Random Thoughts.

Beyond the East the sunrise, beyond the West the sea, And East and West the wander-thirst that will not let mo be;

It works in me like madness, dear, to bid me say goodbye;

- For the seas call and the stars call, and oh ! the call of the sky !

I know not where the white road runs, nor what the blue hills are,

But a man can have the Sun for friend, and for his guide a star,

And there's no end of voyaging when once the voice is heard,

For the river calls and the road calls, and oh ! the call of a bird.

Yonder the long horizon lies, and there by night and day

The old ships draw to home again, the young ships sail away ;

And come I may, but go I must, and if men ask you why,

You may put the blame on the stars and the Sun and the white road and the sky !

GERALD GOULD.

At heart we are all tramps. Bound by convention to our little or large brick houses, moored by a hundred invisible threads to our belongings, hedged round by circumstance and the stern necessity that drives us to our daily work, we pant and long for the freer life that lies always just beyond, "to take the road " mentally as well as physically. Each has his or her own call; for some it is the white road and the blue hills, for others the broad-stretching veldt or prairie, for others the racing screw and the wake of foam or the singing cordage; but it comes alike to all, the longing to be free of our chains, even if they are of silk, and to be off and away, to be for a short time not ourselves, but the other self we would like to be. It breaks out worst at holiday time, when the world can hardly contain us, and we hark back to our ancestral predilictions and make our bid for happiness once again according to our primitive instincts. What ancestor was it that gave us our longing for the mountains, who planted in us a desire so keen to scale them that we risk life and limb, to say nothing of our complexions, in the effort to crawl up them ?

What old Viking, who was restless and unbappy on land, has bequeathed us that thirst for the sea, that drives us to the shores if we can get no further and sends us out happy and beaming in wet, slimy, little fishing boats to trawl for mackerel, or racing in tiny yachts smothered in foam and wash, or, further still, pleasuring in the great steamers "on the long trail, the out trail, the trail that is always new "-----?

And who gave us that oldest, most primeval, and most general longing for the white road, the green turf, and blue sky? To wander from day to day along the road, or through the fields and forests, over downs and by river banks, sleeping in a fresh spot each night, happy, careless, and irresponsible, facing the rain and sun with indifference, one's belongings reduced to a minimum, finding out each day how little one really wants, freed for a short time from the terrible tyranny of "things."

Much has civilisation given us, but much it has taken from us. Think of the days when our ancestors lived, not in smoky towns, but always face to face with Nature and the unexpected. I have been staying lately on the Wiltshire downs; and on one height lay a British encampment with a fine view of miles of surrounding country, and in full sight of another camp on another down some Think of the glorious uncertainty six miles off. of their life. Fancy camp No. 1 signalling to camp No. 2, "Enemy in sight, make ready," and we all crushed and crowded behind our earthworks whilst the men folk polished up their flint weapons and thoughtfully placed a few rocks handy for us to roll on the foemens' heads. And then some people say civilisation has given us more interests in life! Could any interest equal that we should take in the question as to whether our houses would be still standing in the morning, and we with or without our heads? Even a charging motor is flat and tame compared to a charging Roman phalynx.

But we are their descendents, even if degenerate ones, and, therefore, when holiday times comes round, we shoulder our knapsacks, clasp our alpenstocks, or mount our bicycle, and become for the time being tramps and dwellers in the open. When I look back across a long nursing career, interspersed with the usual annual holidays, those holidays stand out most clearly and as having been most delightful which have satisfied in some form or another the go fever, to which I am periodically a prey.

One of the most delightful holidays I ever spent was on a walking tour over Dartmoor many years ago, before the advent of bicycles, with a knapsack and a friend; I mention the knapsack first because I had to carry that knapsack, whilst my friend walked on her own two legs. The very first day we lost ourselves trying to take a short cut somewhere to the south of the road leading from Holnes to Two Bridges, and floundered about in a dense mist on boggy moorland, and only found our way by luckily remembering that the watershed must be to the north. After that we lost ourselves frequently, never, I am happy to say, with disastrous results; but my note book is full of scraps like the following :-- "Started in morning to walk across: moor to Okehampton. Passed successfully through Braetor and Armtor, then of course the mist arose; hid the path, and all else. Floundered along vague cart track until we reached deserted peat works, and entered little hut. Soon after in came two peat workmen, who entertained us with strong, sweet; milkless tea and courtly and interesting conversa-



