (syringes, enema apparatus).
8. The padding of splints of all kinds; making of different bandages—abdominal, many tailed, &c.
9. The application of every sort of bandage.
10. An elementary course of eight lectures on anatomy and physiology and first aid, to be given by the Medical Officer. The Sister Instructor will attend these lectures, and hold small classes of not more than six men, upon the subject of the lecture, to assist them in preparing their notes, and to explain anything they do not understand.

A: COURSE OF SICK COOKING TO BE CONSTANTLY CARRIED ON AT THE HOSPITALS, EMBRACING THE PREPARATION OF THE FOLLOWING ARTICLES:—

Beef tea.	Drinks—
Mutton broth.	Egg flip.
Gruel.	Lemonade.
Arrowroot.	Barley water.
Benger's food.	Toast and water.
Meat juice.	Tea and coffee.
Light puddings.	Bread and milk.
Peptonising food.	

ELEMENTARY COURSE FOR 3RD CLASS ORDERLY.

(To be given by the Matron.)

1. Cleanliness of patients and beds; washing heads, hands and feet; necessity of giving baths at stated periods.
2. Bed-making and airing of beds; draw-sheets,

special beds for operations; changing sheets of helpless cases.

3. Giving of medicines; the necessity for punctuality and exactness; weights and measures; measure glasses; enema apparatus.

4. Taking temperature, pulse and respiration; recording observations on charts.

5. Methods of reducing temperature—sponging, packing, ice-bags. Baths—water, medicated, hot air.

6. Enemata—purgative, astringent, nutritive, and sedative; cleansing and sterilising apparatus.

7. Fomentations; poultices; stupes.

8. How to give pills, tabloids, draughts, emetics.

9. Gargles; inhalations; suppositories; lotions; injections.

10. Eye drops; liniments; inunction; blisters; mustard plasters and leaves.

11. Leeches; application of ice, heat, caustics, irrigation.

12. Feeding of different cases. Diet tables; quantity of nourishment to be given and noted and recorded; digestion of food.

13. Bandages of all kinds and their application.

14. Padding of splints; plaster of Paris splints; improvised splints; starched bandages.

15. Nursing of enteric cases. Prevention and care of bedsores.

16. Nursing of cases of pneumonia and pleurisy

17. Nursing of cases of acute rheumatism and phthisis.

18. Nursing of paralysis and meningitis.

19. Nursing of cases of apoplexy and epilepsy, and other serious diseases.

20. Surgical dressings.

21. Necessity for absolute cleanliness; way of preparing hands before commencing dressings.

22. Application of wet dressings; dry dressings.

23. Observation of patient—secretions, expectorations, pulse, skin, appetite, delirium, breathing, sleep. The taking of notes of cases.

24. Observation continued—effects of diet, medicine and stimulants, state of wounds, eruptions, formation of matter, signs of approaching death.

SYLLABUS OF INSTRUCTION FOR 2ND CLASS ORDERLY.

A.—Surgical Nursing.

Advanced Course.

Lecture 1.—Elementary anatomy in its application to nursing. The qualifications of a good surgical nurse, and how these may be obtained. Perfect rest and perfect cleanliness.

Lecture 2.—Wounds, their varieties and symptoms; how wounds heal. Inflammation. The treatment and care of wounds.

Lecture 3.—The antiseptic treatment of wounds. Cleansing and sterilisation of instruments and dressings.

Lecture 4.—Complications of wounds. Erysipelas. Pyæmia. Rigors.

Lecture 5.—Burns and scalds, their varieties and symptoms. The nursing of burn cases.

Lecture 6.—Fractures—varieties, treatment, and nursing. Splints, fracture beds, bandages. Compound fractures, their after treatment.

Lecture 7.—Joints, their varieties and uses. Joint disease. Nursing in "joint" cases. Massage and operations.

Lecture 8.—Bleeding; its varieties, causes, symptoms, and treatment. The arrest of hemorrhage.

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