

The following are extracts from the letter sent to the doctor in charge on the subject:—

"Will you kindly refer to the instructions issued by her Highness the Begum Sahiba regarding the inspection of Zenana houses in Bhopal city. . . . It is the wish of her Highness that this branch of the work of the hospital shall be taken up more vigorously and systematically. . . . A systematic inspection of the Zenanas of the city should be commenced, and a record kept of the conditions found and improvements suggested. . . . It would greatly assist her if you (the doctor) would occasionally visit with the Matron some of the more important houses. The Matron might always take one of the nurses with her for purpose of instruction, until each nurse is capable of carrying out an inspection herself."

The following were suggested as some of the most important points on which instruction should be given to the ladies of the houses visited:—

1. The value of pure air. Sufficient air space and ventilation during the day and night. The harmlessness of cold if the body is well covered.
2. The diseases and impaired health resulting from the defective sanitary arrangements so frequently found in such houses.
3. The immediate removal of solid and liquid refuse.
4. The dangers arising from collections of water that form breeding grounds for mosquitoes, both within the house and in their immediate neighbourhood.
5. The need of proper nutrition and hygienic surroundings during pregnancy.
6. The management of parturition and the puerperium.
7. The feeding of infants and the dangers attending the substitution of any other food for the milk of the mother.
8. The storage of food, especially milk, in clean vessels, and away from possible contamination from offensive smells or flies.
9. The necessity for pure water; the value of boiling or filtering.
10. The cleanliness of rooms and freeing them from all vermin.
11. Personal cleanliness, especially of the head.
12. The cleaning of clothes and bedding, which may harbour vermin.

We think the idea an excellent one, and will if carried out in time bring health and happiness to many a home. It will also be an excellent training from the native nurse.

But we fear, in addition to hospital work, it will be a heavy burden for the Matron.

International News.

Miss L. L. Dock hopes to be in New York all the winter, and to give time to furthering the success, financial and otherwise, of the International Council meetings to be held in London next year. It is probable that some very interesting papers from the United States on the nursing of the insane will be presented, as the nursing of brain disease becomes more and more intelligent in the United States. When in England next summer, Miss Dock will work on the English chapter of the third volume of the "History of Nursing," which is to complete this invaluable work, and bring it up to date. May State Registration have crowned our efforts ere then.

FROM CANADA.

The Second Annual Convention of the Society of Canadian Superintendents of Training Schools is being held at Lady Stanley Institute, Ottawa, as we go to press, and owing to the courtesy of the President, Miss Agnes Snively, of Toronto, we have received an advance copy of her inspiring Address. The note of this Address, whilst fully alive to national obligations, and breathing loving pride in the boundless possibilities of the kinship which exists between those engaged in nursing in the magnificent Dominion, resounds with international harmonies. Miss Snively would have Canadian nurses well read in the history of the profession they love, and we realise it is with gratification she notes that Miss M. A. Nutting is of Canadian extraction. Of the "History of Nursing" she says:—

"May I commend these volumes for your perusal, and may I suggest that not only should every training school library contain these books, but that they should be read and pondered by every nurse in the Dominion of Canada.

"Cold, indeed, must be the heart of that nurse, and dead, indeed, the imagination that will not be kindled into keener action and fired with higher ambitions when perusing the pages of this truly great work."

A NATIONAL ASSOCIATION OF CANADIAN NURSES.

Miss Snively gives a short résumé of the foundation of the International Council of Nurses in London in 1899. As Hon. Vice-President for Canada, she reports "That letters have been sent to all known organisations of nurses in Canada for the purpose of asking them to affiliate with the Canadian Society of Superintendents of Training Schools

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