Tropical Nurse.-It has been conclusively proved that yellow fever is not conveyed by means As an experiment on this of infected clothes. point, healthy people have worn linen soiled with the vomit, urine, and fæces of yellow fever patients, and have remained in excellent health. On the other hand, infection has been readily conveyed to healthy persons by the bite of mosquitos of the class stegomyia fasciata, previously fed on a typical yellow fever patient. This mosquito is now regarded as the conveyer of the infection of yellow fever.

Enquirer.-It is certain not only that any healthy woman can undergo training as a nurse without the use of stimulants as a daily beverage, but that she is much better without them, if only for the reason that in the course of her nursing career she will work in houses where they are not provided, and it is much better to be independent of luxuries which are not always attainable. Matron.—It is always a great advantage to

nurses to be able to obtain their midwifery training, and if you are able to arrange it, it will certainly increase the value and popularity of your training school. An obstetric ward—apart from the general wards (the arrangements at Kensington Infirmary are a good example)-will suffice for giving the first instruction in this branch, and also for the reception of such cases as it may be found desirable to admit as in-patients. The pupils can obtain most of their training in the houses of the patients in the surrounding district, if a system of district midwifery is organised.

## PARIS CONFERENCE.

J.H., Trafalgar Square, C.S., Liverpool.-You must decide now if you wish to join party, as the rooms have been taken, and cannot be kept vacant. Nearly all have been secured.

To those who want to know if they can return by another route, the answer is No, but the ticket is available on dates other than 24th June, so that the stay in Paris can be prolonged if necessary.

Sister M .- The party will be divided at Paris between two hotels near to one another, as it is difficult to get so many single rooms at one hotel in a central position for so large a party for one week. Friends can arrange to go to the same hotel.

A.T.O., London, and others.-Many ladies are going to Paris by various routes, making their own arrangements. Hôtel de Calais, Rue des Capucines, is very central, and costs about 12 francs a day; Hôtel Montaigne, 28, Rue Montaigne, very comfortable, about same price. Arrangements must be made beforehand for June, and if single bedrooms are required the arrangement ought to be made in writing.

Several enquiries have been made about clothes. Everyone present will, of course, please herself, and wear uniform or ordinary dress. The former saves time and trouble for those who have it.

## Motices.

THE PARIS CONFERENCE TERMS FOR PARTY

OF THIRTY. For a party of not less than 30 passengers to travel as follows :--- Leave London by day service, via Dieppe, to Paris, on Monday, June 17th, accommodation to commence with dinner at the hotel on arrival in Paris.

Monday, June 24th.—Accommodation to cease with breakfast; party to travel by day service to London, via Dieppe, travel tickets 2nd class (first class, if required, on boat extra).

Comfortable hotel accommodation, consisting of plain breakfast, lunch, and dinner, bedroom lights, and service, transfer between station and hotel in Paris, and the services of one of Messrs. Cook's representatives from London until arrival at Paris. Fare £5 2s. 6d. for each passenger.

Thus members of this party will provide their own food on the journeys, and pay excess on boat if they wish to travel first class.

Very few tickets now remain unsold. Apply to Miss Breay, 431, Oxford Street, London, W.

THE SOCIETY FOR THE STATE REGISTRA-TION OF TRAINED NURSES. Those interested in the efficient organisation of

nursing should procure the Annual Report of the Scciety for the State Registration of Trained Nurses from the Hon. Secretary. Six copies, post free, 7d., or one copy 1<sup>1</sup>/<sub>2</sub>d. OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page xii.

## Food Does 7t.

## CURIOUS HOW RIGHT FOOD REBUILDS BODY.

The benefits of the good red blood made by Grape-Nuts food is described in a letter from one who personally tested it :-

"I was for years sadly afflicted with hemorrhoids caused by constipation, which was the result of eating food not adapted to the needs of the body under certain conditions. My trouble extended to rectal hemorrhoids, which greatly reduced my strength. A surgical operation gave me no relief, and I was compelled finally to quit business.

"Luckily, just when things were looking the blackest, someone recommended Grape-Nuts food as a desirable article of diet, and I began (Dec. 1903) its use, and in a few months it brought my health back to me.

"The action of my bowels is free and regular now, and this has brought relief from the hemorrhoids. At the same time a neurotic trouble, which had been growing on me, and which the doctors could never do anything with, has also disappeared. All this return to health I am free to say I owe to Grape-Nuts food." Name given by Grape-Nuts Co., Ltd., 66, Shoe Lane, London, E.C.

There's a reason.

Read the little book, "The Road to Wellville," in each packet .-- ADVT.



