

Professional Review.

THE WIFE AND MOTHER: A MEDICAL GUIDE.

We have received from Messrs. Charles Griffin and Co., Ltd., of Exeter Street, Strand, a copy of the fourth edition of "The Wife and Mother: A Medical Guide to the Care of her Health and the Management of her Children," by Albert Westland, M.A., M.D., C.M. The book, the price of which is 5s., is divided into four parts, viz.:—Early Married Life, Early Motherhood, The Child, and Later Married Life. It gives in considerable detail all the information which is likely to be of use to the wife and mother, and forms a valuable guide to those who enter on the marriage estate and all the duties and responsibilities involved with very little knowledge of what is required of them. As the author says in his introductory remarks, "Every young woman who enters into what are conventionally called the 'bonds of matrimony' voluntarily accepts certain responsibilities, and undertakes certain duties, not only important in themselves, but noteworthy also in this, that their neglect and repudiation may be followed by far-reaching consequences to others. Convention has decreed that those duties and responsibilities should be discovered mainly by wives after marriage; and it is seldom indeed that mothers are judicious or enlightened enough to place before their marriageable daughters even a partial view of the difficulties and troubles which almost every married woman will have to face at some period of her married life. Not that one would wish such difficulties to be represented as a deterrent from entering a life which to every woman should form the ideal of happiness; but it is certainly desirable that women on entering married life should be aware that calls will be made on their courage, their temper, and their forbearance, and should take what is undoubtedly the most decisive step of their lives with some knowledge of its importance and gravity and some sense of the great influence which marriage must exercise on all their future career."

It is almost incredible that girls are allowed by those nearest to them to become wives in almost complete ignorance of the duties demanded of them. It is unquestionable that many of the first-born of such mothers either die on account of their ignorance, or that their health is seriously injured. Maternal love, be it never so strong, cannot take the place of knowledge, and the nation will do well to ponder over the fact that while the education of girls includes, as a rule, a smattering of knowledge of subjects which will be of little use to them in after life, it rarely includes instruction in matters which are of vital importance to them in adult life.

A book such as that before us will do much in after life to assist mothers to a knowledge of what is required of them, and will, we have no doubt, be warmly welcomed by many who feel acutely that they have no adequate knowledge to guide them in relation to the daily difficulties of life. Nurses can do much to help young mothers by directing their attention to a book of this nature, for, while it enters fully into their difficulties, it judiciously avoids making any suggestion which will encourage them to believe themselves capable of the amateur treatment of themselves or their children. We commend it to the attention of our readers.

New Preparations, Inventions, &c.

DOLLE'S AROMATIC IRON MILK.

We have pleasure in directing the attention of our readers to the preparation of iron known as Dolle's Aromatic Iron Milk. It consists of pyrophosphate of iron, suspended in water, with glycerine, spirit, and aromatics. It is a pleasant method of taking iron, and has no taste except that of the aromatics which it contains. Another point much in its favour is that the iron it contains does not affect the teeth, as pyrophosphate of iron is insoluble in saliva, and remains inert until it reaches the small intestines. Thus it cannot give rise to dyspepsia, an unpleasant consequence of taking iron in many of its forms.

Iron milk is especially useful in anæmia, neurasthenia, and debility, as well as in convalescence from exhausting diseases. Each tablespoonful contains the equivalent of $1\frac{1}{2}$ grains of pure metallic iron.

It is supplied by the British Iron Milk Syndicate, Ltd., Savoy House, 115, Strand, W.C.

HORROCKSES' FLANNELETTES

At this season of the year it is well to remember the claims of Horrockses' Flannelettes when thinking of winter undergarments, warm blouses, &c. They may be obtained in a great variety of designs, and it must be remembered that they are no more inflammable than ordinary cotton goods. The inflammable nature of the cheap varieties of flannelette has brought considerable discredit on a very useful material. Horrockses' flannelettes may be obtained through all the leading drapers.

PIRLE.

Only the woman who, year in year out, has to turn out at a given time each day in all weathers knows the annoyance and expense occasioned by the effect of the weather on her clothes. Rain and snow, storm and sunshine, all take their share in making havoc with her gowns, and though on a wet or doubtful day, if she is wise, she protects them with a cloak, yet it not unfrequently happens that she sets out in the morning in brilliant sunshine and returns at night in a downpour of rain, and she despairs of keeping her clothes in order.

But the woman who takes the precaution to insist that the material for her dresses shall have the words "The 'Pirle' Finish" stamped on the selvedge can view the weather with equanimity, for goods finished in this way are not spotted, cockled, or shrunk by rain. For this reason they are ideal for the clothes of the outdoor girl. Pirle-finished goods can be obtained through all the leading drapers, but it is essential to ascertain that those purporting to be so bear the words "The 'Pirle' Finish," for substitutes, which do not bear comparison with the original, are now on the market.

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