

The New Year Honours.

HIS MAJESTY THE KING has conferred many New Year Honours upon his subjects, and we congratulate those ladies connected with the Nursing Profession who have been so honoured.

ROYAL RED CROSS

Queen Alexandra's Royal Naval Nursing Service.

SECOND CLASS A.R.R.C.

Miss M. G. E. Maher-Loughnan, Superintending Sister.

Miss M. K. Walshaw, Senior Nursing Sister.

Queen Alexandra's Royal Army Nursing Corps.

FIRST CLASS R.R.C.

Major Y. K. Davey.

SECOND CLASS A.R.R.C.

Major K. M. Blair.

Princess Mary's Royal Air Force Nursing Service.

FIRST CLASS R.R.C.

Wing Officer J. K. A. Browne.

SECOND CLASS A.R.R.C.

Flight Officer I. M. Chapman.

ORDER OF THE BRITISH EMPIRE.

C.B.E.

Miss A. Catnach, Headmistress, Putney County School, and Member of the General Nursing Council for England and Wales.

O.B.E.

Miss J. E. H. Gordon, Editor *The Nursing Mirror*; Miss Ivy Mallows, lately Matron, Maude Memorial Hospital, Basra.

Major O. M. Watson, Q.A.R.A.N.C.

NEW ZEALAND LIST.

O.B.E.

Miss H. Hamilton, Matron, St. Helen's Hospital, Wellington.

Friends Remember Us

WE HAVE TO THANK our many friends scattered over the world for their lovely cards of greeting at Christmas-tide, and their many kind wishes for a Happy New Year.

These happy remembrances cheer and hearten us as we embark upon 1952, which must needs be a year of austerity and endeavour, but, let us comment on these cheerful greetings.

From the headquarters of the International Council of Nurses, with which is associated the Florence Nightingale International Foundation, a card bearing a reproduction of their badge in silver and deep blue and with their good wish is quoted the immortal words of Charles Dickens: "I am sure I have always thought of Christmas time when it does come round . . . as a good time, a kind, forgiving, charitable, pleasant time. . . . And so . . . God Bless Us Every One."

From Brigadier Anne Thomson, the Matron-in-Chief at the War Office, a dignified card with the badge of the Crown surmounted by the Lion, and inside a charming picture of the War Office in London; from the Commandant and all ranks of Queen Alexandra's Royal Army Nursing Corps, a card bearing the badge of the

Corps and inside a picture of members of the Corps in their various ranks, bearing Christmas and New Year greetings.

From India—how charming the design, in eastern style, the picture of the headquarters of Trained Nurses' Association of India—bringing the season's greetings from Delhi.

"The Season's Greetings" from Canada with a scene of a hospital's lovely garden; a fairy land of sunlit lawn, lake and stately trees from Barbados; from Miss Oakley Williams whose greetings come with a scene of lovely Quebec; the Canadian Nurses' Association; South African Nurses' Association; from Miss C. L. Mathews at Semaphore; from Miss E. M. Hawkins a card of nicely coloured poinsettia. A scene of Malaya's Palm Trees, deep blue sea and sky in radiant sunshine from Miss Hogg. Of course the dear animals. Of these, many fascinating little dogs convey words of cheer and good wishes. Finally a Seascape—from the painting by Norman Wilkinson, C.B.E., R.I., in its reproduction a perfect work of art executed by our publishers—sends best wishes.

The Health of a Child.

By A. E. Hopkins.

IT IS IMPOSSIBLE TO ENDOW a child with exceptional brain power or with beauty above the average, but it is possible to care for it in such a way that it develops a sound constitution, that will prove a blessing and an asset all its life.

The care of a child often receives such attention from its doting mother that her own health is sometimes jeopardised, but instead of developing a strong constitution in the child, the methods used produce a state of semi-health that becomes, as time goes on, a serious handicap to its existence.

In her misguided efforts the mother doses the youngster with all kinds of medicines for all sorts of real and imaginary complaints, plagues the doctors with details of symptoms, suggests operations and medical treatments, which have to be proved convincingly to her are unnecessary. Not satisfied with one medical opinion she will seek others, hoping that at least one will suggest some sort of treatment, otherwise she will reproach herself for not doing the best in her power for the welfare of the child.

The result of this unnecessary attention is that the child suffers periods of intermittent health and illness. Their tiny stomachs and bloodstreams are disorganised by overdosing with specifics for growth, bone formation, and condition. It is given fish oil which often proves liverish so rhubarb and soda and such like have to be administered, to counteract this liverishness.

However the care of infants and older children has developed tremendously in the last 50 years, and there is no excuse today for any mother, in any walk of life, to feel apprehensive about her child's welfare and health. She has at her disposal clinics staffed by experts in child science, who will provide all the guidance necessary, not only for the child, but for herself as well. Not only will she receive instructions as to feeding and physical care but the specialised staff possesses real understanding and appreciation of a mother's fears, which are soon dispelled by these kindly people.

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