required for an adult in order to produce sound and healthy sleep is from 15 to 20 grains, so that of course in this instance, and especially considering the boy's age, the drug had been taken in excessive quantity.

## Reflections

From a Board Room Mirror.



Miss Amy Hughes, the popular Superintendent of the Central Home, 23, Bloomsbury Square, has been appointed Superintendent Nurse of the Bolton Workhouse Infirmary. She was trained at St. Thomas' Hospital, and she will be greatly missed by the Metropolitan and National 5. Nursing Association, where her

work has been much appreciated.

Miss Gertrude Hick has been appointed Sister in Charge of the Oriolet Hospital, Loughton, Essex, which has twenty beds, and which is open to patients without payment or letters. Patients suffering from early forms of cancer take priority for admission. Miss Hick was trained at the London Hospital, and held the post of Staff Nurse for two years in a surgical and accident ward.

The Duke of Cambridge presided at the festival dinner of the National Hospital for the Paralysed and Epileptic, held on Tuesday last at the Hôtel Métropole. In proposing the toast of the evening His Royal Highness referred to the immense good done by the Institution, and in response to his appeal no less a sum than  $\pounds_{4,400}$  was announced by the secretary, Mr. B. Rawlings, including a special donation of £50 from the Queen, as having been subscribed.

The Annual General Meeting of the governors of the Poplar Hospital for Accidents took place on March 26th at Blackwall, Mr. J. Coles (Vice-President) occupying the chair. The Hon. Sydney Holland moved the adoption of the report, which showed that last year the number of in-patients amounted to 719, and the number of out-patients to 14,597—a large increase on the totals of the preceding year. annual subscriptions showed a slight decrease -£955 as compared with £984—but the donations had increased. The Hon. Sydney Holland pointed out that the Hospital was entirely out of debt, and said that it was the intention of the Committee to remain in that position; and rightly or wrongly, they had determined rather

to curtail their work than run into debt. Last year (the Hospital buildings only being quite completed in June) 15,400 cases received attention, which showed the great demand made by

the public upon this Institution.

It was a common mistake for many people to attribute a large number of accidents to drunkenness; and he was glad to be able to give the results of his investigations with regard to the accident cases in that Hospital. Having gone through the Hospital Register for the past six months, he found that of 8,276 accidents, 3,166 happened at home, and 2,145 when persons were at work. There were 1,720 accidents caused in the streets, 155 cases for treatment through assaults (not connected with drunkenness), 517 through teeth extractions, and 303 accidents were attributed to drink. As an evidence of the interest taken by the working men of Poplar in this Hospital, he stated that during the past year they had given and collected £650, and on one day they collected in the streets nearly two cwts. of coppers. The adoption of the report was seconded by Mr. E. H. Baily, and unanimously adopted. Among others taking part in the proceedings were Mr. Edgar Speyer, Mr. Skeggs, and Mr. F. M. Corner. The Hospital now contains sixty four beds instead of forty, and the old Hospital has been remodelled, and good accommodation provided for the Medical and Nursing Staff, hence it is hoped that increasing financial support may be accorded by the public, so that the present beneficial work of the Poplar Hospital may be greatly

The Annual Report of the Blackburn and East Lancashire Infirmary, which has just been sent to us, shows a very satisfactory increase in annual subscriptions, in contributions from the work-people in mills and shops to the large amount of £472, and in miscellaneous receipts. But, on the other hand, the donations from churches, chapels, and so forth, and from casual givers, have greatly fallen off. The work done by the Infirmary has continued steadily to increase; the average daily number of beds occupied being eighty-three. There were a very large number of out-patients attended, and the medical and surgical work of the Hospital appears to have been most suc-The different conditions of work in Hospitals now as compared with only twenty years ago is shown by the fact that in 1875 there were only twenty officials, Nurses, and servants, in the Hospital, while now the average number is forty-four. We regret to observe that no mention is made of the work of the Nursing department in the Report of the Committee, as is the almost invariable custom now at large and important institutions.

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