

Dr. R. W. Seton Watson, lecturing at King's College on the "Spirit of the Allied Nations," quoted a Serbian proverb, "Victory is not won by shining arms but by brave hearts." This is typified by the King, an old man, crippled with gout, and over seventy, who went to the front in a desperate moment, and addressing the men said, "Heroes, you have taken two oaths, one to me, your King, and the other to your country. I am an old broken man, on the edge of the grave, and I release you from your oath to me. From your other no one can release you. If you feel you cannot go on, go to your homes and I pledge my word that after the war, if we come out of it, nothing shall happen to you. But I and my sons stay here."

Mr. James Berry has telegraphed home asking for 300 secondhand suits of men's clothes at once. Typhus fever is conveyed by lice, and the greatest care has to be taken to provide the patients with fresh clothes, both for their own comfort and for the protection of those who minister to them. The latest news is that the epidemic of typhus is diminishing.

The unit which Mrs. St. Clair Stobart is taking out to Serbia will include the following medical women: Miss Helen B. Hanson, M.D., B.S., Miss Isobel Tate, M.D., N.U.I., Mrs. King May Atkinson, M.B., Ch.B., Miss E. Maud Marsden, M.B., Ch.B., Miss Beatrice Coxon, L.R.C.P. and S.E., Miss Catherine Payne, M.B., B.S., Miss Mabel King May, M.B., Ch.B.

The nursing staff includes the Misses I. Thompson, C. Willis, M. Maclaverty, A. Read, E. Hill, J. de Wasgindt, M. McGrow, E. V. Bury, A. Leveson, K. Lawless, D. Newall, L. Ferris, A. B. Booth, E. Collins, A. Browne. They will be very welcome, as doctors and nurses are urgently needed.

On this page will be found the portrait of Miss Mary Barbara Bennet, upon whom the King recently conferred the honour of the Royal Red Cross. Miss Bennet is a Sister in Queen

Alexandra's Royal Naval Nursing Service, and is on duty on the hospital ship *Garth Castle*. In the early days of the War she was on the *Rohilla*.

ARMY REGULATIONS SUSPENDED.

It has now been decided to suspend the regulation requiring candidates for the Military Nursing Service to have a certificate of training from a hospital of 100 beds. In view of the demands which are likely to be made on military hospitals in the near future, candidates from hospitals of 50 beds will be accepted, if suitable in other respects. The age limit has been extended from 35 to 45, and accepted candidates must serve for a year either at home or abroad as may be required. For service in the home hospitals there will be no fixed limit; Matrons, Superintendents, or Sisters, if healthy and fit for work will probably be accepted up to the age of 50, and there will be full opportunity for retired or married nurses to offer their services.

The Matron-in-Chief has circularised Matrons of civil hospitals, requesting to be put in touch with nurses who have had a certain amount of experience, other than those who are undergoing the full period of three years' training.

WAR NURSES RELIEF FUND.

An appeal has been published in the press, signed by Sir Everard Hambro, on behalf of the War Nurses Relief Fund, of which Her Majesty the Queen, and

Queen Alexandra are Patronesses. It is intended, if necessary, to help nurses employed during the War, by the Order of St. John and Jerusalem or the British Red Cross Society, each of which has contributed £1,000 to the Fund, or by the Joint War Committee. It does not apply to members of the Navy, Army, or Territorial Nursing Services, or their Reserves.

Many hard working nurses strongly object to being held up in the press as objects of charity. They consider that the Joint War Committee might well help the nurses they employ, when necessary, out of the large sums already subscribed to the societies affiliated together under the above Committee.



MISS MARY BARBARA BENNET, R.R.C.

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