

8. *No dummy!* Adenoids, misshapen mouths, and deformed teeth may result from this evil practice; and the danger of infection when one is used is almost impossible to guard against.

9. Flies are some of baby's worst enemies, and must be fought and exterminated. All food must be covered; damp refuse, tea-leaves, green stuffs, &c., burnt, and the dustbin be always covered, and no accumulations allowed anywhere.

To sum up, all baby's surroundings must be clean, sunny, sanitary, and airy, and not overcrowded, either by persons or things. And as a child is trained to good habits in infancy, so will he be in adult life.

#### HONOURABLE MENTION.

The following competitors receive honourable mention:—Mrs. Farthing, Miss M. M. G. Bielby, Miss Alice M. Burns, Mrs. S. A. Box, Miss Olive M. Balderstone, Miss P. Thompson, Miss J. James.

#### QUESTION FOR NEXT WEEK.

State fully how you would disinfect a bedroom and its furnishings.

## THE ROYAL RED CROSS.

The King conferred the decoration of the Royal Red Cross upon the following ladies at Buckingham Palace, on July 3rd, as follows:—

#### Bar to the Royal Red Cross.

##### FIRST CLASS.

Matron Ada YORKE, late Queen Alexandra's Imperial Military Nursing Service.

#### The Royal Red Cross.

##### FIRST CLASS.

*Queen Alexandra's Imperial Military Nursing Service.*—Matron Alexina GUTHRIE, and Lady Superintendent Edith BEESBY.

*Queen Alexandra's Imperial Military Nursing Service Reserve.*—Assistant Matron Grace ROWLATT, and Sister Gwendoline WILLIAMS.

*Territorial Force Nursing Service.*—Matron Ethel BUCHANAN.

*Civil Nursing Service.*—Matron Emmeline BANN, Matron Clare FIRTH, Matron Agnes HUNT, Assistant Matron Eleanor RODGERS, and Assistant Matron Martha ROGERS.

*British Red Cross Society.*—Matron Mary GUY.

*Voluntary Aid Detachment.*—Miss Maud GOODHUE, and Miss Kate HOWARD.

*Canadian Army Nursing Service.*—Matron Bessie MITCHELL, Matron Elizabeth ROSS, Acting Matron Irene CAINS, Acting Matron Jessie SCOTT, Acting Matron Jean STRONACH, Sister Hilda CORELLI, Sister Alison DICKISON, and Sister Minnie McAFFEE.

##### SECOND CLASS.

*Queen Alexandra's Imperial Military Nursing Service Reserve.*—Sister Elsie BEWSEY, Sister Annie FLOREY, and Sister Sarah HUGHES.

*Territorial Force Nursing Service.*—Sister Lillian LOVELL.

*Civil Nursing Service.*—Matron Lillian BOUGHEY, Assistant Matron Lillian BAINES, Assistant Matron Agnes BANKHEAD, Sister Elizabeth ANDERSON, Sister Edith ASPINALL, and Sister Edith BARBER.

*British Red Cross Society.*—Matron Pauline PETER.

*Voluntary Aid Detachment.*—Miss Pollex ADAMS, Miss Edith ALLHUSEN, Miss Betty ANDERSON, Miss Frances BAGULEY, Mrs. Elsie HUGHES, Miss Beatrice BAGNALL-OAKLEY, Miss Katherine TOMPSON, and Miss Mary WILKINSON.

*Canadian Army Nursing Service.*—Acting Matron Gertrude RADCLIFFE, Sister Gertrude RAMSDEN, Sister Gertrude SPANNER, Sister Letitia STEVENSON, Sister Jean SWORD, and Sister Mary WHITE.

Queen Alexandra received at Marlborough House the Members of the Military and Civil Nursing Services who have been awarded the Royal Red Cross, subsequent to the Investiture.

The King has been pleased to award the Royal Red Cross to the undermentioned ladies, in recognition of their valuable nursing services in connection with the war.

#### SECOND CLASS.

CABLE, Miss A. E., Matron, Gen. Infirmary, Salisbury; CALLAN, Miss H., Sister, T.F.N.S., 2nd Lond. Gen. Hospl., Chelsea; CAMERON, Miss J. W., Sister, Q.A.I.M.N.S.R., Mily. Hospl., Tidworth; CAMERON, Miss M., Sister, T.F.N.S., 4th Sco. Gen. Hospl., Stobhill, Glasgow; CAMERON, Miss M. C., Sister, Tooting Mily. Hospl., Tooting, S.W. 17; CAMPBELL, Miss A. G., Matron, The Red Cross Hospl., Sussex Lodge, Newmarket; CAMPBELL, Miss E. N., Nursing Sister, Can. Nursing Service, No. 4 Can. Gen. Hospl., Basingstoke, Hants; CAMPBELL, Miss M. S., Sister, Q.A.I.M.N.S.R., Wharnclyffe War Hospl., Sheffield; CARPENTER-TURNER, Miss E. M., Matron, R. Hamp. County Hospl., Winchester; CARR-HARRIS, Miss S. M., Nursing Sister, Can. Nursing Service, No. 16, Can. Gen. Hospl., Orpington, Kent; CARRIER, Miss E., Charge Sister, V.A. Hospl., Lydney, Glos.; CARTER, Miss A. M., Matron, Broomlands Aux. Hospl., Kirkcudbright; CATTELL, Miss C. L., Matron, Uffculme Aux. Hosp., Birmingham; CHANDLER, Miss G., Sister, T.F.N.S., East Leeds War Hospl., 2nd Northern Gen. Hospl.; CHRISTMAS, Miss M. L., Sister i/c Ward, N.Z.A.N.S., No. 2 New Zealand Hospl., Walton-on-Thames; CLERK, Miss E. M., Sister, T.F.N.S., 3rd Northern Gen. Hospl., Sheffield; CLAYTON, Mrs. C., Lady Supt., Dollis Hill House, Gladstone Park, Willesden; CLERK, Miss M., Sister, Q.A.I.M.N.S.R., Mily. Hospl., Curragh, Ireland; CLOWES, Miss C., Hilder's Mily. Hospl., Haslemere, Surrey; COATH, Miss E., Sister, American Women's War Hospl., Paignton, Devon; COCKBURN, Mrs. S., Matron, Royston, Herts; COCKERAM, Miss E., Asst. Matron, Gen. Hospl., Birmingham; COMYN, Miss K., Asst. Matron, Dublin Castle Red Cross Hospl., Dublin City; CONLEY, Miss B., Sister, Q.A.I.M.N.S.R., R. Herbert Hospl., Woolwich; CONNON, Miss A. H. J., Matron, Murtle House Aux. Hospl., Aberdeenshire; COOK, Miss M., Masseur, Bath War Hospl., Bath; COOMBY, Miss A., Sister, Q.A.I.M.N.S.R., King George's Hospl., Stamford Street, London, S.E. 1; CORRIGAN, Miss F., Night Sister, Neil Lane Mily. Hospl., West Didsbury, Manchester; CORT, Miss F. M., Matron, R. Bath Hospl., Harrogate; COTTRELL, Miss A., Asst. Matron, Gen. Mily. Hospl., Edmonton; CRAMP,

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