

A NEW NURSES' EQUIPMENT SECTION.

Many nurses who find it convenient to shop at the Hospitals and General Contracts Co., Ltd., in Mortimer Street, W., will learn with pleasure that the firm, having acquired the lease of Nos. 19 and 21 Mortimer Street, have opened them as an up-to-date Nurses' Equipment Section, and those who pay it a visit will realize that under the experienced and alert supervision of Mrs. Batchelor it is likely to be as popular and widely patronized as the other sections of this well-known establishment. Those whose professional duties or distance from town do not permit them to pay a personal visit can be supplied with a self-measurement form so that cloaks, and uniform dresses can be made to suit their requirements at short notice and moderate charges. Thus uniform dresses are made to measure in striped zephyr from 12s. 9d., and in linen from 17s. 9d., and circular cloaks from 13s. 9d. Bonnets, of which we saw several becoming models, can be obtained from 6s. 3d. Well cut and made aprons are supplied in long cloth, with a round bib, from 2s. 3d. There is also a union apron with square bib, straps and pocket at 2s. 3d., and a linen apron, the "Alton," supplied to Lord Mayor Treloar's Hospital at Alton at 2s. 11d. A cotton overall is made at the extremely moderate price of 3s. 11d., and caps to match covering the hair at 1s. with outside strings.

In collars the "Robespierre" in a good quality linen is a favourite, and another in lawn costs 6½d., or with cuffs to match, 1s.

The department also supplies hosiery and woollen and other underwear, so that it will be realized, it is very complete.

It may also be noted that neat well-cut blouses in Jap. silk and tussore, with turn-down collar, are to be obtained for the very moderate price of 10s. 6d.

A BRITISH MADE INSTEP SUPPORT.

The strenuous work entailed in nursing the sick and wounded makes great demands upon the feet which carry Sisters and nurses all day long about the wards in the discharge of their duties. Aching and tiredness are common symptoms, and any aids which help to combat these are worthy of all consideration.

A sure and certain help, where there is strain on the arch of the foot, is an efficient Instep Support. It enables the wearer to go through a long and hard day's work with a minimum amount of discomfort. What is known as Holland's Patent Foot Support, an entirely British production throughout, with a good reputation behind it for springiness, flexibility and lightness, can be thoroughly recommended and worn with ease in any boot or shoe. A card to the makers, Messrs. Holland & Son, 46, South Audley Street, London, W., will bring a booklet dealing with the subject. No nurse in these days of stress and strain can afford to neglect her feet.

OUTSIDE THE GATES.

"Beware of the anger of a patient people," exclaimed a king of England who proved himself a student of men. We are a patient people, and it is not to our credit that it has taken the most appalling crimes committed by a nation at war to rouse our furious anger. But during the past week men and women of all classes have risen in their wrath, swept the Government off its apathetic feet, and compelled it to take action for our safety. The alien enemy in our midst, living here in comfort and luxury, whilst our dearly beloved are dying gallantly for England, in their virile youth and glorious patriotism, are to be rounded up and interned—of course with "loopholes," around which it must be our national duty to entangle the barbed wire of public opinion. St. George's Chapel, the cradle of chivalry, is swept and garnished, the banners of false knights have been removed, and their names no longer degrade the Roll of the Order of the Garter.

La grande Juiverie, of German antecedents, in our Privy Council and elsewhere, are wisely making a flank movement, and the patient people feel they have done a good week's work.

There is to be a "Motherhood Matinee," in aid of the Women's League of Service on Tuesday, June 1st, at the Haymarket Theatre. Two new one-act plays will be given, and the second part will consist of tableaux of "Motherhood" and "Motherland," designed and arranged by Mr. Byam Shaw.

The Hon. Maude Stanley last Saturday resigned her membership of the Metropolitan Asylums Board, with which she has been associated for over thirty years. She was one of the first lady members, and although not very progressive in her sympathies she has performed her duty with dignity and good conscience.

To enable women to help in the present national emergency and demand for helpers in market, nursery, and private gardens, by undertaking work with a view to increasing the food supplies, special short courses, on entirely practical lines, have been arranged at the Horticultural College, Swanley, Kent. Students are taught the elements of vegetable growing and market gardening, including preparation of the ground, digging, hoeing, &c., seed sowing, planting, and thinning of crops. If desired, instruction can also be given in growing market crops under glass, and intensive methods of cultivation, also packing and marketing of produce. Lectures on practical gardening are given in connection with the course. The fees for tuition, board and lodging are £6 for four weeks and £8 for six weeks.

The Belgian cookery scheme should prove of very great use in this country, where cooking amongst the poor is often very unscientific and

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