people should not be too particular to remove all the tooth paste, as this serves as a disinfectant rather than otherwise. It had been said that lemons are bad for the teeth, but this is an error, as they are really anti-acid, as are also apples; therefore, these are not dangerous for the teeth.

During the discussion after the lecture, points were raised on ante-natal care in its connection with the teeth. The Lecturer had made some references to the benefit of haybox cooking in her lecture, and she gave various directions for this, remarking that although she had been successful in getting many of her friends to adopt the method, she had never achieved much in this direction among the working mothers. In a discussion on pyorrhœa one of the audience pointed out that this occurs when there is no obvious decay in the teeth; the lecturer stated that the infection probably reached the gums and teeth through the blood, germs lodging in between the teeth and the gums or at the roots of the teeth.

At the close of the lecture, Miss Allbutt expressed to Mrs. Earp our thanks for a lecture which had proved very inter-esting, although, as she humorously remarked. "It had been pointed out to her by members of the audience that teaching on Dental Hygiene had come to a good many of them too late, and they had solved the problem of Dental Hygiene in a way not advocated in the lecture, but frankly perhaps, from failure to adopt such methods in their entirety in time. None the less, the lecture would no doubt prove useful, as even, if many had no longer their own 'troublesome members,' the information given would doubtless be passed on to those who still had teeth to take care of."

LANTERN LECTURE ON NORTHERN ITALY.

On Wednesday, February 13th, Miss Dorothy Graham, F.B.C.N., with lantern and screen, took us a most inter-

esting journey through lovely parts of Italy. Starting at Genoa we followed her slides through the Italian Lakes, the Trentino, passing over the Stelvio Pass to Merano, visiting Bolzano and the Dolomites and return-ing to Desenzerno and Milan. The variety of the views was very wide and many of them were unique and made from photographs taken by Miss Graham herself. There were lovely country scenes of mountain, river and lake, and the views gave us a very excellent idea of the North Italian landscape. In addition, there were scenes from some of the principal towns in Italy, including views of Venice and Florence, and one particularly lovely picture of Milan Cathedral. In showing it, Miss Graham remarked that it was designed by an unknown architect, and it was indeed impressive to realise that a man had left this magnificent gem of architecture, placed it where thousands have journeyed to see its loveliness, and apparently had no anxiety that his name should remain connected with his great creation.

At the close of the lecture, Miss Carson Rae proposed a vote of thanks to Miss Graham for the treat she had given to the members who had been able to attend.

APPOINTMENT.

Miss Ethel Maude Scammell has been appointed as a Senior Nursing Sister on the Gold Coast, having previously worked for six years in Nigeria. Miss Scammell informs us that Nursing in Nigeria has very much improved of late years and the natives themselves are being trained to qualify for posts in the hospitals. The great difficulty is to get male Nurses, and the West African Medical Staff are now insisting that all Nurses, trained in Government Hospitals, shall have achieved a certain standard of education and shall have passed what is equivalent to the sixth standard class in England. Miss Scammell speaks very

hopefully of the probable results of the pioneer work the Nurses have done in Nigeria. She, herself, must have been specially well equipped for practising there as she was trained at the Dreadnought Hospital. She is one of our Members who takes a very active interest in all that goes on in her profession and we always enjoy her visits when she comes home on furlough.

BRIDGE DRIVE.

The Bridge Drive, organised by Miss Theobald and Miss Hobbs, resulted in five pounds towards the Purchase Fund of 194, Queen's Gate, quite a nice little sum to add as "a brick" to the total amount required to pay off the loan we took from our Bankers when we purchased the Very beautiful prizes had been provided, which house. were awarded to those who had the highest scores, and an enjoyable evening was spent. We would join with Miss Theobald and Miss Hobbs in thanking, very warmly, all who helped us in making their effort a success.

DONATIONS.

Purchase Fund.

Purchase Fund. Miss A. S. Bryson, £10; Miss A. Bennett, £5; Miss I. Greatrex, £4 5s.; Miss A. M. Dorrell, £4 4s.; Miss A. Whitford, £3 6s. 6d.; Miss F. Vickery, £2 10s.; Misses Alys Barry, D. Webb, £2 2s.; Misses B. Aitken, M. Van Wyk, £1 10s.; Miss H. Lamb, £1 1s.; P. C. Crimmins, Esq., £11is, Esq., Misses M. C. Good, M. Myring, Macleod-Orr, Payne, E. Randall, £1; Miss E. Smith, 15s.; Miss M. A. Magill, 11s.; Miss S. A. Mallinson, 10s. 6d.; Mrs. Holds-worth, Misses A. M. Lord, I. Terry, 10s; Lady E. Mitchell, Mrs. Trible, Misses E. Birch, F. M. Thwaites, 5s.; Misses I. M. Craig, E. Mawe, 2s. 6d.; Miss E. Spearing, 1s. 6d.; J. M. Craig, E. Mawe, 2s. 6d.; Miss E. Spearing, 1s. 6d.; Miss J. Warr, 1s.

Settlement Fund.

Miss Burnett, £1; Miss C. M. Eve, 15s.; Misses E. alding, E. Chippindale, 5s. 6d.; Mrs. Lawther, Mrs. R. Balding, E. Chippindale, 5s. 6d.; Strong, Misses E. Clifford, A. B. Curtis, C. Dearth, Liddiatt, A. E. Schuller, 55. ; Miss F. A. Garland, 35. ; Mrs. Chayney, Mrs. E. Robson, R.R.C., Misses E. M. Dickson, E. Marsland, C. L. Ramsden, 28. 6d.; Misses Machin, E. A. Phillips, 28.; Miss S. E. Bath, 18. 6d.; Mrs. Aylesbury, Mrs. Grout, Misses E. F. Armstrong, F. Beal, G. Blacklock, B. Mc-Dougall, A. E. Shephard, S. H. P. Sulivan, M. M. Tipper, L. Warriner, H. M. Williams, 18.

Helena Benevolent Fund.

Misses A. Cattell, H. Lamb, fi; Mrs. F. E. M. Howell, 125. 6d.; Lady E. Mitchell, Miss Conolly, 105.; Mrs. Trible, Misses Carson Rae, M. A. Cooper, E. L. Farrington, B. Frame, Harland, G. Hinton, Liddiatt, A. M. Tisdall, 5s.; Mrs. Gurnett, Mrs. Troughton, Miss A. E. Schuller, 3s.; Mrs. Baylis, Misses E. M. Cancellor, D. Clarke, Gaved-Wills, M. M. Jones, E. C. Lisle, E. Mawe, M. Meredith, Kitty Smith, A. South, 2s. 6d.;

NOTICES TO MEMBERS.

Owing to the fact that we are having extensive redecoration carried out at the Club, we are unable to arrange for any of the usual fixtures for March. We hope soon, however, to be able to recommence our usual lectures and gatherings at Headquarters.

We would remind our Members that a considerable number of annual subscriptions are still due for the current year; these fall due on 1st January of each year.

ISABEL MACDONALD,

Secretary to the Corporation.



