

## Appointments.

### MATRONS.

Miss Theresa Russell has been appointed Matron of Bolingbroke Hospital, Wandsworth. She was trained at St. Thomas's Hospital, where she afterwards acted as Sister. She has also held the position of Matron at the Isolation Hospital, Bromsgrove.

Miss A. L. Johnson has been appointed Matron of the Charterhouse School Sanatorium, Godalming. She was trained at the Southwark Infirmary, and at the North-Western Fever Hospital, and has had experience of private nursing in Godalming.

Miss Mooney has been appointed Matron to the Dispensary and Cottage Hospital, Selby. She has held the position of Charge Nurse under the Metropolitan Asylums Board, London, Sister at the Isolation Hospital, Norwich, Nurse Matron at Thetford Isolation Hospital, and for the last year and nine months has been in charge of the Stanningly and Farsley nursing districts. She has also had five years' experience in private nursing in Yorkshire and London.

### SISTERS.

Miss Mary H. Kemp has been appointed Sister at the General Hospital, Nottingham. She was trained at the Royal Hospital for Sick Children, Glasgow, and at the Royal Infirmary, Dundee, and has held the position of Sister at the Children's Hospital, Glasgow.

Miss Isabel Milne has been appointed Sister-in-Charge of three Children's Wards at the Infirmary, Bolton. She was trained for three years at the Royal Hospital for Sick Children, Edinburgh, and for the same period at the General Infirmary, Leeds.

Miss Milly Hamilton has been appointed Sister at the Royal City of Dublin Hospital. She was trained at the Samaritan Hospital, Belfast, and the Royal City of Dublin Hospital, and has acted as Home Sister at the Nurses' Home in connection with the latter institution.

Miss Elsie Hill has been appointed Sister at the Mill Lane Hospital, Liscard. She was trained at the Royal City of Dublin Hospital, where she has since held the position of Staff Nurse, and on several occasions has acted as temporary Sister.

### CHARGE NURSES.

Miss Margaret Williams has been appointed Charge Nurse at the Union Workhouse Infirmary, Hunslet. She was trained for three years at the Cardiff Union Infirmary.

Miss Caroline J. Butcher has been appointed Charge Nurse in the same institution. She was trained at the Wolverhampton Infirmary for three years, and holds the certificate of the London Obstetrical Society.

## Rules and Instructions for Visiting Nurses in Maternity Out-Clinic Work.\*

By EFFA V. DAVIS, M.D.,

*Superintendent Chicago Maternity Hospital; Ex-Assistant Clinical Professor of Obstetrics Rush Medical College, in Affiliation with Chicago University and North-Western University Woman's Medical School.*

(Concluded from page 43.)

### COMPLICATIONS.

The following are the most common complications and should be brought to the immediate attention of the physician.

1. Sore eyes; even the slightest appearance of pus in the baby's eyes is serious and demands the doctor's care.
  2. A moist or suppurating navel, either before or after the cord has dropped.
  3. A tendency toward an inguinal or umbilical hernia.
  4. A discharge from the vagina in girls or an irritant or adherent prepuce in boys.
  5. Failure to urinate freely.
  6. Constipation or diarrhoea.
  7. Rise of temperature (infant's temperature should be taken in groin each day).
  8. Excessive crying.
  9. Hoarseness or rapid breathing.
  10. Loss of weight after the first five days.
  11. Eruptions or changes in colour of the skin.
  12. Chafing of the buttocks or other parts of the body.
  13. Sore mouth. White flaky spots covering the tongue and sides of the mouth (thrush) is the most common mouth disease. It comes from unclean nipples, shields, spoons, &c., and can be removed by thorough bathing in boric acid solution.
- There may be other signs of illness less common, which the nurse, if observing, will be able to recognise. Each infant must be carefully studied while undressed for its bath.

Instruct the mother to waken it, if necessary, at its regular hour for nursing during the day, to establish the habit of sleeping at night. A healthy infant should sleep from six to eight hours without nursing at night. If it stirs or cries the mother may change the napkin and turn it over to rest in a new position, when it will usually fall asleep again without nursing.

### COMPLICATIONS OF THE MOTHER.

1. Rise in temperature.
2. Abnormal pulse.
3. Sleeplessness or headache.
4. Changes in the quantity, character, or odour of the lochia.
5. Constipation.

\* Reprinted from the *National Hospital Record*.

[previous page](#)

[next page](#)