

extent, muscular exercises also. These are provided for in a special room. The patients' bedrooms are almost all window, are absolutely simple, and may contain as many as four patients but not more. On each little bedside table stands a large bowl with a folded towel in cold water, and upon rising, before any clothing is put on, certain "wet frictions" are performed.

While on the tuberculosis side the conveniences for hydrotherapy seem lavish, they are insignificant compared with the other side, where an entire enormous pavilion, more stately and imposing than the houses of many princes, is devoted entirely to baths and muscular exercises. Besides every form of water treatment there are the hot-air baths and the electric and the blue-light baths in wooden cases, with the head only emerging from an opening, and the plunge baths, and the mud baths. These most unattractive looking baths are excellent for rheumatism and are lavishly used in spite of their cost, which as the mud is never used twice even for the same patient, is about seventy-five cents a bath. A great deal of massage is given, and in many cases instead of an oily lubricant, soap and water is used to lubricate. Oil is now only used in massage if the doctors order it specially. Finally, there is an immense hall with outfit of the Zander Swedish apparatus, such as I have seen at home only in expensive private sanatoria like Battle Creek.\*

The food in Beelitz is abundant and of the best quality. The nursing is supervised by fully-trained nurses, who have under them men and women attendants, and there is a trained Matron or Oberlin at the head. It is in keeping with the whole character of the place that the nurses and attendants are well lodged and cared for, have generous salaries (for Germany unusually so), proper time for rest, and are not overworked. They wear very trim and pretty uniforms, the nurses blue with their hospital cap, the attendants pink without a cap, the men a seersucker.

We had coffee and cake in the cheerful little sitting-room of one head nurse, and a delicious supper of eggs and cold meat and salads in the private dining-room of another. We spent half a day in seeing the place, and should have had a whole day. We visited the Matron, who was a Victoria House Sister, but saw no doctors, who have their own separate little villas on the grounds. The whole thing was a revelation, and it would be hard to think of a detail in which it could be improved.

\* The Massachusetts General Hospital has a very complete "Zander" outfit.—Ed.

## Society for the State Registration of Trained Nurses.

### ANNUAL MEETING.

The fourth annual meeting of the Society for the State Registration of Trained Nurses was held at 11, Chandos Street, Cavendish Square, on Friday, May 4th. It was a very great pleasure to the members that their President, Miss Louisa Stevenson, L.L.D., was able to be present and preside, which she did with all the ability and charm, which invariably characterise her discharge of the duties of chairman.

Amongst those present were Miss Isla Stewart, Senior Vice-President; Lady Roberts-Austen, Miss E. S. Haldane (Chairman Scottish Registration Committee), and Miss Mary Burr, Vice-Presidents; Lady Hermione Blackwood, President Ulster Branch Irish Nurses' Association; Miss Sidney Browne, R.R.C.; Miss Helen Pearse, Matron Great Northern Hospital; Miss E. M. Roberts; Miss K. E. Barling, New Hospital for Women; Miss Carpenter-Turner, Royal Hants County Hospital, Winchester; Miss J. F. Ballantyne, Fulham Infirmary, Hammersmith; Miss Marquardt, Camberwell Infirmary; Miss J. A. Smith, Kingston Infirmary; Miss E. M. Bann, Brook Fever Hospital; Miss C. A. Barling, Ilford Fever Hospital; Miss Helen Todd, Royal National Sanatorium, Bournemouth; Miss S. Cartwright, Registered Nurses' Society, and many others.

The Hon. Secretary, Mrs. Bedford Fenwick, having read the notice convening the meeting, and the minutes of the last annual meeting, which were confirmed, the President gave the following address:

### ADDRESS OF PRESIDENT.

Miss Stevenson, who was very warmly received, said that she owed an apology for not giving an address more worthy of the occasion, but it was only that morning that she knew it would be in her power to be present. The Annual Report would put the members in possession of all that had happened during the year, so it was hardly necessary to take up the time of the meeting with details, but she must again congratulate the members on the very decided progress which had been made since last year, notably in the adoption of a unanimous Report in favour of the State Registration of Trained Nurses by the Select Committee of the House of Commons.

Miss Stevenson said that she for one was a little afraid lest there should be a too small number of nurse members on the General Nursing Council. Every Matron, and every nurse, knew that occasions constantly arose on

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