

classes, and worked away like a nigger at it; she did a fortnight at the hospital, and now she is doing private nursing, and doing it well, too. You see she could not go into hospital and stop there for three years, because she is not strong enough; and it's not much good trying to nurse without going to hospital, because the patients or their friends are sure to ask which hospital you were in. They never ask how long, only which one. I always tell them I was in a hospital in New York, which is quite true: I was there as a patient though. I thought at the time that was rotten bad luck, but there was good in it after all; if it had not been for that illness I should never have thought of taking up nursing."

The patient and his friends thought Lee a marvel, and were not sure that they were doing right in keeping him, when he would be so valuable at the "front" nursing wounded soldiers. I told them someone must look after the wounded at home, so why not he? This seemed to satisfy them, and certainly Lee could do less harm there than at the front.

I met another male nurse once who sang in the village choir, played in the local band and in the local cricket team, he also sang at all the local concerts, was M.C. at the dances, held ambulance classes, also taught in a wood-carving class, looked after some score of little birds in an aviary, and in his spare time looked after his patient, with the help of the patient's wife and daughter.

I also know a woman nurse who is a very good second to this "Admirable Crichton." Her patient has nerves, and has been told to live an outdoor life. They have a cottage by the sea, and the patient and nurse—chiefly nurse—have made a very pretty garden out of what was formerly a cabbage patch. They even get prizes for their flowers at the local flower shows. They also breed dogs and chickens. They have won a few prizes with the dogs; the chickens are for use, and not for show. They also possess a couple of ponies, a carriage, a pig, and a cow. They have a man to look after these; he also chops wood and fetches coal. This man had an argument with another man one day, which resulted in two black eyes and a sprained thumb, so he went on the sick list for a week. Meanwhile nurse groomed the ponies, cleaned the stable and carriage, milked the cow, fed and cleaned out the pig. She had always driven the ponies and frequently helped to harness them when the man was not as quick as she wanted him to be.

Their one maid took on the wood chopping and coal carrying. Nurse was also housekeeper

and head cook—that is, she made all the pies, cakes, and puddings, leaving the maid to superintend the oven and pots.

But the thing I admired most was the sailing. They have two boats—one for rowing and one for sailing. The patient does the steering and nurse manages the sails, or if there is no wind nurse does the rowing. They won a prize for sailing at the regatta. Nurse also plays a good game at tennis, and does other odds and ends. She has nursed in Africa (North, South, and somewhere in the Centre), in North and South America, and is thinking of going to Serbia if her services are not required in France. She is on the Army Nursing Reserve.

M. H.

VALUABLE PREPARATIONS.

BOVININE.

A preparation which combines the properties of a food and tonic is a very valuable agent in the dietary of both sick and convalescents. Bovinine answers to both these tests, and should certainly be placed on the list of comforts supplied to hospitals and convalescent homes, where sick and wounded sailors and soldiers are treated. The agents are W. Edwards & Son, 157, Queen Victoria Street, E.C.; and special terms are given to institutions.

BENGER'S FOOD.

Benger's Food holds a distinct position of usefulness in the field of dietetics, and prepared with milk is an acceptable and nutritious addition to the diet of invalids and aged persons. It is supplied by Benger's Food, Ltd., Otter Works, Manchester.

LYSOL.

The value of Lysol as a germicide is well known to nurses and midwives; and there are few who are unacquainted with the squat-shaped bottle in an orange-coloured wrapper, in which Messrs. Charles Zimmermann & Co. present this valuable antiseptic agent to the public. Less widely known are "Lysoline," a hair tonic of considerable repute; and "Pascarel," an antiseptic liquid dentifrice, of which Lysol is one of the most potent ingredients. Both of these, and other toilet preparations, with a Lysol base, can be obtained from Lysol, Ltd., 9 & 10, St. Mary-at-Hill, London, E.C.

GOSPO.

The wise hospital and institution worker utilizes aids of proved value in the constant struggle to keep the domain in her charge immaculate. Such an aid is to be found in Gospo (supplied by Gospo, Ltd., 33, Waterloo Road, S.E.), which is most effective for cleaning marble, enamel basins, baths, tiled floors, &c.

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