

Practical Points.

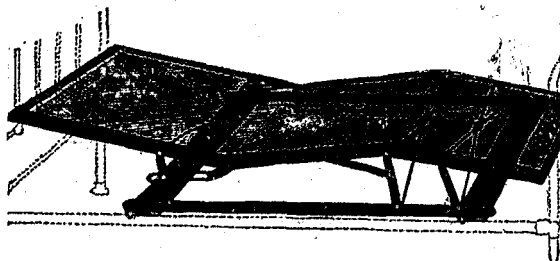
The Treatment of Paris Academy of Medicine, Nail Biting.

At a recent meeting of the Paris Academy of Medicine, M. Didsbury, as reported in the *Lancet*, said that the treatment of nail biting was a source of difficulty. Instead of protecting the nail, as has hitherto been the practice, he thought that it was better to prevent complete closing of the teeth (*desarmer la dent en relevant l'articulation*). He showed an appliance which served this purpose; it fitted the lower molars, and was fastened behind the front teeth. Other methods consisted in the use of a gold cap fixed to one molar tooth, a false tooth purposely made too long, or an apparatus removable at meal times which seemed to be the best of all.

The Equipoise Mattress.

The Equipoise wire mattress will change position by volition, on the Equipoise system. It may be placed on any bedstead of the ordinary type, like the usual wire mattress, and can be used in the horizontal position in the ordinary way, but when the user requires to change his position either for meals, reading, etc., all that is required is that a catch be lifted by either user or attendant, and the patient bends his body, and, without the least effort gains the desired pose. This change of position at will constitutes rest, and has never before been attained without a great deal of effort on the part of the user or the attendant, in adjusting various mechanisms.

This mattress works automatically. As the head and back part rises the seat falls, but the knees



remain in the original position. This inclination of the thighs prevents slipping forward (as in other beds when a head rest or pillows are used), and gives increased comfort and support to the body. The lower leg part may be set to remain level or to rise and fall in unison with the back. Nothing can be more comfortable than when used in this way, as every pose is a natural one. The frame is of angle steel, locking clutch, brass bearings, brass domed nuts, and polished wood base. It folds flat for transit.

The cost of this wonderfully useful article is only four guineas in the 3ft. size and 6 guineas in the 4ft. 6in. size.

Appointments.

MATRONS.

Royal Infirmary, Glasgow.—Miss Melrose has been appointed Matron, in succession to Mrs. Strong, who has held the appointment for 22 years. Miss Melrose, who, since the retirement of Mrs. Strong, has been discharging the duties of the position, was trained at the Royal Infirmary, in which she has held various positions for the past 20 years.

SISTERS.

Ancoats Hospital, Manchester.—Miss G. Halstead has been appointed Theatre Sister. She was trained at the Huddersfield Infirmary, has been engaged in private nursing on the staff of the Brighton and Hove Hospital for Women, and has also held the position of Night Sister at the Chichester Infirmary.

Government Hospital, Penang, Straits Settlements.—Miss F. M. Sutton has been appointed Sister. She was trained at St. Olave's Infirmary, Rotherhithe, London, and has gained experience in private nursing at Bournemouth and in London. Miss Sutton is a certified midwife.

NIGHT SUPERINTENDENT.

Norfolk and Norwich Hospital, Norwich.—Miss Alice S. Marshall has been appointed Night Superintendent. She was trained at the General Hospital, Birmingham, and has held the position of Sister in that hospital, and also at the Jenny Lind Infirmary, Norwich.

HEALTH VISITOR.

Reading Health Society.—Miss Edith Chapman has been appointed Health Visitor. She was trained at Addenbrooke's Hospital, Cambridge, and has held the position of Home Sister at the Victoria Park Hospital, E., and of Sister at the Norfolk and Norwich Hospital. For the last four months she has held the position of Health Visitor at South Croydon under the Medical Officer of Health.

CHARGE NURSES.

Dundee Poor House Hospital.—Miss E. Mann has been appointed Charge Nurse. She was trained at Stobhill Hospital, Glasgow.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

The undermentioned ladies have been appointed Staff Nurses (provisionally): Miss Grace MacDonald Bennet and Miss Elizabeth Ann Rutherford.

QUEEN VICTORIA'S JUBILEE INSTITUTE FOR NURSES.

Transfers and Appointments.—Miss Mildred Dunn, to Manchester, Ardwick Home; Miss Maria J. Gaudie, to Hull; Miss Sarah Jones, to Festiniog; Miss Alice Pennington, to Exmouth (temp.); Miss Fanny Robinson, to Woolton; Miss Florence J. Sharpe, to Wetherby (temp.); Miss Emily G. Tindle, to Norton.

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