

## Union of Sanitary Authorities.

The representatives of eighty sanitary authorities in various parts of the country met in conference at Caxton Hall, Westminster, recently, under the presidency of Alderman H. N. Newton, of Newcastle-on-Tyne, and decided on the establishment of a union of sanitary authorities, with a view to securing harmony of interest and uniformity of action on matters relating to the public health. The objects of the organisation are to stimulate and concentrate effort for the purpose of effecting sanitary reforms; to promote the study of practical hygiene, and to consider, and, if possible, remove, the conditions whereby disease is liable to be caused to man.

## The King's College Hospital Book of Cooking Recipes.

"The King's College Hospital Book of Cooking Recipes," which is published in aid of the Fund for the removal of King's College Hospital to South London, should have a popular future. It contains an excellent collection of recipes, many of which are old family ones, which have never before been printed, contributed by friends of the hospital. At the end of each department are blank leaves for additional recipes. The book is tastefully bound in a blue and red cover with black lettering. It is published by Longmans, Green, and Co., Paternoster Row, E.C. Everyone should invest in it, as it is not only a good shillingsworth, but is helping on an excellent object.

## An Indispensable Material.

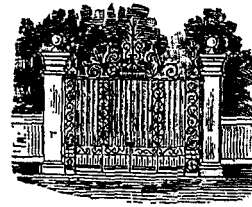
"Viyella" is now so indispensable a material that the only wonder is that we ever did without it. For blouses, dressing-gowns, and night-dresses it is the cosiest material possible. It is ideal for pyjamas, and it has the great merit that while it is both warm to wear and dainty in appearance, it does not disappoint us by shrinking the first time it is washed, as so many flannels are apt to do. Some excellent patterns are now being shown in the clan tartans which would be very suitable for ladies' shirts at the present season. Viyella garments may be obtained through all the leading drapers and outfitters in the kingdom.

## The Value of Oxo.

Everyone has heard of those hardy swimmers who, notwithstanding snow, hail, or fog, go down to the Serpentine every morning and disport themselves in the lake while the many of us are still asleep. After their dip Oxo is a favourite drink, on account of the splendid warmth and invigoration it creates. Just at present an event known as the Oxo Competition is being held every Wednesday morning. Upwards of 40 competitors are taking part in it.

## Outside the Gates.

### WOMEN.



The Earl of Lytton presided at the meeting held at the Caxton Hall, London, to inaugurate an organisation for eugenic and moral education. The objects are (1) to impress on parents and teachers the necessity of bringing up the children committed to their care in a pure and simple knowledge of the moral and physical laws which govern life, and (2) to endeavour to raise the standard of public opinion on eugenic and moral questions. The work proposed to be done by the new body in one of its branches has been promoted for the past five years by the organisation known as the Moral Education Committee. Lord Lytton explained that the Moral Education Committee's object had been, without attempting to cover the whole ground of morals, to impress on parents the necessity of giving their children some knowledge of the origin and development of physical life, a knowledge the absence of which had often led to disastrous consequences. The Committee felt that mothers and fathers, anxious to preserve the morals of their children, had determined to do that by keeping them ignorant of certain things, and they recognised that it was necessary to urge on such parents the duty of themselves giving instruction to their children on this dangerous and delicate ground, being convinced that such knowledge as the children would afterwards pick up for themselves would be likely to do more harm than good.

Dr. Slaughter, Secretary of the Sociological Society, welcomed the idea of the Moral Education Committee combining its work with that embraced in the wider field of eugenics. Eugenics meant nothing more than the application of biological principles to human breeding. Whatever could be done to raise the level of human life, to increase the absolute amount of what was good in human quality, was an object worth striving for. The Society now being started was intended to increase among the community a knowledge of the facts, and in the second place to create a sense of biological responsibility among prospective fathers and mothers. By means of lectures the publication of literature, and in other ways, the Society would be an agency by which the public conscience of Great Britain would be aroused.

The National Union of Conservative Associations is to be congratulated upon passing the following resolution at the Birmingham Conference last week:—"That in the opinion of this Conference the Parliamentary vote should be extended to women whose names are eligible for entry on the electoral register of voters for county, district, or parish councils."

[previous page](#)

[next page](#)