We also noticed at the head of the stairs leading to this department a "Teach-to-Walk Infant Balance," which would be a boon to mothers and nurses. By means of a strap round the waist attached to a handle bar, the child can be held in the upright position, while having perfect freedom of action.

# AT MESSRS. T. WALLIS & CO.'S.

Buy! Buy! Buy!

Everyone is in a spending mood this Christmas, whether they have money to spare or no.

Messrs. Wallis & Co., Holborn Circus, will help you to spend what you have, and purchasers will find there gifts to suit all tastes and all purses.

There are charming toys for the children of all descriptions, and actually dolls which are not prohibitive in price.

One fascinating person in yellow knitted cap and jersey was especially attractive.

The Christmas stockings (all sizes kept) just showed their varied contents through the transparent material. An ambulance set of cunning little khaki men, all complete with a stretcher, is, we hear, a very popular toy

The brass smoker's set will be an ideal present for our men home from the Front; and in these days of expensive food, nothing can be more handy than the neat little luncheon cases. No one need be with unadorned tables this Christmas, in spite of the profiteering in fresh flowers, for Messrs. Wallis are selling lovely sprays of clematis, poppies and autumn leaves that almost defy detection.

Only would-be buyers must not delay, for this popular emporium is besieged.

# HOT WATER BOTTLES.

Hot water bottles are sure to give satisfaction as Christmas gifts, provided that the quality and workmanship are sound. This is assured in the Perfected Hot Water Bottle supplied by the HOSPITALS AND GENERAL CONTRACTS CO., LTD. 19-35, Mortimer Street, W.I, with the one-piece stopper and neck, providing security against leakage, in three standard sizes.

MESSRS. A. E. BRAID & Co., LTD., 30, Gower Place, W.C. I, also supply hot water bottles of guaranteed quality at moderate prices; and the MEDICAL SUPPLY ASSOCIATION, 167–185, Gray's Jun Road, W.C. I, also offer a varied selection at reasonable terms.

#### FOR THE STORE CUPBOARD.

Do not forget in ordering in stores for Christmas to include some bottles of BOVRIL (be sure to return the bottles when empty), some cartons of COOK'S DRIED FARM EGGS, and some packets of VI-COCOA. You will feel the more secure when shops are shut and provisions difficult to obtain, and all are useful stand-bys to keep in the store cupboard.

# A SPORTING OFFER.

Owing to the need for fuel economies and the conservation of coal supplies, the tendency in some quarters to push the use of electricity for cooking in National Cooking in the place of gas demands investigation, with a comparison of the costs (a) to the consumer in money, and (b) to the nation in coal. The British and Commercial Gas Company recently challenged an enthusiast as to the merits of electricity to a test before an independent umpire from the staff of the National Training School of Cookery. The result was a triumph for gas.

The electrician claimed that in cooking 15 million pounds of meat by electricity a saving would be effected of (a) 3,150 tons of coal, (b) of  $\pounds$ 2,500, (c) of 1,500,000 lb. of meat. The tests proved that there would be a loss (a) of 3,500 tons of coal, (b) of  $\pounds$ 10,000, and (c) there would be no saving in meat if it were properly cooked in both cases.

The umpire's report also revealed other disadvantages attending cooking by electricity.

## CHRISTMAS SHOPPING.

#### AT MESSRS. BOOTS, LTD.

Just now the show of seasonable gifts at the establishments of Messrs. Boots' Pure Drug Co., Ltd., is specially desirable. Attractiveness, combined with sound quality, are the distinguishing features of the tempting selection of gifts for Christmas offered by this firm.

#### INVALID CHAIRS.

No more acceptable gift could be made to an invalid than a wheel chair, and of such chairs the SURGICAL MANUFACTURING Co., 85 & 86, Mortimer Street, W. I, have a wide selection. Moreover, there is the advantage that they are supplied on hire, so that, if a chair does not suit a customer after he has tried it, it can be exchanged for a different pattern, or it may be purchased at the listed price during the first month.

#### THE TREASURE COT.

The Treasure Cot is, as its name implies, a valuable possession in any household where King Baby reigns. It is supplied in various designs by the TREASURE COT CO., LTD., 124, Victoria Street, W. I, near Victoria Station, where it is on view.

## HATS.

If you want a hat don't forget to pay a visit to MADAME MILLS, 296, Regent'Street, W.I. She will find something to suit you.

## USEFUL AND DAINTY FOOTWEAR.

Dainty foot wear is always an acceptable gift, for the wise woman appreciates that she cannot be really well dressed unless she is well shod. At the many establishments of MANFIELD & SONS there is a profusion of boots and shoes, for adults and children, dainty and charming, useful and enduring.



