

advise you to fulfil your full training. In the light of the present competition "one year's good general experience" counts for very little. And the spirit of progress which has now been started in the Nursing profession will lead to even a greater demand for absolutely thorough training.

*Puzzled.*—We are not surprised that you experience some difficulty in converting—in your own mind—the temperature registered by the thermometer you have to use in the German Hospital in which you are working, into its English equivalent. We think the Centigrade standard is always used in German Hospitals, and the Centigrade temperature is easily converted into Fahr. thus: "when the temperature is above 0° multiply by 9, divide by 5, and add 32°."

*Charge Nurse.*—It was certainly an unfortunate mistake of yours to give your patient an over-dose of ether. You ask "what you should have done under the circumstances, as you had not given enough to necessitate sending for a doctor." The best treatment you could have adopted would have been to apply ammonia smelling-salts to the nostrils. But in all such cases send at once for a doctor, and never take upon yourself the responsibility of deciding whether "a doctor is necessary" or not.

*Hygiene.*—No doubt the immense amount of chalk present in the water of your town, to a large extent explains the symptoms of which you complain, especially if, as you say, you were perfectly well before you had to live there. As to the remedy, boiling the water is of little use, even with the vaunted "octopus" to put in the kettle. The only real remedy is to provide yourself with a still, and distil all the water used for drinking and cooking purposes. But it will be necessary for you to get permission from the Excise authorities before you "set up your still," and if you need a large one, you will be obliged to have a license to keep a still, which will cost you about ten shillings a year.

*Miss Annie Preedy.*—Is your letter intended for publication? It is not addressed to the Editor.

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