practical points.

We give an illustration of a

new patent watch called the The Pulsograph. "Pulsograph," which is an

ideal watch for a nurse. It is of the highest grade, and is manufactured with the finest materials and best workmanship.

It registers the pulse with mathematical precision, does away with all calculations hitherto in



use, and relieves the observer from the necessity of keeping her eye on the watch. It is used in the following manner, start the long second hand by pressing the crown

instantly a pulsation is felt. Count 20 pulsations, and stop the hand by a similar pressure of the crown, the long hand will then point to the figure which indicates the exact number of pulsations per minute, a third pressure of the crown brings the hand back to the starting point.

It is very moderate in price, and can be obtained from the sole agents, Arnold and Sons, of West Smithfield, London, E.C.

Those who desire to make a useful and acceptable Christmas present to a nurse cannot do Letter than inspect this useful novelty.

Laughter in Nursing.

Dr. Caroline A. Watt writes in the Mothers' Magazine that the late Dr. Nicholas Senn believed in

making sick folks laugh, and sometimes ordered his nurses to see that their patients laughed three or four times a day.

He expected the order to be carried out just as faithfully as if he had ordered strychnine or nitroglycerine.

Laughter is a physical as well as a mental tonic. This is especially true in nervous cases.

In order to make the sick one laugh, the nurse must say or do something laughable. Most people find it hard to remember jokes, and

a nurse is apt to forget them quickly because of the seriousness of her work.

One nurse, who realised the worth of laughter, kept a joke book, and cultivated the art of telling a funny story. She was cheerful and her patients and friends profited by it.

Cold Air in Pneumonia.

The temperature in the sick room in lobar pneumonia is set at 65 degrees, and 70 degrees for children;

but the principal point here is to have it well ventilated, says Dr. Huber in the Medical Times. We do not fear cold air for the pneumonia patient; this phase of the treatment has indeed become quite revolutionised.

Indeed, not only in relation to tuberculosis and pneumonia, but in connection with the treatment of all diseases, we now recognise fresh air as a most important factor.

Appointments.

. MATRON.

Blencathra Sanatorium, Threidkeld, Cumberland. ---Miss. Georgina Lord has been appointed Matron. She was trained at the General Hospital, Birmingham, and has been Charge Nurse at Banchory Sana-torium, Nordrach-on-Dee, Sister at the Chester-field Sanatorium, Night Superintendent at the Huddersfield Infirmary, Sister and Housekeeper at the Royal Infirmary, Sheffield, and Matron at the Ochil Hill's Sanatorium.

Cottage Hospital, Market Harborough.-Miss Beatrice A. Browne has been appointed Matron. She was trained at the Royal Albert Edward Infirmary, Wigan, and has held appointments at home and abroad. She has also had experience of district work at Beccles.

SUPERINTENDENT.

Johns Hopkins Hospital, Baltimore, U.S.A. -Miss E. M. Lawler, who has been acting Superintendent of Nurses at the Johns Hopkins Hospital at Baltimore since the resignation of Miss Georgiana C. Ross, has been lately appointed Superin-tendent. To follow two such Superintendents as tendent. the late Mrs. Hampton Robb and Miss M. Adelaide-Nutting, in the superintendence of this leading training school is indeed an honour.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE. The undermentioned Staff Nurses to be Sisters.

Miss M. Davis (October 20th); Miss E. K. Kaberry (November 1st). The undermentioned ladies to be Staff Nurses (provisionally): Miss M. Jackson (November 1st); Miss E. F. Roberts (November 15th); Miss I. McM. Beaton (November 17th).

QUEEN VICTORIA'S JUBILEE INSTITUTE

Transfers and Appointments.-Miss Sarah Butler, to Lincoln City as Senior Nurse; Miss Mary Kendrick and Miss Edith Bellamy, to Barnsley; Miss Christina Bell, to Isleworth (Hounslow); Miss Edith Bailey, to Putney; Miss Harriette Fowkes, to Swanley; Miss Louisa Parsonage and Miss Nellie M. Lewis, to Carlisle.

INSTRUCTORS IN HOME NURSING UNDER

LONDON COUNTY COUNCIL. Miss F. R. Letters and Miss I. Macdonald have been approved by the L.C.C. Education Committee as instructors in evening schools in home nursing, health, and infant care, and Miss G. Goodchild, Miss M. Harrod, and Miss M. Offord as in-structors in home nursing and infant care.

WEDDING BELLS.

The approaching marriage of Miss Leonard, Matron of the General Lying-in Hospital, York Road, Lambeth, creates a vacancy in the Matronship of one of the most important Maternity Hospitals in London. Miss Leonard will have the good wishes of many nurses for her future happiness, including those who knew her as Assistant to the Superintendent at the Nurses' Co-operation and in her present position. We understand that Miss. Leonard's successor has already been appointed, and the appointment will therefore not be advertised.



