

## THE COOKERY EXHIBITION.

The Annual Cookery and Food Exhibition at the Royal Horticultural Hall, S.W., is something more than a demonstration of the art of the *chef*, although that art is exhibited in the very highest degree. The Universal Cookery and Food Association, by which the Exhibition is organised, desire that it should be of educative value, and encourage the advancement of the art of cookery in every grade among all classes of the community. So we find not only the highest culinary skill, but the work of little girls in elementary schools, and very good work, too, for they are taught to market as well as to cook, and to append the cost of the materials used to the menu for each meal. The boys from the schools in connection with the Technical Institutes of the London County Council also obtained most excellent and attractive results, and we are not surprised that Mr. Pease, President of the Board of Education, said on the opening day that the Government were greatly interested in the work of the Exhibition, which they thought would assist the Board of Education very materially.

### INVALID COOKERY.

The class which is naturally of greatest interest to the readers of this JOURNAL is Class 38, open only to certificated nurses, or, more accurately, to professional nurses, trained and in training, as many of the exhibitors are probationers. There were 45 entries, and the coveted Gold Medal was won by Miss G. M. Hoskin, of Guy's Hospital, whose tray certainly was most attractive, the food being most excellently cooked, and the menu card beautifully printed by hand. The tray contained mutton broth, steamed whiting with *matrre d'hôtel* sauce, a cream mould, pink in colour, and sherry whey of just the right consistency. The decoration of the tray, in common with the other Guy's exhibits, was achieved with a few sprays of pink and white heather in a silver vase.

The following is a complete list of awards:—

#### GUY'S HOSPITAL.

*Gold Medal*, Miss G. M. Hoskin; *Silver Medals*, Miss H. Wallis, Miss H. M. Marshall (Diabetic Tray); *Bronze Medal*, Miss M. Moore.

#### ST. BARTHOLOMEW'S HOSPITAL.

*Silver Medal*, Miss L. Heath. This tray excited a great deal of admiration, and as to daintiness of appointments certainly carried off the palm. The china was of rosebud design, soft pink satin ribbon replaced a table-napkin ring, the silver shone its brightest, and a few sprays of lilies-of-the-valley formed the decoration. The tray was marred by a somewhat carelessly written menu.

#### ST. THOMAS' HOSPITAL.

*Silver Medal*, Miss E. W. Green; *Bronze Medal*, Miss C. McNicol; *Certificates of Merit*, Miss W. Bartlett and Miss E. Parry Jones. The trays sent by this hospital, which were uniform in their

appointments, were daintily arranged. Little fireproof pots with lids were used for soups, and the flowers were arranged with an appreciation of both colour and form.

#### CHARING CROSS HOSPITAL.

*Silver Medal*, Miss Lilian M. Jeans; *Bronze Medal*, Miss Winifred Berry; *Certificate of Merit*, Miss E. Margaret Murley (Diabetic Tray). The Charing Cross nurses have always taken a keen interest in this Exhibition, and their exhibit, as usual, reached a high average standard of merit and attractiveness.

#### WESTMINSTER HOSPITAL.

*Silver Medal*, Miss Amy Gore Nicholls; *Certificate of Merit*, Miss Phoebe Ellis. The trays were decorated with scarlet geraniums and asparagus fern with excellent effect. All four trays had uniform white china soup bowls with lids.

#### ROYAL FREE HOSPITAL.

*Bronze Medal*, Miss Ethel Davey. The decoration was carried out in pale pink carnations.

#### BETHNAL GREEN INFIRMARY.

*Silver Medal*, Miss Alice Donnelly; *Bronze Medal*, Miss H. V. Simmonite; *Certificate of Merit*, Miss Chitson. The decoration of these trays was bronze carnations, pink roses, and bronze leaves and heather.

#### WHIPPS CROSS INFIRMARY, LEYTONSTONE.

*Silver Medals*, Miss S. Davies and Miss G. M. Taylor; *Bronze Medal*, Miss N. B. Randall. The flowers used in decorating the former were pink, and in the latter case bronze, carnations.

#### BRITISH RED CROSS SOCIETY.

There were 60 entries in this class, and seven Silver and sixteen Bronze Medals were awarded, but, frankly, the members of the Red Cross Society have a great deal to learn about preparing and serving diets for sick people. In the majority of cases the portions were far too large, the appearance most unappetising, and, indeed, calculated to put an invalid off his food altogether. In one instance the little breakfast biscuits on the tray for a typhoid patient in the fifth week appeared most unsuitable.

## BEQUEST TO A NURSE.

A life annuity of £200 has been left by Mr. Frank Corbett, of Danehill, Sussex, and 148, St. James's Court, to Nurse Goggin, who attended him during his illness.

## THE PASSING BELL.

We greatly regret to record the death at St. Bartholomew's Hospital, E.C., of Miss A. B. Davey, a nurse in her third year of training, on Monday last, after an illness of only a few days' duration. The greatest sympathy is felt for the relatives of the nurse whose career has ended so tragically.

[previous page](#)

[next page](#)