

dern Methods for Securing Surgical Asepsis," which, as a nurse who has been out of hospital for some time, I have found most helpful. I was much pleased to find what a liberal attitude Dr. Harrison adopts to nurses. It so often happens that when a case is successful the doctor has all the credit, and when it goes wrong the nurse has all the blame.

There is one thing, however, to which I should like to draw attention, if I may, for I feel sure the point must have escaped his notice. He advocates that a junior Theatre Sister in provincial hospitals should be available for rendering assistance at private operations, so that a surgeon may always be sure of the assistance of a nurse he knows and upon whom he can depend. He suggests that a fee of one guinea should be charged for her services, which would be "adequate for the hospital authorities to obtain a profit." A nurse's working days are short. Why should her skilled work be utilised for the profit of the hospital instead of her own? Surgeons are not farmed out by the hospital for profit, and why should nurses be?

I think, too, that the operation nurse's fee should not be a fixed sum, but should be in definite proportion to that of the surgeon. A story, which I believe is true, was told of the late Sir Spencer Wells, who looked at two sovereigns once handed to him as his fee by a patient, and asked, "Where are my giblets?" Is it too much to ask if a surgeon's fee for an operation is 50 guineas, that the nurse's fee for the same should equal the odd shillings? Dr. Harrison believes with Dr. Senn that "it is the trained, conscientious nurse of to-day who fights more than one half of the battle." Why should she not receive at least the "giblets" in payment for her work? It is a very modest proportion to claim, after all.

Yours faithfully, JUSTICE.

Comments and Replies.

Private Nurse.—Professor Dubois is one of the Professors in the University of Berne. The papers in this Journal by Miss M. A. Turton on his "Psychotherapy" have excited the greatest interest, and we are not surprised that you want to know more of the subject. The English translation of his famous book, *Les Psychoneuroses et leur Traitement Moral* is published by Funk and Wagnalls Co., 133, Salisbury Square, E.C.

Perplexed.—Are you sure that the milk is absolutely genuine? Mr. S. A. Woodhead, in a recent report to the Hove Town Council, found in three samples of milk, and three of cream, submitted to him, that the milk was genuine, but the samples of cream contained 100, 180, and 190 grains of boric acid per gallon respectively. In the case of two infants sickness invariably followed when they took milk to which some of the cream had been added. When the adulterated cream was stopped, and other added, there was no further sickness—strong presumptive evidence that the boric acid caused the vomiting.

Notices.

PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page xii.

Actor's Shaky Nerves.

THE RIGHT FOOD STEADIES THEM.

Only those who are actually on the stage can fully realise the vast amount of nervous energy good acting takes out of a man. It is simply sheer necessity that makes our leading players unusually careful in the selection of their food. The following from a well-known Liverpool actor makes this point quite plain:—

"I have always realised," he writes, "that my calling imposes a heavy strain on brain and nerve, and I have been particularly careful about my food. Yet I still suffered greatly from indigestion and shaky nerves, which left me limp and languid, and quite unable to rise to my part.

"Some time ago, however, I was persuaded to try your Grape-Nuts, being told it was a valuable nerve food, far better than the tonics I was then taking. I am pleased to say that the trial was a great success. My digestion improved before I had got through the first packet of Grape-Nuts, and, almost as quickly, I ceased to suffer from that languid feeling and nervous irritability that had threatened to wreck my career. It was fifteen months ago when I made this trial; I have always used Grape-Nuts twice every day since, and up to the time of writing I have had no return of my old trouble."

Name given by Grape-Nuts Co., 66, Shoe Lane, E.C.

Grape-Nuts contains the valuable phosphates of potash that combine with albumen to form the grey matter of brain and nerve cells. It is therefore the ideal food for those who are subject to the wear and tear of intellectual life under modern conditions.

"There's a reason for Grape-Nuts."

7d. per packet of your own grocer.

WARNING.—Imitations of Grape-Nuts are on the market, paying the retail grocer a special profit to push the sale.

If you really want a skilfully and scientifically made brain food, insist upon getting Grape-Nuts. Most grocers will promptly supply genuine articles without attempt to palm off something "just as good."

If your grocer tries to substitute some imitation "Nuts" for genuine Grape-Nuts, perhaps the other grocer down the street might serve you more faithfully.

If you find Grape-Nuts food a bit soft from the late damp weather, put it in an oven with the door left open and dry until crisp. Then add a sprinkle of sugar and some milk enriched with cream, and there you are, the finest breakfast food extant.—Advt.

[previous page](#)

[next page](#)