

grades of milk given, and the age of the babies. Every mother is given full directions as to quantity to be used, and is also given a scoop, about the size of a teaspoon, for measuring. Of course, the quantity may vary in different cases, and the baby go off its feed during teething. A large baby for its age may require more, and a small baby less, than the quantities shown. The following are some average figures:—

Age of Baby.	Scoopfuls of Dried Milk.	Tablespoons of Water.
1-2 weeks ...	1	3
2-8 ,, ...	1½-2	4-5
2-3 months ...	3	7
3-5 ,, ...	4	8
5-6 ,, ...	5	10
6-8 ,, ...	6-7	12-14

Among the directions given to the mother are the following:—

At the time of feeding, carefully measure out the proper quantities of dried milk and warm water. Then stir in the water in a clean small jug, as you would cocoa, and when mixed, pour into the feeding-bottle.

It is best to use water just as hot as the hand can bear, which has been boiled and allowed to partly cool. Try the milk to be sure it is not too hot.

If the baby does not take all the milk prepared, throw it away, or use it for some other purpose. Do not offer it to the baby at the next feed.

Be sure that the feeding-bottle and rubber teat are kept scrupulously clean. Rinse thoroughly immediately after each feed, using a bottle brush, and keep in a bowl of clean water. Once a day boil both the bottle and teat for five minutes.

Do not give any other food with the dried milk for the first ten months, unless advised by the doctor.

Feed punctually at the fixed feeding hours, even though the baby has to be awakened.

Bring your baby to be weighed every fortnight.

### 3. COST OF THE DRIED MILK.

The price of dried milk, as sold by the Depot, is as follows:—Half cream, 10d. per lb.; three-quarters cream, 11d. per lb.; full cream, 1s. 1d. per lb.

These prices are for the winter months, and are a penny or twopence dearer than during the summer. The Committee, realising that most commodities are dearer in winter, have wished to fix a uniform price for the whole year, but this has not yet been found possible. I may

add that, although the Depot pays its expenses, it is not run primarily for profit, and, as some of the cases which need the help of the Depot most are those which are least able to pay for it, the Nurse in Charge is empowered to charge only half-price, or to give the milk away in extreme cases, at her discretion. All those who come for the milk just pay what they can. There is, of course, no charge whatever for advice, visiting, or weighing.

I must mention the valuable work done by the Depot as an advice bureau. Either the Medical Officer for Health, or one of his lady assistants, attends at the Depot twice a week to see the most delicate babies. The Nurse in Charge visits homes when the babies or mothers are unable to attend at the Depot itself. Simple remedies, such as whey powder, are provided for troubles like diarrhoea or eczema. Leaflets are issued, warning mothers against the use of dummy teats and sugar toys, also telling them how to prepare albumen water and barley water. Mothers are advised upon all matters concerning the feeding and the clothing of their little ones.

A few figures may not be without interest. The average number of cases on the books for the last completed year is 386 per month, though in the month of August, when diarrhoea is most prevalent, the number reaches as much as 424. The Depot has been running for over eight years, and, the Nurse tells me, does better every year. The average amount of milk dispensed in the week is no less than five and a half hundredweight.

I should like to comment finally on the spirit of enthusiasm and real interest in the work among those who undertake it, and the confidence of those who attend. The benefits to be derived seem well known to Leicester mothers, and the place is splendidly patronised, the shop seldom being empty between the hours of opening and closing.

### THE ASSOCIATION FOR PROMOTING THE TRAINING AND SUPPLY OF MIDWIVES.

The annual gathering of the midwives of the Association for Promoting the Training and Supply of Midwives will be held on July 8th at 3 p.m. at 47, Cadogan Square, by invitation of the Lady Balfour of Burleigh. The Badges awarded to midwives will be presented by Her Grace the Duchess of Norfolk.

This annual gathering is one to which the midwives of the Association look forward with much pleasure, and come from far to attend.

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