INTERNATIONAL CONGRESS ON MENTAL HEALTH.

The International Congress on Mental Health was held at the Central Hall, Westminster, London, from August 11th to 21st.

The Congress consisted of three separate International Conferences on Child Psychiatry, Medical Psychotherapy and Mental Hygiene, each under the auspices of the appropriate international body. The Mental Hygiene Conference, which formed the major part of the programme, was the third world gathering of its kind.

The Congress was organised by the National Association for Mental Health, which has H.R.H. The Duchess of Kent as Patron.

The President of the Congress was Dr. F. R. Rees, C.B.E.

Some 2,000 delegates registered for the Congress from nearly different countries. Russia alone among the world Powers was not represented, but other states of Eastern Europe sent delegates. In all, about 900 delegates came from abroad.

We publish herewith the programme of the very extensive fields of Mental Health surveyed, and trust that, arising out of this Congress, the best efforts of the psychiatrist, the psychologist and the social worker in all countries will be brought to bear on the problem of speeding the convalescence of a war-torn, insecure and chaotic world. Their efforts, it is felt, are essential—along with those of the clergyman, the statesman, and others—if we are to secure for our children, if not for our own generation, a happier and healthier world society.

CHILD PSYCHIATRY.

Under the auspices of the International Committee for Child Psychiatry.

**THEME:** PERSONALITY DEVELOPMENT IN ITS INDIVIDUAL AND SOCIAL ASPECTS WITH SPECIAL REFERENCE TO AGGRESSION.

**Plenary Session Topics.**

11th August, 9.30 a.m.  "Aggression in relation to emotional development, normal and pathological."

12th August, 9.30 a.m.  "Aggression in relation to family life."

13th August, 9.30 a.m.  "Psychiatric problems in the educational sphere."

14th August, 9.30 a.m.  "The community and the aggressive child."

MEDICAL PSYCHOThERAPY.

Under the auspices of the International Federation for Medical Psychotherapy.

**THEME:** GUILT.

**Plenary Session Topics.**

11th August, 2.30 p.m.  "The genesis of guilt."

12th August, 2.30 p.m.  "Guilt and the dynamics of psychological disorder in the individual."

13th August, 2.30 p.m.  "Collective guilt."

14th August, 2.30 p.m.  "Advances in group and individual therapy."

15th August, 6.30 p.m.  Special Service in St. Paul's Cathedral for all Members of the Congress and their friends.

MENTAL HYGIENE.

**THEME:** MENTAL HEALTH AND WORLD CITIZENSHIP.

**Events and Plenary Session Topics.**

16th August, 10 a.m.  Opening Session.

16th August, 2.30 p.m.  "Problems of world citizenship and good group relations."

16th August, 9 p.m.  Reception by H.M. Government.

17th August, 9.30 a.m.  "The individual and society."

17th August, 2 p.m.  Visit to Windsor Castle by gracious permission of His Majesty the King.

18th August, 9.30 a.m.  "Family problems and psychological disturbance."

18th August, 2.30 p.m.  Specialist Meetings.

19th August, 9.30 a.m.  "Mental health in industry and industrial relations."

19th August, 2.30 p.m.  Visits and Excursions.

20th August, 9.30 a.m.  "Planning for mental health; organisation, training, propaganda."

20th August, 2.30 p.m.  Specialist Meetings.

21st August, 9.30 a.m.  Concluding Session and Summaries.

21st August, 12.30 p.m.  Congress Ends.

Chairmen or Speakers were invited from all the following countries—Argentina, Australia, Austria, Belgium, Brazil, Bulgaria, Canada, Czechoslovakia, Denmark, Egypt, Eire, Finland, France, Great Britain, Greece, Holland, Iceland, India, Italy, Norway, Palestine, Portugal, South Africa, Sweden, Switzerland, Turkey, and U.S.A.

Specialist Meetings for various professions were arranged by or in conjunction with: Assoc. of Mental Health Workers; Assoc. of Psychiatric Social Workers; Assoc. of Occupational Therapists; Committee of Professional Psychologists; Hospital Libraries, Brit. Red Cross Soc. and Brit. Inst. of Adult Education; Inst. of Psychiatry (Maudsley Hospital); Inst. for Scientific Treatment of Delinquency; Nursery Schools Assoc. of Great Britain; Soc. for Psychological Study of Social Issues; Royal College of Nursing; Royal Medico-Psychological Assoc.; Royal Society of Medicine and S.E.P.E.G.

On Wednesday, 11th August, Receptions were given by the British Medical Association and by the London County Council.