

Bingley Halls for them, nor Drury Lane Theatre, but Coliseums or amphitheatres, with at most an awning to shield them from the noon-day sun. Why, even the very pyramids are ventilated! Whether constructed for purposes of burial or to commemorate astronomical data, as some aver, the pyramid of Cheops has two shafts or flues, running from opposite sides of each chamber diagonally, and practically at right angles, with its sloping sides through the superincumbent masses of masonry until they reach the open air! Either these wary builders had no notion of being asphyxiated, or did not intend that in later ages the explorers of their handiwork should fall victims to their rashness. Those marvellous and mysterious Egyptians did this curious thing thousands of years before Christ, and yet in this year of grace, and despite all our vaunted enlightenment, our L.C.C. can put up "model" dwellings for the labouring classes costing piles of public money, and covering vast areas of valuable ground, without a single inlet or outlet for the air their tenants require! If this sounds incredible, let the reader visit the block, even now not quite completed, in the Clerkenwell Road upon the site of the late brewery and verify the statement. If the Council has any stables, as is probable, it is very certain that this important matter is not there lost sight of.

Endless columns could be written upon this subject and its many phases, but the space available in your journal does not permit of more at this juncture. Before I finally lay down the pen let me for a moment step into the foreground and materialise, for I have a few personal words to add. While writing these papers I have steadfastly remained conscious of the fact that I have been addressing that class whose proud privilege it is to be welcome in every household in our great country, who to-day may be tending Royalty itself and to-morrow looking to the needs of the humblest cottar, and who, wherever they go, have the power of speaking and advising with the certainty that they will be listened to with interest. It is to you, nurses of the United Kingdom, that I have desired to bring this message of the Gospel of Pure Air, and it is your Editor whom I have to thank for permitting me to address you at such length. As it is, I have only been able to touch upon the fringe of the subject, to merely suggest the far-reaching possibilities involved. One portion of the case I have been compelled to leave untouched, for it lies outside the province of the engineer. It is the exact nature of the effects that bad air can have upon the human frame, to what extent its dryness can injure the respiratory organs, how overheated air can slacken a man's activity and destroy his powers, what is the exact influence upon the blood of an improper supply of oxygen or too much carbonic acid gas, in short, it is the medical aspect of my topic that I must leave to abler hands. I trust,

in an early number of your Journal, to see that some physician has filled the rostrum I am vacating and supplies the want in my argument. In the meantime let me say, that it is through you that I am anxious to send this important message to my countrymen, and that I should be proud one day to be able to feel that it is through your aid that I have been able to rouse Great Britain to an appreciation of its birthright in the unbounded blessing of our Great God's good air.

Believe me, that in painting my pictures I have not misused the shadow tints, that the portraits are not drawn one whit too dark. We are yet upon the threshold of our knowledge of the power of light and air. Speaking speculatively and without authority, I am convinced that these two great gifts of beneficent Nature can do more for our well-being than all the drugs ever discovered, and should wish to see the subject taken up as earnestly and as influentially as the anti-tuberculosis movement, of which I have seen the warnings against the dangers of spitting displayed throughout the breadth of Europe, in every civilised tongue. Should any reader wish for further information on this subject or desire advice concerning any dwelling, a letter addressed to the Editor will receive my immediate reply, though, to prevent disappointment, I can do nothing more than furnish suggestions for others to carry out.

One further thought, and I have finished. Both human and Nature's justice presuppose that a transgressor knows the law, but between the two there is one great and fundamental difference. Human justice is tempered by Christ's famous verdict, "Go in peace and sin no more." Nature, on the other hand, would seem to know nothing of the Christ; for every transgression she has her penalty, and in exacting her fine, she is remorseless and ruthless to the hilt. How necessary, therefore, that we should study her requirements in every particular, and carry them out to the letter, nay, to the very tittle and jot, if we would "that our days should be long in the land!"

Soapy Water as Inunction in Massage.

The German physicians connected with the large and magnificently equipped Sanatorium of the "Landesversicherung" or State insurance against chronic disease, belonging to the City of Berlin, in ordering massage, whether deep or superficial, use only oil or fatty inunctions for special reasons of local nutritive conditions, and otherwise, when this special nutrition is not of importance, they order soapy water to be used as an emollient. The masseurs like it, and find it very satisfactory, also much more cleanly than oil.

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