

water. I believe fish could live in it, and Nurses ought to know of it for their Private Nursing where sea water is ordered for the patients' bathing.

To come next to the little luxuries loved by all women, I mention only three in this paper, although there were many others I should like to speak of. First, the eucalyptus toilet vinegar, which seems very much like Rimmel's vinegar until you open it; then you find the difference. This is something quite new and delicious; it will form a soothing and refreshing addition to the patient's daily sponge down.

The glycerine and cucumber made by these manufacturing chemists is good, being prepared from fresh cucumbers; and the Kenilworth powder is nice. Being a pure starch powder it is good for preventing bedsores in the adult patient, but is manufactured, I fancy, more for the nursery and toilet table. It has a delicate perfume.

I hope at some future time to write again about these "New Inventions," as Nurses living in the country will like to know of them.

PROWLER.

"NURSING RECORD" BENEVOLENT FUND.

"BEAR YE ONE ANOTHER'S BURDENS."

OBJECT.—To assist, by the united efforts of the readers of the *Nursing Record*, Trained Nurses who may be in need of temporary or permanent aid.

Proposition I.—That subscriptions shall be received to a Benevolent Fund, from which disbursements shall be made to relieve cases urgently needing temporary assistance. A statement of all such receipts and expenditure to be published in the *Record*.

II.—That for such cases of distress as need permanent assistance, the following procedure shall be adopted. Every annual subscriber to this journal shall have the right to send to the Editor the particulars of any such case, with which they may be personally acquainted, and if after full investigation it be found suitable, the name and particulars shall be entered upon a list. The *Nursing Record* will ask its readers to work unitedly for only one case at a time, and when that one, in the manner considered most suitable, is permanently provided for, the list of cases as above obtained, shall be published in the journal. Each copy of that issue shall contain a slip of paper, so that each purchaser of that number will be able to vote for one of the cases on this list by writing her name thereon, and forwarding it by post to the Editor. The following issue of the journal shall contain the number of votes polled for each case, and that one which receives the

largest number of proxies, will be adopted as the next case to be relieved by the Fund; and the readers of this journal will then be advised as to the method which seems most suitable for helping that particular case, and asked to unite in securing its speedy success.

CASE I.

Mrs. Sarah Duyck, aged 47, a widow. Has broken her leg so badly, that she will probably be a cripple for the rest of her life. Dislocated one shoulder some years ago, so that she is even unable to use her crutches for long at a time.

Proposed Method of Assistance.—To obtain an annuity of £20 a year from the British Home for Incurables. To do this at least 1,000 votes must be procured from subscribers to the Institution. Lists of subscribers can be obtained by sending eight stamps to the offices, 73, Cheapside, E.C.

Will every reader of this journal do what she or he can to obtain votes for this sad case—to assist, in however small a measure, to bear another's burden? Such help will be gratefully welcomed by the Editor, *Nursing Record*, St. Dunstan's House, Fetter Lane, London, E.C., and all subscriptions, &c., will be duly acknowledged.

REPLIES TO CORRESPONDENTS.

Economy.—An esteemed Matron answers your questions thus: 1. "Nothing is better for the purpose you mention than ammonia. 2. The sheets are usually put on the top shelf and the pillow cases and bolster cases below them; all pairs should be put one inside the other, and every week, when the linen comes from the laundry, it should be ascertained that the pairs are complete. In order to secure even wearing, each article, after it has been washed and properly aired, should be laid at the bottom of the pile, for it should be understood that regular use in wearing is one of the best means of preventing mildew. Every shelf in the linen cupboard should be lined with muslin or thin calico, which covers the linen and can be tucked in all round. 3. Sulphate of iron or green copperas is a cheap and efficient disinfectant, costing fourpence per pound; use one pound to the gallon of water."

Beginner.—We should advise you to get Miss Catherine Wood's "Handbook of Nursing."

Miss Ethel Murray.—We wrote to you some weeks ago at the address you gave, but the letter was returned. We gave reasons for not publishing the clever letter you wrote, but asked you to become one of our regular contributors.

Matrona.—This *nom de plume* has been used in these columns by a lady who is well known by it in the Hospital world.

•• An account of the meeting of the National Health Society, and several other matters, we are reluctantly compelled to leave over until next week on account of pressure on our space.

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