linen, a discarded handkerchief, napkin, or piece of table-cloth. We should never rub our glasses with a dry cloth or piece of paper when they are dusty if we can first wash them to remove the grit. The reason is obvious. Very hot water should not be used in cleaning glasses, for the reason that it may crack the lenses. Repeated use of hot water on cemented bifocal lenses may loosen the segments, and a sharp blow will do the same.

The Action of Boric Acid.

The Medical Officer of Health for the City of London, in his quarterly re-

port, referring to preserva-tives in food, says that "The physiological action of boric acid has been investigated by many observers, and the evidence now available enables a juster estimate to be formed with regard to its action on the human system. Upon a review of all facts there can be no doubt that when this or any other drug is added to a food product the purchaser should be notified of its presence. One grave objection to the use of boric acid is that it affords facilities for utilising meat in which decomposition has commenced, as the evidence of putrefaction change is masked by the antiseptic properties of this acid, which has no pronounced smell or taste. It has been found by experiment that, provided the conditions as to locality, general cleanliness, and character of the meat and bread are satisfactory, not less than 26.24 grains of boric acid per pound of sausage material are required to arrest decomposition for three days.'

Appointments.

MATRON-IN-CHIEF.

New Zealand Medical Corps Nursing Service Reserve. - Mrs. Janet Gillies (née Speed) has been appointed Matron-in-Chief. Mrs. Gillies, who is a Registered Nurse in New Zealand, worked in South Africa during the recent war as a member of the Army Nursing Service Reserve, and later studied military nursing organisation in this country.

MATRON.

Westhulme Fever Hospital, County Borough of Oldham. - Miss Sarah Parker has been appointed Matron. She was trained at the Royal Infirmary, Manchester, in which institution, as well as at the Cheadle Convalescent Home, she has held the position of Staff Nurse and Sister. She has also been Sister at the Croydon Borough Hospital, and Matron at the Penarth Isolation Hospital, Cardiff. Nurse Matron.

Spennymoor Isolation Hospital.—Miss Linda Booth has been appointed Nurse Matron. She was trained at the Royal Infirmary, Preston, and has held the position of Charge Nurse at Whiston Isolation Hospital.

isolation Hospital, Frimley. — Miss Mary Whillock has been appointed Nurse-Matron. She was trained at the General Infirmary, Sheffield, and has held the positions of Sister at the Fever Hospital, Hull, and of Matron at the Infirmary, Seaham Harbour, Durham, and at the Port Sanitary Hospital, Hartlepool.

SISTER.

Royal Infirmary, Derby.-Miss Grace E. Wilson has been appointed Sister. She was trained at King's College Hospital, London.

Miss Bevan has also been appointed Sister in the same institution. She was trained at Guy's Hospital, London, and afterwards worked on the staff of Guy's Trained Nurses' Institution. She is a certified midwife.

NIGHT SISTER.

Royal Waterloo Hospital, London.-Miss Lydia Louisa Rose has been appointed Night Sister. She was trained at the Walsall and District Hospital and has held the position of Sister at the Guest Hospital, Dudley, and other provincial hospitals, as well as at the Royal Hospital for Incurables, Putney Heath.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

The under-mentioned lady to be Staff Nurse (provisionally), dated November 21st, 1908, Miss Mary Anne Roe.

QUEEN VICTORIA'S JUBILEE INSTITUTE FOR NURSES.

Transfers and Appointments.—Miss Beatrice R. Corbould to Silvertown, Miss Jane B. Crooke to Woolwich, Miss Louise E. Foden to Southwark, Miss Emma J. Hall to Sheffield, Miss Myra Moody to Hastings, Miss Agnes S. W. Smart to Hastings, Miss Eva M. Wood to Buryan.

At the Royal Devon and Exeter Hospital last week, the medals obtained by the probationary nurses in the examination at the end of two years' training were presented by Mrs. Gadd. The President (Mr. H. Gadd) was in the chair.

The gold medal was won by Nurse Way, and Nurse Jenkins won the silver medal. Those who came next were: Nurses Thomas, Whitbread, Bowden, Munro, Ormsby, Taylor, Wingate, Peterson, Brindley, M. Paterson, and Waycott. The certifi-cates were gained by the following nurses, who have completed their four years at the Hospital: Nurses Slade, Locke, Jackson, Ellis, Dash, Cooke, and Dufty. The latter was gold medallist two years ago.

THE PASSING BELL.

The death occurred at Westhulme Hospital, Oldham, last month of Miss Whitehead, Matron of the institution.

Miss Whitehead was appointed Matron in March, 1882, the hospital at that time being only a wooden structure. During the period of 27 years that she has been engaged at the institution the new hospital has been built and many changes taken place.

Miss Whitehead was respected by all with whom she came in contact, and her death from gastritis after only a short illness is mourned by the members of the staff, with whom she was very popular.

The Health Committee passed a resolution of regret at the loss of a good and faithful servant.

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