

family or for friends; 34 Sisters took different examinations; 232 nurses were ill on 10,895 days, 21 of them with appendicitis. Twelve of them were operated upon with good effect. One died soon after the operation, as it was done too late, the first doctor called in during the night diagnosing the severe pain as "hysteria." Another Sister was very ill with heart disease for almost a year and died.

Ninety-seven of the Sisters work in foreign countries, and a good many nurses from Holland, Denmark, France, England, Russia, and Switzerland come for a while to work in German hospitals, and find it very helpful to belong to the G.N.A., and to feel they have friends in the strange country. They find all their own Journals in the nice reading room of the office, and whenever they choose to come a kind welcome to. The third Christmas Day all those who were in Berlin had a nice afternoon tea under the Christmas tree.

GERMANIA.

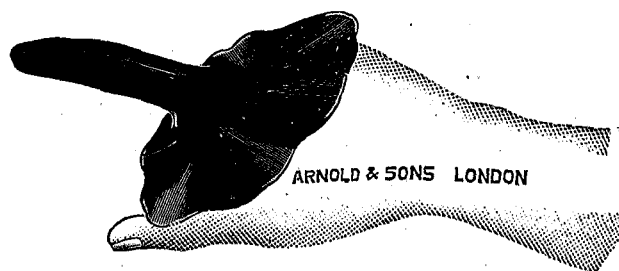
We congratulate the German Nurses' Association upon the completeness of its office arrangements. This central organisation seems to be much more effective and thorough than anything which we have in this country. Had the Royal British Nurses' Association remained true to its foundation principles, and fulfilled its destiny, we should, no doubt, have had by now a flourishing and useful professional bureau in connection with it, but the anti-registration policy adopted in the past by the medical honorary officers, and their attempts to intimidate nurse members who were not in agreement with them alienated its most loyal supporters, and sounded the death knell of the prestige which it formerly enjoyed.

A great piece of good fortune—good fortune thoroughly earned by the hard work of its members—has befallen the German Nurses' Association by its incorporation, and the President, Sister Agnes Karll, is greatly to be congratulated on this tangible result of all her efforts on its behalf. It is very rare for any association in Germany, not founded by those in high places, to attain to the dignity of incorporation so early in its existence, and it is the only society of women which has done so, so German nurses have every reason to be proud of their "won battle." The Association can now receive the legacy of 8,000 marks above referred to, which it would otherwise have lost, and its intrepid President is endeavouring to secure 60,000 marks which was left to it last year, but which, as it was not then incorporated, it could not receive.

## Practical Points.

An inexpensive and efficient aspirator may, says the *Medical Review of Reviews*, be devised as follows: A five-pint bottle is fitted with a rubber cork, through which passes a glass tube to which is attached an aspirating needle. When wanted for use, 3 drachms of alcohol are poured into the bottle, and the bottle is rotated and tilted so that the fluid will wet every portion of the bottle; the excess is then poured out. The alcohol is then ignited, and as the flame reaches the bottom of the bottle, the cork is inserted, and the rubber tube is clamped across with a pair of hæmostatic forceps. This furnishes sufficient vacuum to aspirate any safe amount of fluid.

We have pleasure in drawing attention to a very useful finger stall, with petticoat shield, made by Arnold and Sons, 26, West Smithfield, E.C. It should prove a boon to obstetric and gynaecological



nurses, and the cost is only 1s., which is within the means of many who might hesitate to use rubber gloves constantly. We are informed by Messrs. Arnold that the finger stall has evidently met a want as the demand for it is unprecedented.

Eggs as Food and Otherwise.

Infants, says the *Dietetic and Hygienic Gazette*, often will thrive on white of egg, mixed with water and a little sugar of milk with sometimes milk added, when they cannot digest other food of any kind. In invalids, when it is desired to increase the albumen content of the food, when there is gastric intolerance of other foods, or in case of dysentery, the white of egg will be found an invaluable aid to nourishment. Salt and lemon juice may be added to taste. When egg albumen is thus administered the mixture should be allowed to stand for a short time and then strained to remove any deposit. Eggs are also useful for other purposes than for food. For burns and scalds there is nothing more soothing than the white of egg spread over the wound. It is preferable to collodion or oil of any kind, and easily obtained. It protects the wound from the air, which causes extreme discomfort, and allays the smarting pain.

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