

Song of the Cheery Man.

The world is old and is ill, you say?
Then lay your hand to your work and right it!
The wind blows cold in the midst of May?
Then button your coat with a laugh and fight it!

The world is sad, and the world is old?
And yet 'tis the one we're bound to live in!
The days fall sick and the tales are told?
More room for a friendly hand to give in!

The world's amiss, and the world is sour?
More need of a gay heart's wholesome leaven!
The canker gnaws at the budding flower?
Yet the rose blows sweet to the face of heaven!

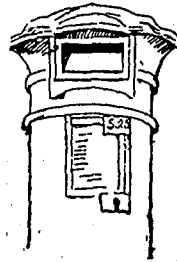
HALLIWELL SUTCLIFFE, *Westminster Gazette.*

What to Read.

- "Love's Journey." By Ethel Clifford.
"How Canada was Held for the Empire: the Story of the War of 1812." By James Hannay, D.C.L.
"Home Life in France." By Miss Betham-Edwards.
"Tragic Stories from Russia." Done into English by W. F. Harvey, M.A.
"Mr. Chippendale of Port Welcome." By Charles Fellows.
"Paris and the Social Revolution: A Study of the Revolutionary Element in the Various Classes of Parisian Life." By Alvan Francis Sanborn.
"The Morals of Marcus Ordeyne." By William J. Locke.

Coming Events.

- June 3rd.—Annual General Meeting of the Frieden-heim Hospital in the Hampstead Conservatoire, Eton Avenue, N. W.
June 5th.—Afternoon entertainment at Stafford House in aid of the Potteries Cripples Guild.
June 6th and 8th.—Select Committee on Nursing. Chairman, Mr. H. J. Tennant. House of Commons, Committee Room 17, 11.30 a.m.
June 7th.—Colonial Nursing Association. Annual Meeting, Sunderland House, 3.30; the Right Hon. Alfred Lyttelton, M.P., will speak.
June 8th.—Festival Dinner at Hôtel Cecil in aid of the Mount Vernon Hospital for Consumption, the Marquis of Zetland presiding.
June 15th.—Ascot Ball at Hotel Great Central in aid of the Victoria Hospital for Children.
June 23rd.—Meeting of the Matrons' Council of Great Britain and Ireland, Miss Isla Stewart, President, in the chair, 431, Oxford Street, W., 3.30 p.m. Tea and Coffee.
June 24th.—General Meeting of the League of St. Bartholomew's Hospital Nurses, at the Hospital, 2.30 p.m. Social gathering 4.30 p.m.
June 25th.—Hospital Sunday. His Majesty's Judges attend the Afternoon Service at St. Paul's Cathedral.



Letters to the Editor.

NOTES, QUERIES, &c.

Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not IN ANY WAY hold ourselves responsible for the opinions expressed by our correspondents.

THE USE OF STERILISED MILK.

To the Editor of the "*British Journal of Nursing.*"

DEAR MADAM,—I shall feel greatly indebted to you if you will kindly tell me how I can best enlighten a young mother as to the detrimental results of feeding her infant entirely on sterilised milk.—Believe me to be, yours truly,
"DANKBARKETT."

[It is well known that scurvy may be produced in infants by feeding them on sterilised milk, even in a modified form, and such a result was reported in *The British Medical Journal* as the result of sterilised milk supplied by a municipality. The value of sterilisation is that it undoubtedly reduces the risk of infective diseases, hence its favour in the eyes of municipal authorities who supply milk to the poor. But it is now suggested that actual freedom from bacteria is not always attained, in which case the so-called sterilisation certainly gives a false sense of security. One authority states that milk which has not been treated beyond a natural temperature is more easily digested and gives "greater vitality to the system," while sterilised milk, on the contrary, produces "soft muscles, a generally irregular development, and a weakened resistance to infectious disease." The difference is considered to be largely due to the destruction of soluble ferments of cows' milk, which takes place when it is heated to a high temperature.—Ed.]

RURAL NURSES' SALARIES.

To the Editor of the "*British Journal of Nursing.*"

DEAR MADAM,—As the question of rural nurses seems to agitate the aristocratic world, in relation to the registration of trained nurses, it would be well if the Select Committee saw the rural nurses' condition through other opinions than that of the committee ladies who employ them. How about their food? Many only have about 12s. a week to find themselves in everything; others less and "part board." I know many of these rural nurses do not get a sufficiency of nourishing food, and depend on scraps and contributions from patients and patrons. This is a radically wrong system, and should be enquired into and rectified. One witness states that "trained nurses" will not stay in rural districts. Certainly they will not at the starvation wages paid to untrained rural workers.

One patroness told me that the reason the wages were so low was because the labourers on her estate brought up their families on 11s. a week, and would resent the village nurse having more. How those are families brought up is another important question the Labour Party had better sift to its source.

Yours,
TRAINED DISTRICT NURSE,

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