

## Invalid Cookery.

One of the features of the Universal Cookery and Food Exhibition, at the Royal Horticultural Hall, Westminster, is the Invalid Tray section, in which Nurses from various Metropolitan Hospitals enter as competitors. This year Nurses in the following hospitals competed:—The London Hospital (10), Charing Cross (6), Guy's (7), and Westminster (6). The trays looked very dainty and tempting, and though on some the food was rather overloaded, the difference in this respect between this year and last was very marked, and on most, small portions of food, appetisingly presented, were served. Another marked improvement was that the trays were not over-decorated, as most of them were last year, and they looked charming, with a few flowers on each in a single vase. Chrysanthemums were a very favourite flower, golden and red forming an effective contrast, while a Charing Cross Nurse had arranged three crimson roses in a slender glass with excellent effect. The special silver medal, with a money prize of 10s., was won by Miss N. Sparks, of the London Hospital.

*Silver Medals* were also won by Miss N. Pardie and Miss E. Smith (London Hospital), Miss S. Lemboltz (Guy's Hospital), Miss S. Searle and Miss C. Culne (Westminster Hospital), and Miss Beatrice Case and Miss Amy Wilcox (Charing Cross).

*Bronze Medals* were awarded to Miss E. Skinner and Miss E. Bell (Guy's Hospital), Miss A. Hill and Miss A. Howson (Westminster Hospital), Miss H. Wells and Miss M. Hale (London Hospital), and Miss A. M. Hudson (Charing Cross), who arranged her exhibits on a drawn thread tray cloth of gossamer-like fineness, which was her own handiwork.

*Certificates of Merit* were awarded to Miss G. White and Miss M. Elkins (Guy's Hospital), Miss W. Jenkins and Miss M. Taunton (London Hospital), Miss Gertrude Morris (Charing Cross), and a Westminster Hospital Nurse.

Amongst the awards made at the Cookery Exhibition, Borwick's Baking Powder obtained a Gold Medal for purity and excellence of quality. This baking powder we well remember as the stand-by of those who wished for light cakes and pastry in our childish days; it is, indeed, a household name wherever the British language is spoken, and it is clear from the honour just bestowed upon it by so expert a body as the Committee of the Cookery and Food Association that its high standard of reliability is still maintained.

## Reflections.

FROM A BOARD ROOM MIRROR.



The Wandsworth Ratepayers' Association are very much up in arms against the proposed erection of a new Infirmary at St. James's Road, estimated to cost over £100,000. But the fact is that there is an excess of inmates over the certified accommodation at the infirmary, and something must be done.

The rateable value of Battersea is £1,064,000, and of Wandsworth two millions. The increase in Wandsworth last year was £69,500, and in Battersea £7,700. Wandsworth subscribed about two-thirds of the money required by the Union and Battersea one-third. Four years ago a Local Government Board inquiry was held as to the division of the Union, and it was held that in course of time division would be necessary, but was not likely to be the case for eight or ten years. The Local Government Board has full power to divide the Union to-morrow. The ratepayers of Wandsworth consider it unfair to have to provide two-thirds of the money for a new infirmary to be built in Battersea unless they have some guarantee that their share will be properly protected.

Thirty years ago the Birmingham Hospital Saturday Fund amounted to £3,124, and this year the magnificent sum of £20,007 has been collected. The City charities are greatly indebted to the officials of the fund. Over 28,000 patients, men, women, and children, have passed during the year through the convalescent homes established by the fund. The movement has this year succeeded in raising in Birmingham more than the combined totals of similar efforts in Manchester, Liverpool, and Leeds. This is a triumph indeed.

An interesting ceremony took place last week at the Essex and Colchester Hospital, where a number of children each laid a brick representing a sum of money, given or collected by them towards the cost of the new children's ward, which is in course of erection.

At the recent London Medical Exhibition Stephen Smith and Co., Ltd., of Bow, London, E., had a very attractive stand, on which were displayed Hall's Wine, which is well known and frequently prescribed for its value as a tonic stimulant, and their Liebig's Meat and Malt Wine, a combination, as the name indicates, of Lemco and a delicate port with a small percentage of malt, which forms a most palatable beverage, valuable for its nourishing and flesh-forming qualities.

At a recent meeting at the Rotunda Hospital, Dublin, a letter was read from the Hon. Secretary to the Trustees of the Pembroke Irish Charities Fund, enclosing a cheque for £500 to be used for endowing two beds in the hospital, to be named the "Gertrude Countess of Pembroke" beds. A cordial vote of thanks was proposed by Dr. Purefoy, seconded by the Master, and passed unanimously.

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