

## APPOINTMENTS.

## MATRON.

**Cell Barnes Colony, St. Albans.**—Miss P. C. Challons, S.R.N., has been appointed Matron. She was trained at the Rampton State Institution for Mental Defectives, and at the Norfolk and Norwich Hospital, Norwich, where she was later Sister and Home Sister. Miss Challons has also been Assistant Matron and Sister Tutor at the Stretton Hall Colony, Leicester.

**New Hall Isolation Hospital and Sanatorium, Southport.**—Miss Rebecca McLennan, R.G.N., R.F.N., has been appointed Matron. She was trained at the Western Infirmary, Glasgow, and at the Knightswood Hospital Glasgow; and has done private nursing, and has held posts as Ward Sister, Night Superintendent, and Home Sister and Sister Tutor.

## ASSISTANT MATRON.

**Croydon General Hospital, Surrey.**—Miss Doris Atkinson, S.R.N., has been appointed Assistant Matron. She was trained at the General Infirmary, Leeds, where she was later Theatre Charge Nurse, at the Maternity Hospital, Leeds, and at the Mansfield Isolation Hospital, Notts. Miss Atkinson has also been Theatre Sister at the Royal Infirmary, Gloucester; Ward Sister at the Scarborough Hospital and Dispensary, Yorks; Ward Sister at the Royal Infirmary, Bradford; Night Sister at the Royal Infirmary, Doncaster; and Home Sister at the Royal Infirmary, Preston. She received her Housekeeping Training at the Royal Berkshire Hospital, Reading.

**Brighton Municipal Hospital, Brighton.**—Miss Elsie Greaves, S.R.N., has been appointed Assistant Matron. She was trained at the Paddington Hospital, London, where she was later Staff Midwife. Miss Greaves has also been Ward Sister, Night Sister, Home and Housekeeping Sister, and Acting First Assistant Matron at the County Hospital, Pembury.

## ASSISTANT MATRON AND HOME SISTER.

**Willesborough Hospital, near Ashford, Kent.**—Miss C. Sumpter, S.R.N., S.C.M., has been appointed Assistant Matron and Home Sister. She was trained at the Lewisham Hospital, S.E., the East End Maternity Hospital, London, and in Housekeeping at the Royal Buckinghamshire Hospital, Aylesbury, where she has been Administrative Relief Sister. Miss Sumpter has also been Staff Nurse at Queen Mary's Hospital for the East End, Stratford; Staff Nurse, Ward Sister and Theatre Sister at St. Nicholas Hospital, Plumstead; Night Sister and Home Sister at Hemel Hempstead Infirmary; and Ward and Night Sister at the North Middlesex County Hospital.

**Anderson Emergency Hospital, Gosforth, Newcastle-on-Tyne.**—Miss A. G. Thom, R.G.N., has been appointed Assistant Matron and Home Sister. She was trained at the Edinburgh Royal Infirmary, and has been Ward Sister at the Montgomerie Auxiliary Hospital, Ayrshire; Nursing Sister on P. & O. Liners; and Night Sister at Shotley Bridge Emergency Hospital.

## HOME SISTER AND SISTER TUTOR.

**Royal Liverpool Children's Hospital, Heswall, Cheshire.**—Miss N. A. Hardy, S.R.N., R.S.C.N., S.C.M., has been appointed Home Sister and Sister Tutor. She was trained at the Alder Hey Children's Hospital, and at the Walton Hospital, Liverpool, and has been Ward Sister at Booth Hall Hospital, Manchester; Night Sister at the Royal Liverpool Children's Hospital, Heswall; and Home Sister at St. Mary's Hospital, Whitworth Park, Manchester. Miss Hardy holds the Housekeeping Certificate of Ancoats Hospital, Manchester.

## ASSISTANT HOME SISTER.

**North Riding Infirmary, Middlesbrough.**—Miss E. A. Westgarth, S.R.N., has been appointed Assistant Home Sister. She was trained at the Royal Victoria Infirmary, Newcastle, where she was later Staff Nurse, and at the Princess Mary Maternity Hospital, Newcastle, and the Killingbeck Sanatorium, Leeds. Miss Westgarth has also been Night Sister at Leigh Infirmary; Ward and Night Sister at the Cameron Hospital, West Hartlepool; Holiday Sister at the Dudley Road Hospital, Birmingham; and Night Sister at the North Riding Infirmary, Middlesbrough.

## HIGHLIGHTS OF THE A.P.H.A. CONVENTION.

By LOUISE E. TUCKER.

Atlantic City was certainly a grand place in which to hold the convention of the American Public Health Association. How those warm, stimulating sea breezes lightened our footsteps as we walked along the board walk to the hall where the sessions were held. This year the keynote was national defence. Dr. Thomas Parran, surgeon general of the United States Public Health Service, reminded us that while in the last war we were concerned mainly with the care of the fighting forces, in this war all our citizens' require our services if efficiency and morale are to be maintained.

Much was said on the subject of nutrition and Dr. Tisdall, of the Hospital for Sick Children, Toronto, delighted a large audience by his remarks on Canada's war effort in this connection. Dr. Ehbs, of Toronto, also gave his findings in research work done in connection with the nutrition of expectant mothers. Dr. Helen Mitchell, director of nutrition for the United States Government, talked about the importance of the better nutrition of the civilian population. The average person is not aware of what he needs and thinks of health in terms of freedom from pain and illness. If we would marshal our resources for better nutrition, the average citizen would reach his optimum of health in one year and ten years might be added to the average span of life. In order to obtain these results, trained nutritionists, public health nurses, and social workers should use every available method to spread the teaching as widely as possible. A manual is now being prepared to show how everyone can take part in a nutritional programme.

With the shifting of great groups of people into newly constructed industrial areas there is an ever-increasing need for industrial nurses. In England, the Government can force factories of a certain size to employ medical and nursing aid, but it is estimated that only one-third of the workers employed in industry in the United States have industrial nursing service. Miss Katharine Tucker, of the Department of Nursing Education of the University of Pennsylvania, stated that to meet the need for industrial nurses an emergency health bill was passed and 115 nurses were engaged to go to industrial areas when requested by the local Board of Health. Some have been sent to Hawaii and others to Alaska. Every nurse must become an industrial nurse and be interested in the working members of her own family. War brings threats of insecurity and mental hygiene nursing must come to the fore. Every public health nurse must assume responsibility for bedside care if war comes and the need is here.

Dr. John L. Rice, Health Commissioner for New York City, said that "the public believe, and I am afraid we have led them to believe, that we have considerable power in the control of influenza and poliomyelitis when, as a matter of fact, the procedures we now employ in these two diseases are of no demonstrated value. In German measles and chickenpox far too much ineffective energy is being wasted for fear the public will interpret our lack of action as wilful neglect rather than a lack of scientific knowledge. A recent decision to permit school attendance by children who have come in contact with measles was reached by a study of the Board of Health. Concentrated effort is being made to reduce the severity of the attacks by administering convalescent serum to a young age group. With the nurse spending less time in the school could not bedside nursing be incorporated into her programme? Would not our girls in secondary schools find a

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