

Appointments.

MATRONS.

Miss Mabel Fox has been appointed Matron of the Dulwich House Convalescent Home, Cardiff. She was trained at the Manchester Northern Hospital, and for over two years had charge of women's wards at the Sea Bathing Infirmary, Scarborough. She then held the position of Sister at the Children's Hospital, Nottingham, and for the last two years has been Sister of a surgical ward and in charge of the theatre at the Jenny Lind Hospital, Norwich.

Miss Annie E. Jorns has been appointed Nurse-Matron of the Victoria Memorial Jewish Hospital, Manchester. She was trained at the Guest Hospital, Dudley, and has held the position of Nurse-Matron at the Tipton Isolation Hospital, and of Staff Nurse at the hospital to which she has now been appointed Matron since its erection. She has also had experience in private nursing.

SUPERINTENDENT.

Miss Alice Mary Garratt has been appointed Superintendent of the Nurses' Home at Queen Charlotte's Hospital, N.W. She was trained at the Dulwich Infirmary, in which institution she has held the position of Sister. She has also been Home Sister at the Bethnal Green Infirmary. She at present holds the position of House-keeping Sister at University College Hospital.

WARD SISTERS.

Miss Mary McNicol has been appointed Ward Sister at the Shoreditch Infirmary. She was trained at the Western Infirmary, Glasgow, where she subsequently held the position of Ward Sister. She has also held a similar position at the Bellefield Sanatorium, Lanark, N.B.

Miss Elizabeth Mercer has been appointed Ward Sister at the Shoreditch Infirmary. She was trained in general nursing at the Nottingham General Hospital, and in midwifery at the Royal Maternity Hospital, Edinburgh, and has held the position of Charge Nurse at the Grove Hospital, Tooting.

Mrs. Mary E. Byrne has been appointed Sister at the Basford Isolation Hospital, Nottingham. She was trained for three years at the Shoreditch Infirmary, where she has since held the position of Staff Nurse.

Miss Margaret A. Gordon has been appointed Sister at the Corporation Infectious Hospital, Bootle. She was trained at the Royal Infirmary, Edinburgh, and has held the position of Staff Nurse at the Fever Hospital in the same city, and of Night Sister at the Fever Hospital, Newcastle-on-Tyne.

The Home Nursing of Pulmonary Tuberculosis.

By Miss A. E. WINDSOR.

It needs the most painstaking and intelligent adaptation to render every-day dwelling conditions suitable to the phthisical patient. The doctor lays down the rule of treatment, but the co-operation of an intelligent mind and thorough knowledge of what is commonly called "The Open Air Cure" would be invaluable to the busy general practitioner. It may be taken for granted the position will be one of straitened means. For the wealthy there need be no discussion as to ways, there are so many available. But for people of moderate means the difficulties are very great. What are the essentials, then, of an open-air cure? 1. Air; 2. Rest and Diet; 3. The Prevention of Risk to Others.

Air.—Here we meet our first difficulty. Builders are not yet enlightened people, and houses usually exclude as much air as they can. However, the largest, sunniest, best ventilated room in the house should be chosen. The existing windows may be altered at very little expense, and made to open outwards on one frame, after sanatorium pattern. A small wooden platform in front of a French window would be an enormous comfort, and not such a very great expense. A solution of the housing difficulty may lie in the "revolving shelter," not such a terrible expense as at first sight it may appear. The revolving gear may be obtained from the originators, Bolton and Paul, of Norwich, or slightly cheaper, from Wynch, of Ipswich. Upon the gear, which costs about 30s., the local carpenter could erect a small wooden house, with sliding shutters all round, for about £9 or £10—thus the entire expense need not exceed £12. If the patient needs a nurse in close attendance, however, the disadvantages are obvious, viz.—her sleeping accommodation, and the weather. So to return to our large sunny room, to make the best of that.

Having got your south aspect and big windows the interior is the next matter. Turn out any big heavy curtains or thick carpets. A stained and varnished floor with a few bright rugs for choice. Keep just as little furniture in it as is compatible with comfort. Avoid a bare ugly look, remember the poor patient may have to live there for months together, but be ruthless over stuffy appurtenances that are unnecessary. Ferns, flowers, oriental rugs can do a great deal in a sunny room. If the fireplace is tiled so much the better, and the

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