

taining show china, largely Wedgwood and Spode. *En route* we passed a candy and souvenir shop, a circulating library, printing office, and hairdressing and beauty parlour.

There is a marvellous system of ventilation; up on deck huge ventilators suck in gigantic lungfuls of fresh, sparkling sea air, with powerful electric blower fans acting as lungs. This fresh air is poured into the rooms through the Punkah Louvres, which are under the passenger's control. Direction or quality of air may be altered at will, or shut off altogether.

Then came the State Apartments, where the furnishings are of the same richness and completeness as those on land. We realised this as we passed through many suites exquisitely furnished in Adam or Queen Anne and other periods, in rooms amazingly spacious, with soft curtained low windows looking to the horizon, and entrancing colour schemes to choose from, lido blue and gold, rich crimsons, soft pinks and delicate greens.

There is space for tennis, and the motor life-boats, equipped with wireless, excited much interest.

On deck, the Garden Lounge port and starboard, where bay trees stood, and clusters of spring flowers, blue and pink hyacinths, daffodils and azaleas, looked gay indeed.

We learned from our untiring guide that during his

The time for departure arrived all too soon, the afternoon having passed like a flash for all there was to see and learn of the wonderful arrangements on Cunard ships for passengers at sea, whether sick or in the best of health; every possible need and convenience is available on these great liners; and the members of our party expressed warm thanks to Dr. John Hill and Miss Beryl Thomas for their great courtesy and kindness; they were also indebted to Mr. A. Bentley, the Steward, for conducting them on the general tour of the ship.

Once more high on deck on this lovely January day when there was a hint of dusk, and the great ships lay in the Docks for a long way, far beyond through a blue haze stretching to the horizon lay the great city of London, a wonderful sight!

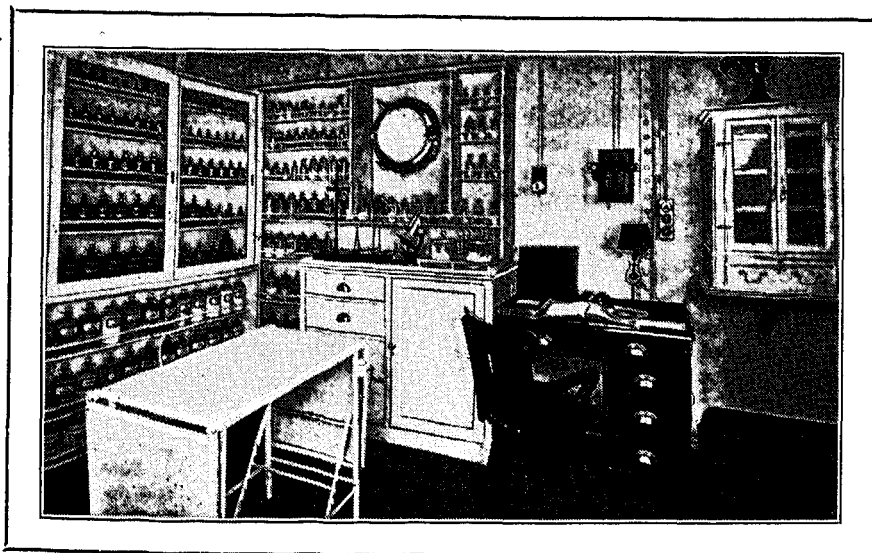
The British College of Nurses is most grateful to the management of the Cunard-White Star Company for the privilege extended to its members on a memorable visit to the *S.S. Carinthia*, when they were given most valuable instruction and so cordially welcomed by the officers in charge.

The development of comfort in the wonderful ships of our mercantile marine is becoming more and more a factor in the preservation and renewal of health, and also in the care of convalescents owing to the provision of medical and nursing care. Thus, every Cunard passenger boat carries a Registered Medical Practitioner and a State Registered Nurse who is also a Certified Midwife. The accommodation and catering, and the amusements provided are all that can be desired, and many people now spend their holidays cruising in one of these great liners on the sea, instead of, as formerly, lodging nearby, and enjoy a completely different life from that ashore, and the benefit and education of travel, while those recovering from illness can do so under ideal conditions. British ships, beloved of the nation have, in short, become an important asset in the promotion of health, and should more and more be designed to enable all classes to enjoy convalescence at sea.

Many of us have heard the reply of the British boy to his tutor's question—

"Where is your soul?"  
"In the sea, Sir."

ALICE STEWART BRYSON.



The Doctor's Consulting Room and Dispensary.

twenty-two years' service he had travelled nine times round the World and in reply to the question: "Where in all the world would you choose to live?"

"In England every time, and after all I have seen I am thankful that I am an Englishman," was the prompt rejoinder.

We were then conducted to a beautiful dining-room, where Miss Thomas presiding, we were most hospitably served with delicious tea and cakes. Our hostess and Dr. Hill told many interesting things of the hospital work at sea. Miss Thomas was proud that she had received her training at St. Bartholomew's Hospital, London, and that she had formerly held the post of Superintendent of a Canadian Hospital, that her present post was full of interest, in which the unexpected played a large part. It has been her experience to spend a voyage, when it was imperative to be on duty night and day, when critical operations were performed; accidents, too, were not uncommon on a ship built to carry some two thousand souls! They were frequently very busy.

Miss Thomas spoke with enthusiasm of her affection for the *Carinthia*, on which she has sailed for some years; the lure of visiting many lands was fascinating and educative.

#### LEGACIES TO NURSES.

Lord Riddell, Chairman of the Royal Free Hospital, Gray's Inn Road, W.C., and of the *News of the World*, always generous in his lifetime, has left a large number of bequests to friends and employees; and trained nurses will be glad to know that two members of their profession benefit substantially under his will. To Miss Bulman, Matron of the Royal Free Hospital he bequeathed £2,000, and to his private nurse, Miss Isobel Wright, he left £5,000. Dame Louise McIlroy, until lately on the Medical Staff of the Royal Free Hospital, also receives £1,000.

Lady Riddell, who was Lord Riddell's cousin, was trained as a Nightingale Nurse at St. Thomas's Hospital, and before her marriage was a Sister there. As a member of the Nightingale Fellowship she is a member of the National Council of Nurses of Great Britain, through which she will receive much sympathy in her bereavement.

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