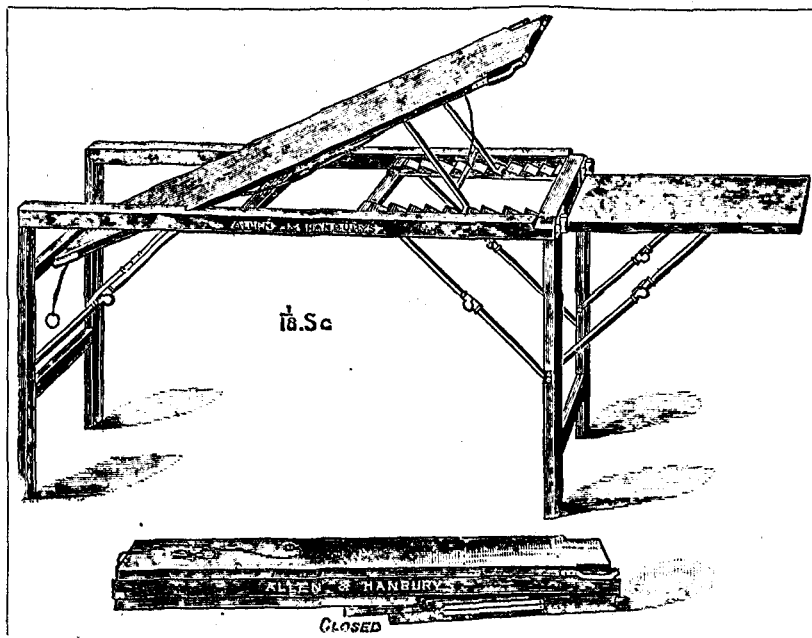


**Practical Points.**

**The "Lynn Thomas" Portable Operation Table.**

This is the most rigid form of portable operating table made. This is a great advantage, as it is generally found to be almost impossible to make a portable table perfectly firm. Other advantages of the "Lynn Thomas" table are: That it opens and shuts automatically, there being no bolts or screws required to fix it; when the table is open the stays are straight, when it is folded the stays are bent. The Trendelenberg position is obtainable, even to an almost vertical degree, and this angle is automatically fixed as required by the operator and released by the anaesthetist. These tables cost £5 15s. 6d. Leg stirrups of steel, nickel-plated and sterilisable foot supports are 15s. 6d. per pair extra. In Nursing Homes these tables are most useful, and also folded in a strong brown canvas water-proof case they are most portable in a cab or motor-car.

This table, made by Messrs. Allen and Hanbury, of Wigmore Street, W., is made of polished oak and fitted with brass stays. It possesses many recent improvements, and it is



THE "LYNN THOMAS" PORTABLE OPERATION TABLE.

**Useful Form of Applying External Cold in Fever.**

available, either on account of proper apparatus not being at hand or through enfeebled circulation or some other cause. In these cases the use of the sprinkle or whiskey bath will frequently prove of service. In using this measure the patient is laid upon a rubber sheet covered with an ordinary sheet and over him is laid a single sheet. The operator with an ordinary whisk broom, which is dipped in a bucket of tepid or cool water, throws a sprinkle against the sheet covering the body

Frequently says the *Therapeutic Review*, in the treatment of prolonged fevers, such as typhoid, where it becomes necessary to reduce the temperature, the cold bath is not

with considerable force. As the result of this there is a local stimulant influence of the forcible impact, while the evaporation of the water effectually lowers the bodily temperature. We have used this method in a number of cases with very happy results. It is much less disagreeable to the patient than either the cold bath or sponging, and, although not quite so efficient as the tub, has in our experience proved more effectual in reducing the fever than the sponge bath. Moreover, it does not require elaborate apparatus, which is not to be had in every household. From a half to a gallon of water should be used in one bath, the process occupying from fifteen to thirty minutes for its fulfilment.

**Relief from Flies and Mosquitoes.**

It is not known, perhaps, to all nurses that flies and mosquitoes hate the smell of lavender. Sleep has been secured for a fly-tormented patient in the following simple way:— Pour into an atomiser a teaspoonful of oil of lavender, add to this as much alcohol as will make a saturated solution. Lightly spray a pillow with this and place it under the patient's head. If the flies are very bad cover the eyes and nose, and spray hair, night dress,

and bed clothes. Not a fly will come around while the odour is perceptible.

**To Treat Convulsions in Young Children.**

If the child is still in the throes of the convulsions when you arrive, the first thought that comes to your mind is, what is to be done to ease the child and also the minds of the friends and anxious parents? It is customary and beneficial to put the child into a warm bath, with or without mustard in it, or into a mustard pack, which has the advantage of requiring less movement of the patient. In preparing the mustard pack, mix thoroughly a tablespoonful of mustard in a quart of warm water, dip into it a towel, and wrap this around the infant; cover it with a blanket and leave it on for ten or fifteen minutes.

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