

## Reflections.

FROM A BOARD ROOM MIRROR.

Princess Louise Duchess of Argyll, who is going to Scotland about September 24th, to pass a few weeks at Roseneath Castle, is expected in October to perform the ceremony of opening the new cottage hospital at Dunoon, in Argyllshire.

Mr. Hugh Lewis, formerly a pawnbroker, of Tipton, has left the whole of his estate, valued at about £50,000, to the Guest Hospital, Dudley. During his lifetime Mr. Lewis sent vanloads of furniture and books to the hospital, in addition to money.

Air, water, and food are, says Dr. Hogarth, in "The Science and Art of Nursing," the three prime necessities of life. They all have certain natural qualities and properties, and are also subject to natural and added impurities, from which they may be protected and purified in certain recognised ways. These two facts, then, will form a convenient basis for their study. The soil also must be considered. Dr. Hogarth points out that the essentials for healthy living are few, and are based upon simple and common sense principles . . . since the school is the recognised centre for education therein lies the chief hope of improving the physical condition of the people.

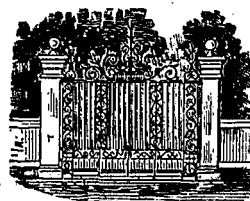
During a recent outbreak of enteric fever in Colombo the following instructions were issued to householders by Dr. W. Marshall Philip, Medical Officer of Health:—

As enteric fever is a highly contagious disease, the following instructions must be carefully observed:—(a) Let no one not in immediate attendance upon the patient enter the sick room. (b) As far as possible let the same person attend upon the patient throughout the illness. (c) Where available let some one who has already had enteric attend upon the patient. (d) Keep a basin of "ordinary strength" Cyllin solution in the room of the patient near the door, and let every one who enters the room dip his hands into this solution before leaving the room. (e) Keep a layer of "double strength" Cyllin solution sufficient to cover the excreta in the chamber pot. (f) Empty the contents of the chamber pot into the night soil bucket; do not bury them in the compound. (g) Disinfect all remnants of food with "ordinary strength" Cyllin solution before allowing them to leave the room of the patient. (h) Let no dishes leave the sick room without first immersing them in "ordinary strength" Cyllin solution. (i) Let no soiled linen, etc., leave the room of the patient, except to go to the steam disinfector, unless first soaked for one hour in "ordinary strength" Cyllin solution. (j) Keep the room as well lighted and ventilated as possible. (k) Do not shut in the bed of the patient with screens or sheets hung up.

As is well known, Cyllin is supplied by Jeyes Sanitary Compounds Co., Ltd., 64, Cannon Street, E.C., who are to be congratulated on this latest tribute to its efficacy.

## Outside the Gates.

WOMEN.



The Earl of Meath, in a letter to the press, appeals to every British mother to realise, as many already do, the closeness of the connection between the baby and the Empire. The baby in her arms will, if it lives for some twenty years, assuredly become a responsible citizen of the British Empire, and will, together with millions of other white men, rule over the destinies of some 350 millions of helpless, voiceless, dependent coloured peoples, all subjects of the King-Emperor, and is destined to assist in governing one-fifth of the earth's inhabitants and of ruling over one-fifth of the earth's surface.

In view of their destiny, Lord Meath urges mothers to train their children in all the virtues which tend towards good citizenship, and says:—"Do we not find many households in which such elementary qualities of good citizenship as obedience to, and respect for, legitimate authority seem never to have been taught and are certainly not being developed by discipline? Are the overwhelming claims of duty universally recognised in the modern nursery and schoolroom? Are the virile qualities of fortitude and of unconquerable pluck in the face of difficulties, so indispensable to a ruling race, taught by example and by precept in the majority of modern homes? Do all mothers remember that God has given them these young minds and bodies to guide and train, and that they cannot shirk these duties without cruelty to their offspring and treason to the race?"

Miss Edith Palliser, in a subsequent letter, expresses her belief that even the least thoughtful women will be affected by Lord Meath's words, and goes on to say:—

"It has always seemed to me that if women are to train good citizens they must themselves be trained to citizenship, and that it is as unreasonable to expect women who have not had their minds during childhood and youth turned towards those great questions which so deeply affect the well-being of the Empire to suddenly realise the importance of those questions when they become mothers and teachers as to expect an instrument which has been persistently blunted to cut merely at the desire of the workman. Happily there are many women who, in spite of the disadvantages of their early training, have such a strong natural interest in the history of their country—history in the making—that they are able to adapt their knowledge in the education of their children, and can imbue their teaching with living interest."

Dr. Hamilton, President of Queen's College, Belfast, in the annual report of that institution, writes:—"I have pleasure in reporting a particu-

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