

REGISTRATION AND INSPECTION OF NURSING HOMES,

The London County Council have authorised Dr. Maurice Lindsay Young to enter and inspect premises in accordance with the provisions of the Nursing Homes Registration Act, 1927.

AN INTERESTING TOUR.

The Medical Superintendent of the Hospital for Tropical Diseases in London, Dr. W. E. Cooke, is at present on a tour in Malaya, Ceylon, and parts of India, which will extend over three or four months. Many invitations have been extended to Dr. Cooke by patients of the Hospital who look forward to seeing him again. Members of the medical profession in the places he will visit will welcome this opportunity to establish personal contact with the hospital to which they send patients who stand in need of specialised treatment in the temperate zone.

At the Hospital for Tropical Diseases in London a greater variety of diseases peculiar to the tropics are assembled together in one Institution than is the case in any single locality within the tropics themselves. The work carried out in the wards and laboratories of the Hospital in London is therefore complementary to that of centres in the tropics.

The opportunity for such a tour has arisen from the fact that the Hospital for Tropical Diseases is at the present time being remodelled and extended so as to contain additional beds, new laboratories and a new clinical lecture theatre.

THE VALUE OF GAMES AND SPORT TO THE HOSPITAL NURSE.

Not so very long ago the hospital nurse had few or no facilities provided for the playing of games and sport, but be it to her credit she has availed herself of present-day developments, now taking her place in the arena with the rest of the world.

Who could deny this fact when watching any of the many nurses' tennis tournaments of to-day! How refreshing to follow the rapid movements of the taut, strong limbs and lissome forms of the players! quivering with the zeal to win! On they go! game after game, fighting stroke for stroke, until one or the other is victor! and to be victor in these times is something to be proud of, since modern sport has become a science.

Thus the hospital nurse has much to gain in pursuing seriously, in her recreation, pastimes and sport demanding time spent in the open air; in so doing she finds mental and physical exercise under ideal conditions, from such complete respite she returns to her patients glowing with health and the joy of living—surely taking with her lighter step and clearer intelligence for her task. So, to possess "health, the first good lent to man." What a heritage! What a power with which to help the sick and suffering! Yes! I believe that, with the advent of sport into the professional nurses' life, the dyspeptic, disgruntled nurse, who, alas! is so addicted, grumbling will pass from our ken for ever!

A. S. B.

BABY WEEK CHALLENGE SHIELDS, 1929.

The National Baby Week Council which awards annually two Silver Challenge Shields for the most effective local Baby Week campaigns, has announced the results for this year.

The "Lady Astor" Shield, reserved for competition among the great towns, has been won for the second time by the Kettering U.D.C. Ladies' Voluntary Committee for

Infant Welfare. To Northampton Maternity and Infant Welfare Voluntary Association goes the honour of securing the second place, which is to be recognised by a special trophy. Certificates of Merit have been awarded to the following:—Leicester Health and Baby Week Committee, Sunderland County Borough, Gloucester Voluntary Association for Infant Welfare, Wolverhampton County Borough, Glossop County Borough, Bilston U.D.C., Esher and The Dittons Welfare Centre.

The "William Hardy" Shield, reserved for smaller areas, has been won by the Welwyn Garden City Health Council. The Hill and Cakemore (Worcs.) Infant Welfare Centre has secured second place, which is to be recognised by a special trophy. Certificates of Merit have been awarded to:—Titchfield Infant Welfare Centre, East and West Molesey Infant Welfare Centre, Bungay (Suffolk) Nursing Institute, Penryn (Cornwall) Infant Welfare Centre, Lympington (Hants) Infant Welfare Centre.

These awards will be presented on the occasion of the Annual Meeting of the National Baby Week Council next March.

BRAND'S ESSENCES.

For the very sick it is of the utmost importance that the food they take should be nourishing and easily digested. Brand's Essences fulfils both these tests, and nurses have come to rely upon it in many cases of critical illness, especially in the tropics, where nourishing food is not always easy to obtain, especially in concentrated form, it is specially valuable, and may turn the scale of life and death in favour of the former. Mayfair Works, Vauxhall, London, S.W.8, are the headquarters of Brand & Co., Ltd., but their products can be obtained from all the principal chemists and stores. Brand's Essences are the pure juices of the finest freshly killed chickens, beef and mutton extracted by an exclusive process under hygienic conditions. No other substance is added.

COMING EVENTS.

January 24th.—General Nursing Council for England and Wales. Monthly Meeting, 20, Portland Place, W. 2.30 p.m.

The British College of Nurses,
39, PORTLAND PLACE, W.

January 20th and 27th and February 3rd.—Course of three lectures on the Ductless Glands by Professor Mottram, M.A. 5.30 p.m.

January 25th.—Council Meeting. 2 p.m.

February 4th.—Debate, "Should Nurses in Hospital, live in or out?" 8 p.m.

February 13th.—Lecture by Sir Robert Armstrong Jones, C.B.E., F.R.C.P., on "Superstition." 8 p.m.

A WORD FOR THE MONTH.

I think that the beautiful is everywhere, in the most humble things as in the grandest, for beauty is in our souls, in our minds, in our hearts. And it is from the mind and from the heart that one must take it and infuse it in the work of the hands, so that the simplest and the most modest women's work can gather to itself a reflection, a ray of the inner beauty, and thus become a true and beautiful work of art.—MARGHERITA OF SAVOIA, *First Queen of Italy*.

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