

dife of tragedies did not embitter, who, on the scaffold, anxious to console a faithful servant, whom she saw in tears, could say with serenity, "Weep not, good Melvill, this day shall see Mary Stuart delivered from all her cares," and who met the terrible death to which she was delivered, by the cousin in whose generosity she had unwisely trusted, with regal and undaunted courage, saying that "That soul is unworthy of the joys of Heaven which repines because the body must endure the stroke of the executioner."

But Edinburgh Castle is not only remarkable for its memories of Queen Mary. There is St. Margaret's Chapel, which dates from the 9th century, founded by St. Margaret Queen of Malcolm Canmore; the beautiful banquetting hall in which Charles I. was present at a grand banquet on the eve of his coronation; the State Prison, where the famous Marquis of Argyll was imprisoned; the dungeons where the French prisoners were confined; the Crown Room containing the regalia of Scotland, and much else of interest. Go and see for yourself.

Descending on the other side of the Castle one may pass into the Cowgate, the scene of many strenuous incidents, and so down the Canongate to Holyrood Palace with its ruined chapel and many memories.

Returning by way of High Street, with its fascinating old wynds and closes, one come to John Knox's house, a most interesting and well preserved bit of old Edinburgh, wherein, amongst other things, one may read the warrant for the execution of Queen Mary, signed by Elizabeth, and may look out at the window where was formerly the pulpit from which the reformer preached his celebrated sermons.

On no account must St. Giles's Cathedral, with its ancient and modern memories, be missed, including a beautiful memorial to Robert Louis Stevenson. Parliament Square recalls the time when Scotland had a Parliament of its own, and near by, cut into the flagstones, is the "Heart of Midlothian," recalling Sir Walter Scott's famous novel.

Do not forget either the old Grey Friars churchyard, where is a memorial to nearly 1,000 covenanters who perished for their faith, and outside the fountain in memory of Grey Friars Bob, the faithful terrier, who followed his master to the grave, and never went far from the spot for the remaining fourteen years of his loyal little life.

Much else there is to be told of Edinburgh, but space fails me. Go and see it for yourself, and you will thank the fate which guided you there.

M. B.

## Reflections.

### FROM A BOARD ROOM MIRROR.

The International Moral Education Congress opened at the University of London, on Friday last week with an address of welcome and explanation by the President delivered in French, German, and English, and continued its work till Tuesday evening. There were about 1,500 members, from nearly the whole civilised world, including Japan and China. Eighteen Governments and a larger number of British Colonies and possessions sent delegates, and the most eminent educationists in Europe attended. A message was received from His Majesty the King wishing every success to the Congress.

Her Royal Highness Princess Louise, Duchess of Argyll, accompanied by the Duke of Argyll, visited Carlisle on Thursday in last week, and laid a memorial stone of extensions to be carried out at the Cumberland Infirmary at a cost of £30,000, and afterwards received purses from forty children containing contributions collected in Cumberland, Westmoreland, and Dumfriesshire, amounting to £400. Before leaving the Infirmary Her Royal Highness was conducted over the Louise Ward, which is called after the Princess in memory of her visit in 1877. There were eighteen female patients in the ward and the Princess made inquiries with regard to each and handed them flowers from the bouquet which had been presented to her. Shortly afterwards Her Royal Highness drove from the Infirmary to the Drill Hall and opened a bazaar in aid of the building fund.

The treasurer of the Royal Ear Hospital, Dean Street, Soho, has received £50 from the matron, Miss E. M. Macfarlane, which was raised by her in appeals for pennies from old patients of the hospital. Funds are urgently needed.

Lord Cawdor, Treasurer of the London Homœopathic Hospital, Great Ormond Street, W.C., has received £450 from Lady Tyler and Dr. Margaret Tyler for the three "Sir Henry Tyler Scholarships" offered to fully-qualified medical men desirous of studying homœopathy in the schools of America; and the three first scholars are starting immediately for Chicago. A fourth scholarship (of £150) is now offered in connection with the London Homœopathic Hospital, for which applications should at once be made, as the schools open in October.

Mr. John Jackson, F.R.G.S., organising secretary of the Mission to Lepers, sailed last Wednesday for a six months' tour to the Far East. He hopes to visit several of the principal leper settlements in India, China, and Japan, as well as Molokai, the scene of Father Damien's labours.

"A Glamorgan Coalowner" has given the munificent sum of £10,000 unconditionally to the Cardiff Infirmary.

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