

Name.	Where trained.
1470 Miss L. M. Stoward, cert.	General Inf., Leeds.
1471 Miss Isabel Jones, Lady Supt.	West Kent Hospital, Maidstone.
1472 Miss M. Hope Scott, cert.	London Hosp.
1473 Miss A. Whiteman, cert.	Guy's Hosp.
1474 Miss S. O. Johnston, trained for	City of Dublin Nursing Inst.
1475 Miss L. F. Howitt, cert.	Noble's Hosp., Douglas.
1476 Miss E. M. Pickard, cert.	General Inf., Hertford.
1477 Miss M. P. Kelly, Q.N., cert.	the Inf., Birmingham.
1478 Miss A. E. Smith, cert.	Kimberley Hosp.
1479 Miss A. Lawson, cert.	Roy. Inf., Hull.
1480 Miss M. A. Franklin, cert.	Brownlow Hill Inf., Liverpool.
1481 Miss M. E. Chick, cert.	St. Mary's Hosp.
1482 Miss S. Bell, trained for	City of Dublin Nursing Inst.
1483 Miss L. K. Lowe, trained for	City of Dublin Nursing Inst.
1484 Miss L. E. Monaghan, trained for	City of Dublin Nursing Inst.
1485 Miss M. J. Rutter, cert.	Royal Inf., Derby.
1486 Miss M. H. E. Tattersall, cert.	Royal Infirmary, Liverpool.
1487 Miss E. M. Ambrose, cert.	St. Bartholomew's Hospital.
1488 Miss Lucy M. Culverwell, cert.	General Hospital, Bristol, Q.A.I.M.N.S.
1489 Miss Gwendolen Lees, cert.	Royal South Hants Hosp., Southampton.
1490 Miss B. Conway, cert.	Dr. Steevens' Hosp., Dublin.
1491 Miss Dorothea Webb, cert.	the Infirmary, Kidderminster.
1492 Miss E. Leech, cert.	Western Infirmary, Glasgow.
1493 Miss Harriet Hoare, cert.	University College Hosp.
1494 Miss Ada Manning, cert.	Lincoln County Hosp.
1495 Miss Edith M. Plomley, cert.	Sussex County Hosp., Brighton.
1496 Miss Emma Elliott, cert.	King's College Hosp.
1497 Miss Sarah Mullett, cert.	University Coll. Hosp.
1498 Miss M. Oak King, cert.	University College Hosp.
1499 Miss Gertrude E. Pole, cert.	Westminster Hospital.
1500 Miss Elizabeth Hodges Rowlatt, cert.	Royal Berkshire Hospital, Reading.
1501 Miss Frances Mildred Green, cert.	Leicester Infirmary.

Cars for Convalescents.

Miss Annesley Kenealy, Assistant Editor of *Motoring Illustrated*, is endeavouring to enlist the sympathies of men and women motorists to lend their cars occasionally to take delicate children, cripples, and convalescents for recuperative trips. The response in this country has been small, but the New York Club has taken up the idea with enthusiasm, and on June 7th will convey in members' cars some 10,000 orphan children to Coney Island for a day at the seaside. Miss Kenealy appeals to motorists in this country who are willing to give up their cars for one day to the cause of the children to communicate with her at 9, Arundel Street, Strand, W.C.

Practical Instruction in District Sick Cookery.

By Miss M. LOANE,

Superintendent of District Nurses, Portsmouth.

Sooner or later the problem of how best to obtain practical instruction in cooking for her probationers and younger nurses is presented to every district superintendent. There are obviously three courses open to her; she can send them to a cooking school, she can engage a lecturer, or she can undertake the work herself.

The first plan is not always practicable. Cooking schools are few, simple and suitable courses of lessons fewer still, and as the pupils have already been on foot for some hours in the morning, and must make another round in the evening, the added fatigue of a journey has to be considered.

The second plan has, at first sight, everything to recommend it; the syllabus can be drawn up by the Superintendent herself, the lecturer is accustomed to maintain the interest of her audience, and is thoroughly experienced as a demonstrator, and as a teacher a stranger has many advantages. But after giving it a fair trial, doubts and hesitations force their way into her mind. The presence of the lecturer has been a great disturbance in the kitchen, sadly interfering with the preparation of dinner or supper, and invariably putting the cook out of temper. The lecturer has generally proved quite intractable in the way of the complicated and expensive apparatus that she will insist on using, and in the quantity, if not the proportions, of many of the materials that she requires. The necessity of having the lesson on a fixed day and at a fixed hour, or else forfeiting it, has probably been very inconvenient, especially in small Homes, where the holiday or illness of a single nurse throws an appreciable amount of extra work on the remainder. Finally, too much has been attempted at each lesson for the Superintendent to have any confidence that it is sufficiently impressed on the pupils' memory, especially as they have all been allowed to maintain a purely passive attitude.

She is thus driven to the conclusion that she can do the work herself more practically, economically, and efficiently. Her experience among the poor will have shown her not only what is required, but the circumstances in which the work will have to be done, and she knows how useless it is to teach cooking as if gas-rings, double saucepans, hair sieves, &c., &c., were commonly to be found in every working-class dwelling, and she will make a point of reducing the *batterie de cuisine* to the probable contents of a cottage kitchen.

The economy begins by the saving of the lecturer's fee—no inconsiderable outlay if the income of the Home is a small one; but the saving by no means ends there. The Superintendent can make things

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