

BABYLAND HEALTH EXHIBITION, LEEDS.

A Health Exhibition is quite a new thing in Leeds, and has caused a considerable amount of interest. The pride of Leeds—the Town Hall—was packed to its utmost capacity on each of the four days (November 13th to 16th) the Babyland Health Exhibition was open. The exhibits were arranged under ten Sections.

Section I. (Baby Culture).—This was a set of exhibits designed by the West Riding Nursing Association, to show what delightful nursery things can be made at a very small cost. There were various cot expedients—a dainty, little white cot, made from a banana-crate, at a total cost of 1s. 8d.; a cot made from a pilgrim-basket; another (swinging) cot, made of canvas covered with the palest pink casement-cloth. Then there was a toddler's safety-chair, made from an old lemon-box at a cost of 1d. A good kind of feeding-bottle was shown, which can be obtained at the West Riding Nurses' Home, at a cost of 1½d. Delightful posters (lent by the Nurses' Social Union) completed this section—the right and wrong way of washing a baby; the evils of a push-cart; and so on.

Miss Gardner (of the Bristol Lying-in Hospital) kindly lent an exhibit of an open-air baby's shelter for this section.

Section II. (Clothing).—These exhibits caused great interest. There was a model life-size baby in a model cot, dressed in model clothing; and long-sleeved woollen vests, long flannels, &c., were offered for sale at cost price. An interesting exhibit was shown called "Old Clothes for New," showing a white cap, a little jacket, and a dainty pair of shoes edged with pale-blue, made out of an old pair of woollen combinations; an infant's cloak and bonnet, made from an old white evening skirt; a little jacket, made from a pair of brown stockings; and so on.

Section III. (Food and Cookery).—Two larders (kindly lent by the Nurses' Social Union) were shown—the bad larder, with the food covered with flies and dirt; and the good larder, showing how, with expedients costing only a few pence, a larder may be kept clean and sweet. Fireless cooking-boxes were also shown in this section. A meat-safe expedient, made from a tea-chest; and many other interesting expedients, for safes and larders, were shown.

Section IV. (Nursing Inventions and Contrivances).—Some of these had been shown in London, but had not been seen before in the north. They included a double district-bag, invented by Nurse Sherwood; a combined breast-reliever and feeding-bottle, invented by Nurse Thieman; Sister Stoney's very practical bed-table; a midwife's case, by Nurse Simpson; and many other interesting exhibits.

Section V. (Nursing Appliances, &c.).—The most notable of these was the beautiful set of exquisite

mortuary linen (lent by the Seacroft Fever Hospital).

Section VI. (Tuberculosis Exhibits).—This was a collection of posters, model shelters, sanitary and insanitary houses (from a caravan, kindly lent by the National Association for the Prevention of Tuberculosis).

Section VII. (General Hygiene).—This Section included such things as Hinch's Bird Ventilator; a Slum Room and a Model Room, which was much admired, showed the difference between a room before and after the district nurse's visit. Another exhibit was a model of two cottages, called "Ill-spent and Well-spent Wages."

Section VIII.—This Section showed work done by invalids; and some very beautiful specimens of weaving and embroidery were shown.

Section IX. (Ambulance).—This Section was noticeable for the very beautiful Swiss Transport Models (lent by the Nurses' Social Union), which are perfectly made and accurate, even to the knots.

The last is the *Historical Section*. The West Riding Nursing Association was fortunate enough to secure two splendid collections of dolls—from Miss Barton (Matron of Chelsea Infirmary), dolls dressed as every kind and variety of nurse (the collection just returned from the Nursing Exhibit of the National Council of Nurses of Great Britain and Ireland, shown at Cologne); and another most interesting set from the Nurses' Social Union, representing a Béguine nun, a plague attendant of the seventeenth century, a German deaconess, a Russian Red Cross nurse, and many others equally interesting. There was also a scene from Dickens, with "Mrs. Gamp," having appropriated her patient's pillow, sitting by the fire, with the gin-bottle conveniently handy. The next scene, "A Scene of To-day," shows a modern West Riding maternity nurse about to wash a baby, in the most approved hygienic method.

A village midwife at work (lent by Miss du Sautoy), was much admired, with its companion-scene of a modern midwife.

A Nursing Literature Stall, with the very beautiful West Riding banner waving over it, completed the West Riding part of the Exhibition.

Admirable health lectures were given twice a day throughout by specialists; and side-shows and entertainments of all kinds were not forgotten.

V. T.

MILK FOR NURSERY USE.—Pure milk is one of the greatest necessities of life, and Messrs. Welford & Sons, Elgin Avenue, Maida Vale, W., who possess the largest dairy in London, make a point of supplying it at their many branches. They also specialize in asses' milk, and milk for Nursery use.

RED WHITE AND BLUE COFFEE.—Nothing is more important in making coffee than to secure a really good brand, and the Red White and Blue variety obtainable from all leading grocers, has won for itself a high place in public estimation for its uniform excellence of quality.

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