

phyllin obtained. There are cases—of hemiplegia and paraplegia especially—where the weekly administration of a moderate dose of calomel or podophyllin will go far to save the patient from the dangers of auto-intoxication, as I have frequently had occasion to prove.

4. "Yes, yes, give him an aperient, nurse," and the doctor goes on his way. And then?

In the first place you must differentiate between private patients and hospital patients. The latter will as a general rule tolerate a far larger dose. But in either case it is the nurse's duty to observe for herself what is best suited to her patient's needs. She should also know how long each medicine will take to act as a general rule, and shortly in the individual case also. She will learn not to give castor oil at night, to act as a sure disturber of her patient's rest. Cascara, calomel, rhubarb, or compound colocynth pill, on the other hand, will not act until the following morning. Senna mixture, sulphate of magnesia, jalap, with the effervescent alkalies are best given early, and all but the first named with at least half a pint of water.

In cases of hæmorrhoids she will not give an aloes pill, nor a compound colocynth pill, which contains aloes. She will be resourceful and will recollect that massage, especially along the course of the colon in the direction of the peristaltic wave, will help to cure a case of obstinate constipation. She will give an enema, where aperients have failed, and in giving it will often have to recollect to first clear the rectum of scybala. She will know that a glycerine injection, an olive oil enema, a turpentine enema, and a starch and opium enema, all have their special uses. If castor oil and other draughts cause vomiting, she will produce pills and tabloids. She will never be dismayed, but out of a long experience will attain her end.

It is impossible to do more within the limits of one short paper than indicate possibilities. Experience and observation will prove the truest teachers.

A. Lucy.

The Examination of the British Gynæcological Society.

We learn that the British Gynæcological Society has decided to discontinue its examination in gynæcological nursing, the reason being that as it is amalgamating with other medical societies, it is legally advised that it cannot act independently as an examining body. Those nurses who possess the Society's certificate are to be congratulated on holding so valuable a proof of their competence in an important branch of nursing.

Our Guinea Puzzle Prize.

We have pleasure in announcing that our Guinea Puzzle Prize for February has been won by Miss A. S. Tovey, The Retreat, York.

KEY TO PUZZLES.

- No. 1. Panopeton.
P-an'-O Pepton.
- No. 2. Southall's Towels.
South all S tow LLL.
- No. 3. Sanitas Fluid.
S. A. knit ass flue ID.
- No. 4. Allenbury's Food.
All N buries food.

The following competitors have solved the puzzles correctly:—

Miss Walker, Southport; Miss L. Plummer, Swadlincote; Miss Lee, Southport; Miss A. F. Muller, Boxmoor; Miss E. M. Dickson, Portishead; Miss E. M. Tillell, High Wycombe; Miss Fraser, Nairn; Miss C. Last, Durham; Miss A. Jones, Dolgelly; Miss E. E. Fowler, London, W.; Miss O'Connor, Waterford; Mrs. Taylor, Southsea; Miss G. Lawson, Edinburgh; Miss Bee, Wragley; Miss A. E. Rider, London, W.; Mrs. E. Thomas, Shrewsbury; Miss K. Eckersley, Middlesbrough; Miss Rose, Glasgow; Nurse Eliza, Middlesbrough; Miss E. G. B. Wright, Preston; Miss K. Dempsey, Faversham; Miss L. Kainel, Thornton Heath; Miss E. C. Crook, Norwich; Miss F. Lawrie, Rhyl; Miss Wood, Seacombe; Miss Davies, Liverpool; Miss Mathew, Dublin; Miss Wood, Ballinassig; Miss E. S. Sills, Barrowby; Miss E. Dinnie, West Malling; Miss Rhodes, Whitehaven; Miss C. Frost, Boston; Miss A. Crosbie, Dundee; Miss E. Gregory, Seacroft; Miss N. Longley, York; Miss J. M. Smith, Nottingham; Miss R. Ewbank, W. Bournemouth; Miss M. A. Taylor, Penge; Miss C. Mason, London, E.C.; Miss S. S. Sherring, Birmingham; Miss M. A. Watkins, Newcastle; Miss M. Parry, Maida Vale; Miss O'Donnell, Belfast; Miss R. Mostyn, Cardiff; Miss M. Sutton, Birkdale; Miss M. Deverill, Birkdale; Miss H. Dibben, Lynton; Miss M. Coster, Ilfracombe; Mrs. Fenning, Durham; Miss M. W. Davis, Nottingham; Mrs. Bridges, Brighton; Mrs. Shoesmith, Durham; Miss Davies, Reading; Mrs. Morrison, Leicester; Mrs. S. Longley, East Grinstead; Miss Egleston, Hampstead; Miss E. C. Evans, Leicester; Miss Forsyth, Inverness; Miss S. Mollison, Edinburgh; Miss M. Modlin, Brixton; Miss L. Law, London, E.; Miss A. M. Roberts, South Petherton; Mrs. Etheridge, W. Kensington; Miss L. Lewis, Malvern; Miss F. Clapp, Bournemouth; Miss E. F. Ewbank, Biggleswade; Miss H. E. Grover, Bournemouth; Miss M. C. Beavan, Swanage; Miss E. Reynolds, Castle Eden; Miss F. Sheppard, Broadstairs; Miss G. Mackenzie, North Berwick; Miss A. Stone, Crawley; Mrs. Arthur, Slough; Miss Stringer, Hampstead; Mrs. Hosie, London, S.W.; Miss E. McLernon, Maidstone; Miss Harrington, Dublin; Miss H. C. Wells, Sidcup; Miss C. Cooper, Aberdeen; Miss Mayor, London, W.

The new set of puzzles will be found on Page viii. The rules remain the same.

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