

Comments and Replies.

REPLIES TO CORRESPONDENTS.

Nurse Cyclist.—We have no doubt the trouble you speak of arises from the fact that you wear garters. Nothing could be worse than for Nurses, whose work keeps them standing and walking about so much, to wear garters. We come across so many Hospital workers who acquire varicose veins, and yet, with all their professional knowledge, they *will* wear garters! "Not a bit tight," they say; but it is quite impossible to keep the stocking taut and neat unless the garter be to some extent constricting the limbs. And it is the same with Nurse cyclists. They *will* wear garters instead of suspenders, with all sorts of undesirable results—varicose veins, swollen ankles, &c. Discard these horrors, and wear suspenders, which alone are a hygienic method of holding the stocking. Messrs. Southall Bros. & Barclay, of Birmingham, have just brought out an excellent "Combination Suspender," with a fitted band over the hips, and suspenders which we can confidently recommend for the use of cyclists. A block of this invaluable invention appeared in our issue of July 11th.

E. M. Clifton.—Write to Directress, Holland Institute, Nice, for the particulars you require. The engagement usually lasts from November to May.

Sister G., London.—The Summer Holiday scheme is under the auspices of the National Home Reading Union. Write to the Rev. J. A. Leonard, The Abbey House, Whitby. Holidays by mountain, moor, or sea are arranged from the following centres: Whitby, Keswick, Helensburgh, and Edinburgh. If you are going to Edinburgh, write for information from Mr. M. F. Riley, 25, White's View, Bradford, and don't fail to read "Royal Edinburgh," by Mrs. Oliphant, and "Heart of Midlothian" (Scott), before you go. There is nothing like a complete change of scene for a holiday.

Miss G. Grey, Belfast.—We fear that you might meet with disappointment if you emigrate to Western Australia on speculation. No doubt the Wesleyan Central Mission in Melbourne has an ample supply of colonial volunteer Nurses for work in the mining districts around Coolgardie. We should advise you to communicate with the Mission before undertaking the journey.

"Matron," N.B.—Write to Mrs. Gray, 1, Elm Park Gardens, London, W., for information re Matrons' Council. Your suggestion, we fear, is not very practical.

Miss M. M. E., Ryde.—You will hear re advertisements from the office. Can quite sympathise with your appreciation of rest and peace. Fighting for principles is the martyrdom of women reformers. It seems a thankless task, but it is not so in reality. Your example will give courage to others.

LETTERS RECEIVED.

- A. Miss J. A. Anderson, London (with enclosure). Miss Anderson, Godalming.
- B. Miss Bostock, Leamington (with enclosure).
- C. Miss Eileen Cummings, West Green.
- D. Miss A. Dawson, London. Mrs. Drew, Adelaide, S.A.
- F. Miss C. Foster, London (with enclosure).
- G. Lady Duff-Gordon, Seaford (with enclosure).
- H. Mrs. Harris, Calcutta (with enclosure). Miss C. Howell, Oldham. Miss Hurlston, Folkestone.
- L. Miss C. Long, Guildford. Miss A. Lawson, Edinburgh (with enclosure).
- M. Miss C. McRae, Lanark. Miss Massey, Wimbledon. Miss A. Mostyn, Rhyl (with enclosure).
- N. Miss Norreys, Keith, N.B. (with enclosure).
- P. Mrs. Power, Galway.

NOTICE!

Owing to complaints having been received from our Readers that they are unable to get the NURSING RECORD in some Districts, we append a list of Booksellers from whom the journal can be obtained:—

WEST DISTRICT.

GARROULD, 150, Edgware Road, W.
 COSTER, 65 and 67, Weymouth Street.
 M. A. BAILEY, Paddington Street.
 — BURCH, 52, Great Marylebone Street.
 W. LEE, 248, Great Portland Street.
 G. WEAVER, 157, Great Portland Street.

NORTH-WEST DISTRICT.

C. GINN, 19, Princess Rd., Regent's Park, N.W.

SOUTH-WEST DISTRICT.

BAILEY & Co., 45, Streatham Place, S.W.
 C. O. BLICK, 76, Bridge Road.

EAST DISTRICT.

Mrs BERNSTEIN, 206, Whitechapel Road.
 G. EADES, 219, Whitechapel Road.
 W. MOIR, 57, Cambridge Road.

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