

off one-third, half, or two thirds, as the case may be. Thus to make 30 oz. of modified milk, take (for instance) 10 oz. of top milk and 20 oz. of water. To this add citric bicarb. 2 gr. to the oz., and two tablespoonfuls sugar of milk (lactose).

Sister Morley also discussed the advantages of pasteurized and sterilized milk. The former is brought to a temperature of 155 deg. to 160 deg. Fahr., and maintained at this for twenty minutes, when it is rapidly cooled; and sterilized milk, which is brought to a temperature of 212 deg., maintained at this for twenty minutes, and cooled down in the same way.

At York Road the cream used is sterilized for a few minutes, so is any condensed milk. A good

counteract their loss of moisture, owing to the warm temperature in which they are kept. These babies are not washed, but are oiled once in three days. They are kept in tents maintained at an even temperature, which are found to answer better than incubators.

In regard to the dieting of the mothers, Sister Morley said that they are fed every two hours. Cheese, cocoa, and raw meat sandwiches are all valuable constituents of their dietary.

The distress of the War has affected the hospital's patients, and there are many more premature babies than in ordinary years.

In the afternoon, the class met at the hospital, at 2.30 p.m., and then divided—one division going



H. S. W. Copyright.

LYING-IN ROOM, XVI CENTURY.

By kind permission  
of the Wellcome  
Historical Medical Museum.

condensed milk in the proportion of 1 in 16 is sometimes employed with good result, and out-patients are advised to use it, especially in hot weather in preference to uncertain cow's milk. It should not be continued indefinitely, and orange or grape juice (half a drachm) should be given between the feeds. Virol, or whey mixture are sometimes added to the milk with advantage.

At York Road the babies are normally fed every three hours during the day and every six hours at night. Delicate babies are fed oftener if necessary, and have some stimulant, sherry or brandy, 1 drop in 4 three times a day, four hourly, or in the case of a blue baby every hour. Saline is also given by rectum to these babies (2 drachms) to

to visit the Wellcome Historical Medical Museum, and the other to the Marylebone Infants' Clinic.

#### THE WELLCOME HISTORICAL MUSEUM.

Those members of the class who visited the Wellcome Historical Museum at 54A, Wigmore Street, W., on Thursday afternoon were astonished and delighted with the unique international collection illustrating the History of Medicine and the Allied Sciences gathered together by Mr. Henry S. Wellcome. It would take days, if not weeks, to make an exhaustive study of all its treasures; for Thursday's party the collections referring to midwifery and maternity nursing were of the greatest interest, and these were

[previous page](#)

[next page](#)